



# February 2012

# CAPITAL HIGH SCHOOL

# NEWSLETTER

Principal:  
Clinton H. Giles

*Our job is to improve, not just maintain."*

Vice Principals:  
R Tommy Canterbury  
Wendy D Bailey  
Susan M Young  
Angela S Cruikshank

## Black History Month“Eyes on the Prize” Broadcast

Each day during the month of February as part of Capital High School’s Black History Month observance we will be offering Henry Hampton’s “Eyes on the Prize,” the internationally acclaimed and award-winning PBS documentary on the civil rights movement! Through contemporary interviews and historical footage, the series traces the civil rights movement from the Montgomery bus boycott in 1954 to the Voting Rights Act in 1965; from community power in schools to Black Power in the streets; from early acts of individual courage through to the flowering of a mass movement and its eventual split into factions. Through the compelling human stories and words of those who participated in the struggle for social change,

“Eyes on the Prize” teaches unforgettable lessons about leadership, equality, and human rights.

The broadcasts will begin on Monday, February 6, 2012 and will run all day. We are asking that teachers tune in whenever they like. The broadcasts will run continuously except at times when CTV is being broadcast. The broadcast schedule for the month can be anticipated by noting that the first part of Vol.1 (—Awakenings|| 1954 – 1956) will be broadcast all day Monday. On Tuesday, the second part of Vol. – 1 (—Fighting Back|| 1957 – 1962) will be broadcast, and so on. We will also try to announce which segment of each volume will be broadcast each day for added convenience in viewing.

Volume 1—Awakenings|| 1954  
- 1956

—Fighting Back|| 1957- 1962

Volume 2 —Ain’t Scared of Your Jails|| 1960  
- 1961

—No Easy Walk|| 1961 – 1963

Volume 3 —Mississippi: Is This America?|| 1962 - 1964  
—Bridge to Freedom|| 1965

Volume 4 —The Time Has Come|| 1964 - 1966  
—Two Societies|| 1965-1968  
Volume 5 —Power!|| 1966 - 1968  
—The Promised Land|| 1967 – 1968  
Volume 6 —Ain't Gonna Shuffle No More|| 1964- 1972  
—A Nation of Law?|| 1968 – 1971  
Volume 7—The Keys to the Kingdom|| 1974 - 1980  
—Back To the Movement|| 1979 – 1985

- We want teachers to share as much of this 'history' as possible with our students. Fortunately, we live in a world that does not resemble very much included in this documentary. Unfortunately, It works to the disadvantage of many students and adults that they know little, about the struggles, sacrifices, and people - many of whom endured beatings, bombings, jailing, and gave their lives, literally, to make the world we live in - not just these United States of America – a much, much better place!
- And, there is still much to be done to move the world to a place where freedom, justice, and equality (of opportunity and result) are enjoyed by all!

## Graduation/Commencement Participation Requirements have Changed!

**22.01** Graduation Requirements. Students are required to earn twenty five (25) credits in order to graduate. Specific graduation requirements for students in Kanawha County Schools are outlined in the Senior Course Description Handbook that is published annually for students and parents. All graduation requirements will be in accordance with West Virginia Board of Education Policy 2510.

In the past it has been Kanawha County Schools policy to permit students who were within one credit or less of meeting graduation requirements to participate in the annual graduation/commencement activities hosted by the school.

Beginning with the 2009 - 2010 school year, participation in the annual graduation/commencement activities will include only those students who have accumulated the 25 credits in the requisite areas specified by the Kanawha County Board of Education.

All students are encouraged to ensure that they meet graduation requirements as soon as possible through meeting with their respective counselors. We do not wish to find ourselves in the unenviable position of having to tell a student and their parent or guardian that they will not be permitted to participate in the annual graduation/commencement activities of Capital High School, after all appropriate preparations and arrangements had been made by the student.

## New Faculty and Staff Members

Several new members have joined the faculty and staff at Capital High School for the 2011 - 2012 school year. We have asked that you join us in giving them a hearty welcome to the home of the Cougars!

We ask again that you join us in welcoming to Capital High School Mr. Bryan England who is our new In School Suspension/Alternative Learning Center teacher.

Mr. England comes to us from Andrew Jackson Middle School where he was a teacher of gifted students. He is assuming the position vacated by Mr. Barry Albright, who has transferred to Cedar Grove Community School to serve as a counselor there.

Mr. England hails from Asheboro, N.C. He attended Carolina Community College and holds a bachelors degree in Secondary Social Studies from West Virginia State University. He and his wife Lara reside in Winfield, WV.

The ISS/ALC position has been instrumental in assisting us to reduce our dropout rate and increase our graduation rate.

Also joining us for the second semester is Mr. Michael Lowe, who is serving as a counseling intern in our ninth grade transition Academy, Capital Success University (C.S.U.) and working with our counseling staff with the remaining classes.

He is a graduate of Mount Vernon Nazarene University, where he obtained his undergraduate degree in counseling and is a graduate of the Marshall University Graduate College.

Currently employed by Highland Hospital as a counselor, he and his wife Alicia have a daughter Katrina, 2, and another child on the way.

We welcome Mr. England and Mr. Lowe to the faculty and staff of Capital High School and wish for both of them nothing but the greatest success with all of our students.

### The Role of Effort!

All final exams for the first semester have been completed. Grades have been recorded. Report cards have been printed and distributed to students. Many students and parents are pleased with the grades they have received. Many other students and parents are quite displeased with the grades their students received.

Almost invariably, a student's success and/or failure in school is dependent upon one frequently overlooked variable. That variable of which we speak, is **effort**!

Studies have shown that when asked to list or cite reasons for success or failure in school/class, students seldom list effort as a major determining factor.

They do list: the task itself, task difficulty, low skill levels, other people, natural causes and the like. Seldom is effort – and/or the lack thereof - listed as a major factor contributing to the success or failure that the student experiences.

Bearing this in mind, we encourage all students to engage in a bit of serious introspection, looking inside of themselves, asking whether or not they put forth their best effort in classes during the first semester.

If your honest answer is yes, then by all means continue what you have been doing. Likewise, if your honest answer is no, then you need to realign your priorities so that it would be possible for you to put forth your maximum effort in all of your classes!

Do not dupe yourselves into believing that the same effort you put forth in classes in which you performed poorly the first semester will produce a different more acceptable result when the second semester ends.

We urge you all to put forth your very best efforts in all of your classes each and every day of the school year! By doing so you enhance your chances of achieving academically, at the highest possible level and your chances for coming closest to realizing your fullest potential, mentally; emotionally; socially; physically; and spiritually!

## National Honor Society

Applications will be taken from SOPHOMORES AND JUNIORS for National Honor Society from February 1 to February 22. Forms can be downloaded off the CHS website or packets can be picked up in Room 144 starting February 1. Please follow the checklist and make sure that you meet all of the Criteria before filling out an application. Forms must be returned to Mrs. Denise Green in Room 144 NO LATER than FEBRUARY 22, 2012.

## Tardy Policy Revision

Due to the unacceptable number of tardies to class and to school during the first semester, Capital High School administration has implemented some revisions to the tardy policy. One part of the policy will remain the same; a student will receive after school detention (ASD) upon their forth and subsequent tardies. Beginning with the new semester, the student will not be permitted to class after a tardy, but will be required to remain in the in school suspension room (or tardy tank), until the class is over. Students who are habitual offenders of the policy and use it to skip class will soon identify themselves and be suspended pending a parent conference.

## KANAWHA COUNTY SCHOOLS ROUND -UP HEAD START PRE-K ENROLLMENT FOR CAPITAL HIGH SCHOOL PRESCHOOL

TAKING APPLICATIONS FOR 2012-2013

4 YEARS OLD BY SEPTEMBER 1<sup>ST</sup>

FIRST COME FIRST SERVE

WHEN: FRIDAY – MARCH 2, 2012

TIME: 8:30 A.M. - 12:00 (NOON)

WHERE: CAPITAL HIGH SCHOOL

ITEMS REQUIRED FOR ENROLLMENT:

- STATE CERTIFIED BIRTH CERTIFICATE
- UP-TO-DATE IMMUNIZATIONS
- PROOF OF INCOME (Example: 1040 Federal Income Tax form)
- MEDICAL CARD AND FOOD STAMP CARD
- PHYSICAL AND DENTAL EXAM (Signature and date)
- NAME, ADDRESS, AND TELEPHONE NUMBERS OF DOCTORS AND DENTISTS

IF YOU HAVE ANY QUESTIONS PLEASE CONTACT:

PATTI SHAFFER AT (304) 348-6602  
OR PRESCHOOL OFFICE AT (304) 348-1942

ONLINE ENROLLMENT IS AVAILABLE 24 X 7  
[www.google.com](http://www.google.com) (search) Kanawha County Schools

Pre enrollment on line will help shorten the application process. However, you must still attend the ROUND – UP at Capital High on March 2<sup>nd</sup> to complete the enrollment process.

PLEASE PLAN TO BRING YOUR CHILD TO ROUND-UP ON MARCH 2<sup>ND</sup>!!!!!!!

### Counselor Corner

Seniors...it's financial aid time!!! Begin working on your FAFSA (Free Application for Federal Student Aid) at [www.fafsa.ed.gov](http://www.fafsa.ed.gov) The deadline to submit the FAFSA is March 1, 2012.

#### FAFSA Action Plan: Part 1

Step 1: Register online for a FAFSA PIN for yourself and your parents. [www.pin.gov](http://www.pin.gov) It should take about 10 minutes. Your PIN will be "delivered" via email. You will need your social security number (SSN) and your personal information (name, mailing address, etc.).

Step 2: Fill out the FAFSA form online. [www.fafsa.gov](http://www.fafsa.gov) It will take approximately 60 minutes. You and your parents will need the following information: FAFSA PIN, SSN, and any W2s or 1099s received for work last year.

Step 3: Submit your FAFSA, sign it electronically (using your PIN), and wait!

#### FAFSA Action Plan: Part 2

About 4 weeks after you complete the FAFSA....

Step 4: Review your Student Aid Report (SAR) and your Expected Family Contribution (EFC). Your SAR will give you your estimated costs of attendance for your top school and program choices.

Step 5: Accept your SAR or appeal your SAR.

College Goal Sunday will be held here at Capital on February 12<sup>th</sup> from 1:00-4:00 in the media center. This is an opportunity for students and their parents to get FREE help in completing and submitting the FAFSA. If unable to attend, you may also receive free assistance by contacting: WV Higher Education Policy Commission at 304-558-4614.

Seniors, please see the bulletin board outside the counseling office or visit [capitalhigh.org](http://capitalhigh.org) for scholarship opportunities.

June 2, 2012: Last date to take the SAT to establish eligibility for the PROMISE Scholarship.

June 9, 2012: Last date to take the ACT to establish eligibility for the PROMISE Scholarship.

#### Juniors and Seniors-

There are two remaining ACT dates for this year:

April 14<sup>th</sup> (deadline to register is March 9<sup>th</sup>)

June 9<sup>th</sup> (deadline to register is May 4<sup>th</sup>)

Register at [www.actstudent.org](http://www.actstudent.org) or pick up a packet in room 125.

Juniors who are planning to go to college should take the ACT on one of these dates.

Sophomores- PLAN test results were distributed to students last week.

Scheduling- Juniors and Sophomores have completed scheduling with their counselors. Freshman will begin scheduling on Tuesday, February 7<sup>th</sup>.

Counselors will visit the middle schools to schedule with eighth graders.

Horace Mann Middle- February 13-17<sup>th</sup>.

Stonewall Middle- February 20-24<sup>th</sup>.

## SCHEDULING

Scheduling for the 2012 – 2013 school year is underway. Upcoming seniors scheduled the week of January 23<sup>rd</sup>, upcoming juniors scheduled the week of January 30<sup>th</sup>, upcoming sophomores will schedule the week of February 6<sup>th</sup>, and upcoming freshman will schedule the weeks of February 13<sup>th</sup> and 20<sup>th</sup>.

Parents – please review the course selections and class requirements with your students to ensure your student is selecting the most rigorous and appropriate courses possible. Fees are associated with some course selections. All Dual Credit courses are subject to fees decided by the specific institution they are associated with. All Advanced Placement courses have an \$87 fee for the Advanced Placement exam held during the spring. If you have any questions or concerns regarding scheduling, please contact your student's counselor or Mrs. Young, Curriculum Assistant Principal.

## Advanced Placement Tests Dates and Fees

The Advanced Placement Exams for the 11-12 school year will be held at the University of Charleston beginning May 7<sup>th</sup> and ending May 18<sup>th</sup>. All students who are in an AP course are expected to take the exam. More information regarding exact test dates and times will be announced this spring.

The fee for each AP exam is \$87. If a student is taking more than one AP exam, you may submit one check for all exams. On the memo portion of the check, please place the name of the AP exam you are paying for. Students are to submit the fee to Mrs. Young. If you need fee assistance, please contact Mrs. Young at (304) 348-6500.

### **Principal's List**

#### **9<sup>th</sup> Grade**

Nathan Allen  
Evan Blackwood  
Layne Blasingim  
Parker Boughton  
Katelynn Brown  
Adrian Burdette  
Imani Carey  
Alexander Cleland  
Sarah Clifford  
Josiah Cook  
Julia Cowley  
Paige Cruikshank  
Jacob Curry  
Emily Dorsey  
Abbey Ferrari  
Nathaniel Goodwin  
Bradford Grose  
Cienna Hamilton  
Kirsten Jones  
Vishnu Kasireddy  
Jillian Kinder  
Matthew Kinder  
Rachael Leach  
Xiu Xia Lian

Madeline Marr

Tyler McKinney

Ian McLaughlin

Katherine Mills

Kaley Morris

### **"B" Honor Roll**

#### **9<sup>th</sup> Grade**

Joshua Adkins  
Diego Arellano  
Cameron Ball  
Ian Cartmill  
Colt Chestnut  
Bryanna Christian  
Emily Clifford  
Ariel Cornish  
Tyrell Davis  
Jonathan Dent, II  
Anthony Faulkner  
Mikayla Green  
Emma Haley  
John Higginbotham  
Ivy Hodges  
Octarra Holman  
Zachary Humphrey  
Savannah Jett

Shawn Kessel, III  
Michael Lacy  
George Lilly  
Morrigan Mason  
Sarah Matheny  
Travis Mayse  
Harrison Moore  
Zachary Painter  
Na'Bryia Palmer  
Olivia Persinger  
Hope Peters  
Damara Poindexter  
Marcus Prunty  
Laura Radford  
Tiffany Reavis  
Ravyn Rolle  
Michael Ruhnke  
Joseph Schwartz  
Trevon Sherod  
Katarina Short  
Anthony Siders  
Richard Siders  
Brandi Sigman  
Hannah Taylor  
Grace Townsend  
Brooke Warren  
Ciera White  
Crystal Woodrum  
Emily Myers  
Peter Nichols  
Peyton Panger  
Eleanor Paybins  
Esha Pell  
Georgianna Rader  
Jamie Ransbottom  
Ethan Reed  
Angela Relihan  
Ambria Scott  
Brianna Skaff  
Patrick Slappe  
Samuel Stockton  
Geneva Thomas  
Natalie Titensor  
Isaac Warden  
Blake Whitener  
Kortnie Workman

Skyler Workman  
10<sup>th</sup> Grade  
Logan Bailey  
Zachary Bonham  
Kinsey Brown  
Megan Bsharah  
Mallory Burka  
Jessica Cullop  
Megan Darnell  
Mackensie Darnold  
Jonathan Dean  
Rebecca Dimarco  
Marissa Frazie  
Sydnea Gist  
Logan Greenlee  
Trey Harris  
April Hopkins  
Tahje' Houston  
Morgan King  
McKinsey Kirkpatrick  
Zachary Koontz  
Kelley Lightner  
Amanda Maynus  
Victoria McGinnis  
Nadye Menking-Hoggatt  
Elliott Mihelic  
Hannah Moore  
Keelie Newbold  
Justin Palmer  
Shivani Patel  
Kandice Phifer  
Marshall Sharp  
Nathan Shin  
Adrian Surbaugh  
Alexis Tyson  
James Walton  
Tia Wray  
Danie Zheng  
11<sup>th</sup> Grade  
Nathan Altman  
Razhane' Andrews  
Muhammad Aninditio  
Anna Auvil  
Alexander Azevedo  
Sidney Beasley  
Stacie Belcher

Matthew Bradley  
Ryan Burgess  
Sarah Cartmill  
Sydney Cavender  
Austin Coleman  
Victoria Cooper  
Aryn Cox  
Katie Crowder  
Denna Davari  
Michael Davis  
Jacklyn Dyer  
Noelle Frame  
Traci Gibson  
Samantha Given  
Kellys Gonzalez  
Stormie Haddox  
Krista Hanshew  
Roger c. Harvey  
Alecca Hunt  
Colleen Isaiah  
Tara Kirkpatrick  
Brianna Lawrence  
Khadijah Lee  
Selena Lewis  
Corey Messer  
Madison Messinger  
Lauren Miller  
Olivia Myers  
Tess Myers  
Cheyenne Patten  
Keisha Pinkard  
Dayja Scruggs  
Corrie Shaffer  
Shayan Shafii  
John Simmerman  
Michaela Snidow  
Rachael Spainhour  
Leanna Spencer  
Savanah Starcher  
Madison Stone  
Jonathan Stricklen  
Amanda Trail  
Morgan Vance  
Amir Viradia  
Crestyn White  
Alysa Williams

Joseph Wright  
Daquan Yarbough

**12<sup>th</sup> Grade**

Jennifer Acord  
Scott Adams  
Dario Balunovic  
Frances Barry  
Catherine Blackwood  
Ethan Boyd  
Natalie Byrne  
Kenzie Cable  
Justin Caldwell  
Christopher Carter  
Madison Chase  
Alexandra Cruikshank  
Arshia Davari  
Kelley Denham  
Nicholas Eplin  
Madison Fields  
Taylor Fisher  
Emily Ford  
Anthony Guthrie  
Sheng Han  
Troy Hawkins  
Alexis James – Joyce  
James Kirk  
Martin Lankas  
Ashley Milgram  
Leeanne Mobayed  
Noah Moody  
Ciara Moore  
Zachary Myers  
Julian Nguyen  
Viviana Nguyen  
Kylena Nunnally  
Jessica Pauline  
Sarah Pitman  
Patrick Price  
Callen Prokity  
Morgan Prunty  
Brianna Rodberg  
Nikita Sangani  
Kelli Shanholtzer  
Anthony Sturey  
Joy Wang

Allison Whitener  
Joshua Zegeer

**“B” Honor Roll**  
**9<sup>th</sup> Grade**

Joshua Adkins  
Diego Arellano  
Cameron Ball  
Ian Cartmill  
Colt Chestnut  
Bryanna Christian  
Emily Clifford  
Ariel Cornish  
Tyrell Davis  
Jonathan Dent, II  
Anthony Faulkner  
Mikayla Green  
Emma Haley  
John Higginbotham  
Ivy Hodges  
Octarra Holman  
Zachary Humphrey  
Savannah Jett  
Shawn Kessel, III  
Michael Lacy  
George Lilly  
Morrigan Mason  
Sarah Matheny  
Travis Mayse  
Harrison Moore  
Zachary Painter  
Na’Bryia Palmer  
Olivia Persinger  
Hope Peters  
Damara Poindexter  
Marcus Prunty  
Laura Radford  
Tiffany Reavis  
Ravyn Rolle  
Michael Ruhnke  
Joseph Schwartz  
Trevon Sherod  
Katarina Short  
Anthony Siders  
Richard Siders  
Brandi Sigman

Hannah Taylor  
Grace Townsend  
Brooke Warren  
Ciera White  
Crystal Woodrum  
**10<sup>th</sup> Grade**  
Daniel Adamczyk  
George Arrington, III  
Tanner Bailey  
Kathryn Bell  
Khalil Bush  
Jasmine Calhoun  
Jahneece Clements  
Michael Clements  
Michael Davis  
Izabel Dorst  
Colton Flowers  
Logan Garrison  
Anthony Gavin  
Emily Gerlach  
Holly Giezy  
Sydney Graham  
Edmond Harvey  
Zachary Hayden  
Sierra Hess  
Austin Haupp  
Cody Jumper  
Tierra Lamb  
Edna Lovejoy  
Quinn Marchal  
David Martin  
Erikk McGhee  
Steven McVicker  
Matthew Pittman  
Allison Pozega  
Sarah Richards  
Alliyah Riley  
Seth Roadcap  
Aisha Ross  
Dominique Sears  
Fernando Sierra  
Aaron Simms  
Christian Smith  
Mikaela Spence  
Cameron Spradling  
Savanna Thomas

Ashley Weekley

Catlyn Wilson

Shakeria Worrell

Jadeyn Young

## 11<sup>th</sup> Grade

Hayle Akers

Alexis Bragg

Dakota Briggs

Andre' Cunningham

Michaela Edens

Amelia Evans

Brendan Fazio

Kelley Fisher

Crystal Hamrick

Joshua Hardy

Jamaica Hayes

Cedric Haynes

Sarah Hudnall

Christian Huffman

Ashley Johnson

Tashawn Jones

Patience Kascic

Jennifer Kinder

Haley King

Terrica Maxwell

Keesha McLoud

Johnathon McMillion

Katelyn Mullins

William Patterson

Yazmin Roberts

Shawniece Stewart

Nicholas Thongdara

Jamie Vermillion

Destany Westfall

Miles Wheaton-Hill

Tatiyana Wood

## 12<sup>th</sup> Grade

Nicole Beverly

Thomas Brabbin

Samantha Brown

Paul Carter

Cassie Casto

Samantha Cole

Alexandria Crabtree

Melinda Dodson

Mary Fletcher

Dylan Frercks

Andre' Hamilton

Kayla Hammonds

Martin Hayden

Kenyai Hayes

MacKenzie Heiner

Cerina Henderson

Danielle Hines

LaShawn Hines

Cheverly Jackson

Jessica Jones

Michael Jones

Samantha Kryzak

Travis Lawrence

Emma Manning

Dylan Marker

Tyler McClaskie

Samantha McVicker

Eric Mills

Alex Nida

Samantha Pauley

Elijahjose Pleasant

Miranda Riley

Janisha Rogers

Shaitek Rogers

Samuel Shelton

Brittany Sigman

Matthew Sizemore

Nysha Smith

Shade Smith

Taelor Sundling

Eden Vabrikskas

Alexander Wright

## "A" Honor Roll

### 9<sup>th</sup> Grade

Ashley Akers

Oghenetega Aruviereh

Keenan Barbazette

Mia Beckner

Molly Blackwood

Olivia Boughton

Emily Calvert

Daniel Calwell

John Carlton, II

Olivia Carnell

Zoe Casto  
Blair Chapman  
Makayla Clark  
Taylor Cummings  
Brennan Fields  
Starr Haddox  
Dauna Harris  
Kristen Hicks  
Bridgette Jarrett  
Megan Kinslow  
Raymond Kryzak  
James Lankas  
Cody Lynch  
Erin Manahan  
Michaela McDowell  
Meagan Mihelic  
Hunter Moffatt  
Zachary Moore  
Tag Morgan  
Jordan Nguyen  
Kaleb Parson  
John Powell, V  
Christabel Ramos  
Biaunca Reynolds  
Hanna Skiles  
Jay Ta  
Preston Turner  
Allen Vance  
Kyra Walker  
Lyndsi Wehrle  
**10<sup>th</sup> Grade**  
Brittany Awaldt  
Caroline Bohach  
Jared Bowen  
Amanda Bowman  
Monet Brown  
Alanah Coleman  
Cara Cowan  
Ethan Godby  
John Groves, III  
Senaia Harris  
Shayla Haynes  
Jacob Hively  
Gabriel Huffman  
Alysha Humble  
Abigail Jones

Dawn Kushner  
James Lillibridge, II  
Naquay Little  
Paige Lucas  
Morgan McNabb  
Angel Moore  
Misty Morrison  
Baylee Rose  
Jessica Scohy  
Madisyn Sizemore  
Kelsey Smith  
Ethan Spradling  
Joshua Stapler  
Jonathan Stonestreet  
John Terranova  
Morgan Thompson  
Zhane Watson  
Jonathan Young  
**11<sup>th</sup> Grade**  
Carisa Boggess  
Lauren Carpenter  
Allison Chapman  
Hayven Crockett  
Jack Dulin  
Sierra Feazell  
Christa Fox  
McKenzie Greer  
Katelyn Hasty  
Katherine Hicks  
Shaddy Hodroge  
Mason Jack  
Kaitlyn Jenkins  
Emily Jessee  
Lauren Johnson  
Isaac Jones  
Zachary Kiser  
Katharina Koester  
Austin Lewis  
Devin Mace  
Emma Manahan  
William Michael  
Michelle Newhouse  
Philip Nichols  
Brittany Reavis  
Geordan Reed  
Jasmine Richmond

Amanda Rogers  
Halee Runion  
Jeremy Scott  
Aishina Shaffer  
Alison Taylor  
Brittany Vannoy  
Shahid Vazeer Shabbeer  
Jack Wade  
Kirsten Williams  
Jaylyn Woods  
Jiamin Xu  
**12<sup>th</sup> Grade**  
Jordan Acree  
Ashley Adkins  
Alexandria Allen  
Abby Baird  
Kara Bishop

Sarah Carlton  
Reginald Cauley, Jr.  
Danny Chandler  
Shannon Chaty  
Tiara Cousins  
Hannah Faegre  
Callie Ferrell  
Joshua Fisher

Pedro Fuentes  
Joseph Haddad  
Ashlee Hanshew  
Andrea Harvey  
Kelsey Higginbotham  
Sarah Hopkins  
Alexander James  
Robert Lorea  
Shelby McCord  
Joseph Michael  
Amy Morris  
Zachary Morris  
Nicholas Naylor  
Ashley Putillion  
Earl Reed  
Lisa Simms  
Tanija Spencer  
Jordan Stone  
Marlena Strazzula  
William Tappe  
Ryan Thomas  
Arden Townsend  
Tate Warden  
Amanda Williams  
Linda Wilson  
Joel Young

## Healthy Living Challenge Club

The Healthy Living Teen Challenge held the Healthy Tailgate Party in January. We had donations of food from Wellington's, Murad's, Modern Woodmen of America, Pizza Hut, Chick-Fil-A and our own Student Council. We would like to thank our local businesses for their donations to help us have a successful tailgate party. If it were not for our local businesses we would not have had the success that we did.

We will be doing other activities throughout the following months to help our students understand the importance of healthy eating and exercise.



## SPOTLIGHT ON VIPs

Congratulations to the VIPs are in order for their performance January 28<sup>th</sup> at the Marysville High School (Ohio) *Showcase 2012 Show Choir Invitational*. This competition was a challenging one competing against some of the powerhouse show

choirs in the country. The VIPs received 2<sup>nd</sup> Runner-up to Grand Champion in finals out of 19 groups from Ohio, Indiana, Virginia with the VIPs being the only school representing the state of West Virginia. They also received 3<sup>rd</sup> place in the Large School Division, 2<sup>nd</sup> Place Instrumental Combo and Nick Naylor received the Best Performer Award from the VIPs.

February is a very busy month for us. The West Virginia Music Educators Conference sponsored the Annual ***Region 3 “Solo & Ensemble Festival”*** on February 4 at West Virginia State University where Dayja Legg performed a vocal solo.

The VIPs will be involved with the rest of the Performing Arts Department in our annual ***Road Shows*** to Horace Mann Middle School on February 13 and to Stonewall Jackson Middle School on February 21. Both performances will be at 9 AM for all eighth grades attending Capital High School in the fall. The Middle School Open House will be February 7<sup>th</sup> at 7:30 PM in our Performing Arts Centre. Capital High School has much to offer students in exploring their artistic persona.

February 8<sup>th</sup> the VIPs will be providing special entertainment for the Legislators at Edgewood Country Club. February 13<sup>th</sup> the VIPs and Jazz Band will be part of a special event at the Cultural Center for the introduction of the new Dean of the WVU Creative Arts Center in Morgantown, WV. There will be an hour of high school music and then an hour featuring many of the music ensembles from WVU. The program begins at 6:00 PM and is free to the public.

February also begins our All County Chorus rehearsals. This year they are at South Charleston High School from 4:00-5:30 on February 7, 14, 21 and 28. All State Chorus auditions will be held here at CHS on February 22 from 3:30-7:00 PM for all of Region 3 schools.

February 18<sup>th</sup> Capital High plays host to the ***Eighteenth Annual Concert Choir and Show Choir Invitational***. This year there are three (3) concert choirs and eleven (16) show choirs. Below is the schedule for the day's groups:

**Concert Choirs:**

Cabell Midland High School “ <i>Collegium Musicum</i> ”	9:00 AM
Ravenswood High School “ <i>Concert Choir Select</i> ”	9:15 AM
Manchester “ <i>Chamber Singers</i> ”	9:30 AM

**Middle School Show Choirs:**

Stonewall Jackson Middle School “ <i>Ensemble</i> ”	10:15 AM
Washington Irving Middle School “ <i>Show Stopping Toppers</i> ”	10:45 AM
Dunbar Middle School “ <i>Dunbar Singers</i> ”	11:15 AM
Horace Mann Middle School “ <i>Eagle Pride</i> ”	11:45 AM

**High School Show Choirs:**

Manchester High School “ <i>Touch of Swing</i> ”	1:00 PM
Huntington High School “ <i>Illusions</i> ”	1:30 PM
Sissonville High School “ <i>Touch of Class</i> ”	2:00 PM
Buffalo High School “ <i>Showtime</i> ”	2:30 PM
Ravenswood High School “ <i>Rave Revue</i> ”	3:00 PM
Herbert Hoover High School “ <i>High Impact</i> ”	3:30 PM
St. Clairsville High School “ <i>St. C Singers</i> ”	4:30 PM
Winston Churchill High School “ <i>Showstoppers</i> ”	5:00 PM
Nitro High School “ <i>Show Cats</i> ”	5:30 PM

Colerain High School "Show Cards"	6:00 PM
Cabell Midland High School "Rhythm In Red"	6:30 PM
Manchester High School "Capital Swing"	7:00 PM
Capital High School "VIPs" Exhibition	7:30 PM
Awards Presentation	8:00 PM

Tickets are \$10.00 for adults and \$5.00 for children under 12 and will be sold at the door. Please join us in supporting all the choirs competing.

February 25<sup>th</sup> the VIPs will compete in the ***Cabell Midland "Rhythm in Red" Competition*** in Barboursville, West Virginia. Good Luck to the VIPs!

Being busy with many performances doesn't include the countless hours of rehearsals in preparation for each presentation. Students are rehearsing with All County Chorus, All State Chorus, and Show Choir competitions. For any additional information about any of the events for this month feel free to contact Mrs. Corbett at [kgcorbett.chs.vips@gmail.com](mailto:kgcorbett.chs.vips@gmail.com)



## From the Studio

February is Black History Month and it finds us working on Tap dance in dance class. The history of tap is flush with amazing Black artists and our students are learning about their contributions, as well as their style.

The Dance Company has many community performances in February. We will be performing for the 8<sup>th</sup> Grade Parent Meeting on February 7<sup>th</sup>, Horace Mann on February 13<sup>th</sup>, and Stonewall Jackson on February 21<sup>st</sup> and at the State Capitol for Arts Day on February 27<sup>th</sup>. We will adjudicate for the WV Dance Festival on February 24<sup>th</sup> in addition to our regular Wednesday and Friday afterschool rehearsals. March finds us preparing for our Student Choreography Showcase scheduled for March 11<sup>th</sup> at 2:30PM. We have some wonderful student work plus a terrific showcase of our dancers with live accompaniment. It should be a great show. Many of these works will be submitted for consideration to perform at the Arts Alive Concert in April.

Several students will travel to Huntington on March 31<sup>st</sup> for the Annual SCORES competition before leaving on April 1<sup>st</sup> for our Spring Break. April 2-6 will find us sailing as we embark on our spring break cruise. April 27-29 is the WV Dance Festival and May brings on our Musical. Many students will be auditioning for scholarships, summer intensives and college opportunities.

If you would like to help the dancers raise money, we have Kroger cards, Papa John's coupons and Save Around books currently on sale. Please contact Ms. Legg if you would like one of the books, coupons or cards. Below you will find some bullets

regarding things we have upcoming. Please feel free to email or call Ms. Legg for more information on ANY of these events or to book us for a performance.

Email: [alegg@kcs.kana.k12.wv.us](mailto:alegg@kcs.kana.k12.wv.us)

Phone: 304-348-6500 ext. 159

- Feb. 24<sup>th</sup> WVDF adjudications
- March 10<sup>th</sup> and 11<sup>th</sup> Dance Show
- April 20<sup>th</sup> Arts Alive
- April 27-29<sup>th</sup> WV Dance Festival
- May 2<sup>nd</sup>-5<sup>th</sup> Musical
- May 9<sup>th</sup> Dance Company Auditions
- May 15<sup>th</sup> Banquet
- May 23<sup>rd</sup> and 24<sup>th</sup> dance workshops

Dance Rehearsal every Wednesday and Friday until 6PM through March 12th. The 2<sup>nd</sup> Tuesday of Every month is the Dance Booster meeting at 6PM.

## Mardi Gras Celebration

On Tuesday, February 21, 2012, the French classes at Capital High School will be celebrating Mardi Gras. Before the celebration, students will be studying the customs and foods of Mardi Gras. On the day of the celebration, students will be celebrating by eating traditional French Mardi Gras foods and wearing beads and masks. Each class will be provided with a King's Cake, which is one of the traditional Mardi Gras foods. Each King's Cake is baked with a tiny, plastic baby inside, and the according to tradition, the person who finds the baby will either have good luck during the coming year or will provide the King's Cake for the next year's celebration. Everyone is looking forward to this festive event! It's a little bit of New Orleans at Capital High School! As they say in New Orleans, *laissez les bons temps roulez*-let the good times roll!!!

## CSU February News Credit Recovery

If your student failed a core subject (English, History, Math or Science) for the first semester, he/she should talk to their respective counselor to sign up for Fifth Block for the fourth nine week grading period. Fifth Block is an after school credit recovery class that is held from 3:15-4:45 p.m. five days per week for an entire nine week period.

Attendance to Fifth Block is very strict and there is a fee for the course (based on your household income status). This is a non-refundable fee.

If your student failed more than one class, you may want to consider placing your student in summer school. More information on summer school will be provided at a later date.

## Second Semester Parent /Student Suggestions for Success:

- Punctual and Regular Attendance to school and class is the first step to academic success

- Review the Capital High School Student Handbook together—remind yourself and your student of school policies and procedures.
- Assist with book bag/notebook/folder reorganization in preparation for the new semester
- Remind students to keep all papers
- Ensure that you and your student(s) can access Edline — [www.edline.net](http://www.edline.net) --if you need assistance please contact the school.
- View the school's website on a regular basis for information — [www.capitalhigh.org](http://www.capitalhigh.org)
- Establish a set time for where and when homework will be completed at home
- Talk with your student about his or her day on a regular basis (communication)
- Communicate with the school via phone or via e-mail (e-mail addresses are located both on Edline and on the school's website)

### **CSU Teachers-Piloting New Ongoing Staff Development Model**

All CSU teachers are working collaboratively in an effort to facilitate self-reflection and most important, self-improvement in the delivery of classroom instruction and classroom management strategies. This initiative is being instituted in direct correlation with and is intended to improve student achievement. Teachers will be visiting other teachers' classrooms for the purpose of discovering new strategies and methodologies to implement in their own classrooms. Teachers will begin their visits and reviews during the week of February 13, 2012.

At Capital High School, this staff development initiative has been termed and is referred to as CCC (Collegial Collaborative Consultation). The administration believes that research based, on-going, imbedded, staff development (CCC) will help our school maximize student achievement. Our intent is for CCC to be implemented school-wide for the 2012-13 school year.

### **February Students of Month**

Ms. Choi	Algebra I	Brandi Sigman
Mr. B. Clark	Geometry	Preston Turner
	Algebra I	Brennan Fields
Mr. Greene	Biology	Michael Cottrell
	Honors	Mia Beckner
Mrs. Hoskins	Phys. Sci.	Ivy Hodges
Mrs. Garrison	English	Jon Dent
Mrs. Fields	History	Moneisha Hill

Mrs. Miller	English	Olivia Persinger
Mrs. Roach	Honors	Patrick Dugan Slappe
	Phys. Sci.	Michael Simmons
Mrs. Turner	Algebra I	Jamsen Hayden
Ms. Snyder	History	Rachael Leach
Mrs. J. Swayne	English	George Lilly
Mr. S. Swayne	History	Emily Dorsey

## Student Council News

February starts with a bang! Our Blood Drive on Tuesday, February 7 was a success! It kicks off our Spirit Week II, which is designed to promote school spirit and recognize the winter sports teams. Wednesday starts the fun with class color day and our grade level/faculty basketball competitions; Thursday brings us role reversal day, where students dress like teachers or administrators and faculty dresses like the students—or as they did when they were students! We will also feature Cougars Got Talent, back by popular demand. Friday closes the week with our Ultimate Blue and Gray Day pep assembly. Our next endeavor will be our annual Pennies for Patients campaign, always our biggest community service project. We begin that the week of February 27 and it runs through March 16.

## Project Graduation News

Graduation for Capital High School this year is Monday, May 21; consequently, we are going to hold our annual Project Graduation event on Saturday, May 19. We need your help! We've had a turnover in volunteers, and many of our faithful volunteers have moved on. If you can donate time, money, services, etc., we need you! Stay tuned for meeting information! You may contact Susie Garrison at [sagarrison@kcs.kana.k12.wv.us](mailto:sagarrison@kcs.kana.k12.wv.us) for more information.