

City of Roseville makes a splash with new aquatic center

Roseville &
Granite Bay

Living

A LIFESTYLE MAGAZINE
A Press-Tribune Publication



See story on page 6

DINING:

Local restaurants tempt the taste buds without breaking the bank

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ECONOMY:

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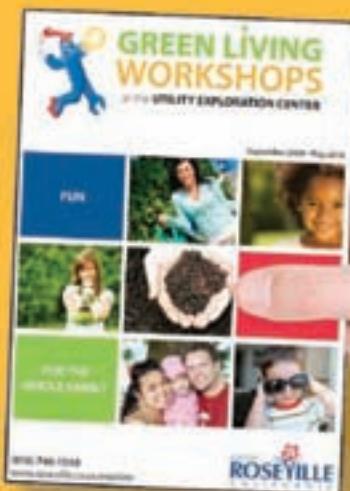
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LOOKING ITS BEST

Some tips on making your home look its best and help it to sell fast.
Page 38

ON THE COVER: The city of Roseville's Central Park indoor pool is almost complete.
For more information about the pool see page 6.

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DIVE RIGHT IN...

The city of Roseville is preparing for the opening of its Central Park indoor pool
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LOCAL CORPORATIONS GIVE BACK

Even in a down economy, some companies have found a way to contribute to the community
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REAL ESTATE MARKET GOT YOU DOWN?

How to survive a short sale
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AT HOME

Innovative ways to improve the efficiency of your home
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OUT ON THE TOWN

Local restaurants offer low cost specials to get your business
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FINDING A SENSE OF CALM

Practicing yoga brings tranquility to busy world
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GOING TO SCHOOL

Roseville and Granite Bay school districts have something for everyone
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Central Park Indoor Pool a welcome addition for residents

Scheduled to open in late October/early November, the Central Park Indoor Pool is a recreational asset that will serve Roseville for years to come.

Located at 10210 Fairway Drive behind Nugget Market, the facility is unique, because it is the first public-owned indoor pool in the region. It has two indoor pools and solar-thermal heating system providing year-round climate control.

The first pool is an eight lane, 25-yard pool with depths between 3.5 - 8.5 feet.

The second is an additional 1,500-square foot warm water pool with depths up to 4 feet. The combination of these will allow for a full range of recreational activities serving the needs of numerous residents.

With the addition of this new facility, the city of Roseville's Parks and Recreation

FAST FACTS

CENTRAL PARK INDOOR POOL ONE

Lanes: Eight
Length: 25 yards
Depth: 3.5 - 8.5 feet

CENTRAL PARK INDOOR POOL TWO

Size: 1,500 square feet
Depth: 4 feet

Notable features: Retractable roof, solar-thermal heater for year-round climate control

Department will be able to offer nationally-recognized swim lessons year-round. For a full list of hours and programs, go to roseville.ca.us/parks, then click on "Central Park Indoor Pool" on the right hand side.

In addition to swim lessons, you can also take part in water fitness programs,

land fitness classes, lap swim times and recreational swimming. Membership options are available for individuals as well as families.

Another exciting architectural feature of this pool center is a retractable roof to let in the sunshine and fresh air on bright days and close the roof to rain on cloudy days.

An added bonus to having a public indoor pool in the region – kids with winter birthdays can have swim birthday parties, meaning the facility will generate revenue, helping extend programs to residents of all income levels. The Parks and Recreation Department is currently booking birthday parties as well as other private events.

Construction is funded by developer fees, and operations will be self-funded by user charges.

Grand opening of new Maidu Museum and Historic Site

Located at 1960 Johnson Ranch Drive, the Maidu Interpretive Center captures the rich history of Native Americans in our area. With a grand opening scheduled from 10 a.m. – 3 p.m. April 25, the facility will be renamed as the Maidu Museum and Historic Site, which further reflects its commitment to showcasing the culture and contributions of the original peoples of the region.

The new design is inspired by a Native American roundhouse, with new exhibits that will emphasize native families and traditions. The opening is part of the Maidu Spring Cultural Celebration, which will include an opening blessing, dance groups, traditional art and craft demonstrations, guided tours, storytelling and children's activities. Info: 774-5934.

Other can't-miss events ...

"Think Green" book club

5-6 p.m., Friday, Nov. 13

Whole Foods Market, 1001 Galleria Blvd.

Join the city's newest book club, focused on living green!

From recycling to conservation to climate change and litter reduction, take this opportunity to explore your favorite books and movies on these topics. Sponsored by Whole Foods Market and the city of Roseville Environmental Utilities Depart-



PHOTO COURTESY CITY OF ROSEVILLE
Santa Claus will make an appearance at the annual holiday parade, Nov. 21.

48th Annual Sylvia Besana Holiday Parade

10 a.m., Saturday, Nov. 21
Downtown Roseville

The 48th Annual Sylvia Besana Holiday Parade begins at the intersection of Riverside Avenue/Douglas Boulevard/Vernon Street in downtown Roseville, proceeding down Vernon, turning right on Folsom and ending at the back of Roseville Square.

Festivities will include floats and live music. There will also be a craft fair from 9 a.m. – 1 p.m., in the Civic Center parking lot at 311 Vernon St.

To learn more about entering a float and sponsorship opportunities, contact the Roseville Chamber of Commerce at 786-8136 or rosevillechamber.com.

Third Saturday Art Walk

6:30-9 p.m., Saturday, Nov. 21

Vernon Street/225 Taylor Street (downtown library)

Downtown Roseville hosts the Third Saturday Art Walk, showcasing the works of local artists. Join the ever-growing number of people attending this fun and fabulous event. For more information on artists, displays and activities, go to 3rdsatartwalk.com.

Christmas Tree Lighting Ceremony

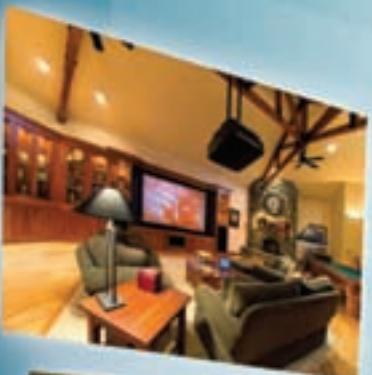
5:30-8 p.m., Friday, Dec. 4

Vernon Street/Downtown Roseville

Mayor Gina Garbolino will flip the switch to light the city's official holiday tree at approximately 6:30 p.m. Santa will be making a special visit to our town to meet with kids inside the Civic Center Rotunda, and hear their wish lists.

The popular kids' fun zone will once again be back in action. Merchants in the area will have their stores decorated and be open late for holiday shopping, along with craft and food vendors.

Residents are reminded that the 200 and 300 blocks of Vernon Street will be closed, between Grant and Lincoln streets, from 2-10 p.m. for the event. Free parking is available at the Civic Center Parking garage. Remember to bring your cameras.



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COURTESY

Kaiser Permanente recently expanded its Roseville health facility with the construction of a \$150 million regional Women and Children Center.

Top Roseville employers give back

BY JON BRINES

SPECIAL TO GOLD COUNTRY NEWS SERVICE

Despite Placer County's August unemployment rate of 11.5 percent, top Roseville employers have been finding ways to give back to the community. Earlier this year, top Roseville employer Kaiser Permanente expanded its Roseville campus with a \$150 million regional Women and Children Center. Two hundred nurses help run the state-of-the-art 174-bed labor and delivery facility.

"It made sense to build the center here," said Kaiser Roseville Dr. Robert Azevedo who is an OB/GYN. "There are a lot of young families in Roseville."

What sets Kaiser apart is the 48-bed Neonatal Intensive Care Unit and 10-bed Pediatric Intensive Care Unit, which is said to provide the highest level of care to critically ill babies and children. Before its opening, patients with special needs went to UC Davis or Kaiser Oakland. Now Azevedo said the center is experiencing a baby boom with 400 to 450 deliveries a month in Roseville. The rooms were designed for maximum comfort.

"We wanted family members to stay all night long and come and go comfortably," Azevedo said.

Labor and delivery rooms are private and feature a bathroom with shower, phone, flat-screen TV and a fold-out bed so a family member can stay overnight.

"The colors and decorations help peo-



COURTESY

The playroom at Kaiser in Roseville is an oasis where no IVs are drawn and tests are banned. Here, a patient takes part in a music interaction program.

ple feel more relaxed and heal faster," Azevedo said. "A lot of people don't expect it and are appreciative."

One of the top issues addressed by

"It's a wonderful feeling, to give them a respite, a brief time together is important."

Music teacher Nancy Nelle on Kaiser's playroom

Roseville's new center is children with brain tumors. Kaiser created a playroom as an oasis where no IVs are drawn and tests are banned so children know they can relax. Kaiser went one step further to lift the spirits of the children with a music interaction program where volunteers bring instruments and music to the children. Music teacher Nancy Nelle said there is nothing like bringing a smile to a child who's hurting.

"It's a wonderful feeling," Nelle said. "To give them a respite, a brief time together is important."

Nelle said even a song like "Old McDonald Had A Farm" can unite the family in a joyful moment.

"They add the animal sounds and the whole family gets involved," she said. "For that brief minute we were all just having a great time laughing together."

Those silly songs wouldn't be complete without puppets and instruments for the children.

"It helps the parents too," Nelle said.

• **CONTINUED PAGE 10**

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COURTESY

Hewlett-Packard employees participate in a variety of fundraisers including the Coolest 24-Hour Race Against Cancer held each year in May in Cool. Pictured are HP employee Paul Congdon and a fellow rider after the Cool race this past year.

TOP 10 ROSEVILLE EMPLOYERS

JUNE 2009

Kaiser Permanente	4,300
Hewlett-Packard	3,200
Union Pacific Railroad	2,000
Sutter Roseville Medical Center	1,922
City of Roseville	1,100
Roseville Elementary School District	897
Wal-Mart (2 stores)	862
Roseville Joint Union High School District	803
NEC Electronics	800
PRIDE	800
Total	16,684

* numbers include full-time and part-time positions

• CONTINUED FROM PAGE 8

“Music is a healing thing, it improves your mood. I feel good after I leave.”

Despite ongoing economic challenges Kaiser plans to expand the highly successful volunteer music program.

Hewlett-Packard

Cancer created an unexpected program at Roseville's number two employer Hewlett-Packard, which has been on Foothills Boulevard since 1979.

After HP ProCurve Networking guru Brice Clark lost a hard fought battle with lung cancer his fellow employees came together to raise money for research.

“Brice was our innovator and visionary,” said friend and fellow HP coworker Mark Thompson. “He had a rare talent of translating technical knowledge to

the masses.”

At his memorial service coworkers talked about what Brice loved and how they could give back to the community for him.

Their first step was to invest in vending machines on campus to collect money for cancer research everyday. The employees wanted to go a step further. Every year they hit a rugged and often muddy Sierra bike trail at the Coolest 24-hour Race Against Cancer.

“Brice loved riding and the outdoors,” Thompson said.

There are actually three races for all ages: a kid's race, eight-hour race and a 24-Hour race on the Olmstead trail loop in Cool.

“We heard from mothers of kids who raced and then later died of cancer,” Thompson said. “They talked about

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COURTESY

Music teacher Nancy Nelle plays for a patient at Kaiser's Roseville facility. Nelle says music therapy brings a smile to those in treatment.

"I don't think I could work for a company that doesn't support something like this. It is a part of what makes HP's culture different. It shows how the employees gathered together to make something happen at a local level."

HP employee Mark Thompson, on the Dream Foundation

what they went through. That's when we decided to support the Dream Foundation."

The Dream Foundation is a national dream-granting foundation for people over 18 years old. The foundation's goal is to help families and those at the end of life's journey find peace and closure with the realization of a final wish. Most of those helped are from Northern California.

"I don't think I could work for a company that doesn't support something like this," said Thompson. "It is a part of what makes HP's culture different. It shows how the employees gathered together to make something happen at a local level."

Thompson encourages everyone in Roseville and Granite Bay to jump in and ride or support the Coolest 24 Hour Race Against Cancer when it comes back to Cool in May 2010.

What: Kaiser Permanente – Roseville Medical Center

Where: 1600 Eureka Road, Roseville, CA 95661

Phone: 784-4000

Web site: kp.org/roseville

What: Nancy Nelle, Music Moments with Nancy

Where: info@musicalmomentswithnancy.com

Phone: 973-9845

Web site: musicalmomentswithnancy.com

What: HP ProCurve Networking

Where: 8000 Foothills Blvd., Building R3L, Roseville, CA 95747

Phone: (800)975-7682

Web site: procure.com

What: Coolest 24-Hour Race Against Cancer

Where: PO Box 3163, Auburn, CA 95604

Phone: (530) 889-9412

Web site: uburnbikeworks.com/cmbr.html

What: The Dream Foundation

Where: 11500 Olympic Blvd, Suite 400, Los Angeles, CA 90064

Phone: (310) 444-3070

Web site: dreamfoundation.org

Chamber: Live, play, work in Roseville

BY SUSAN BELKNAP

GOLD COUNTRY NEWS SERVICE

It's not always easy to stay positive and creative when business is down.

No one knows this better than Wendy Gerig, chief executive officer for the Roseville Chamber of Commerce, which includes Granite Bay.

Coming up with innovative programs and listening to all ideas is what's keeping the Chamber alive and well.

Gerig said Chamber membership has dropped from 1,800 in the fall of 2008, to about 1,500 today. In addition, attendance is down at many of its events.

"One of the most troubling part of these statistics is the number of businesses that have left the Chamber because they are either out of business or are having difficulty staying in business," she said. "But even with the state of it all, we haven't stopped doing what we think is important for our businesses and our members."

But the news is not all bad. Gerig said one of the Chamber's annual fundraisers,



"The stronger the business community is, the stronger the city will be."

Wendy Gerig, CEO, Roseville Chamber of Commerce

SPLASH, which was held at the Roseville Aquatic Center in September is usually sold out with 1,200 tickets purchased. This year 943 tickets were sold. The Chamber will net \$50,000 with that amount split between the Chamber and the city of Roseville's Project Play, universal assessable playgrounds.

"Even though attendance was down, the people who attended had a good time," Gerig said. "They realized it had value."

"Celebrate Roseville Chamber," a one-month celebration, is one way Gerig said the Chamber is trying this year to promote a variety of activities and events in the Roseville and Granite Bay communities.

The month includes a special Chamber membership drive where members who join the Chamber during the month of October receive one month's dues free.

The entire month of October has been divided into three categories: Live, Play and Work. Each category offers a variety of events and activities such as a fashion show, a 5K run, community expo and restaurant promotions.

"One of our strong components as a chamber is our ability to partner with the city of Roseville," Gerig said. "The city knows that the stronger the business community is, the stronger the city will be."

Gerig said promoting education is another way the Chamber attracts members.

"Many people move here because of our schools," Gerig said.

Programs such as Principal for the Day and the annual teacher recognition luncheon help to get the word out about the connection between education and the community.

Info: rosevillechamber.com.

Thank you Granite Bay and Roseville

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Krystal, the salon manager of the Brockway Hair Design in West Roseville has been with the company for over ten years. Since starting with the company, Krystal has attended the Redken Exchange in New York three times for advanced learning. She has a strong dedication to her clients, staff, and the continuation of excelling in the salon industry. Krystal when asked what she likes best about working for Brockway, "the relationships I have not only with my clients, but with my coworkers; I have personal relationships with the employees and founders of Brockway, relationships that will last a lifetime. And the advanced education that Brockway provides exceeds industry standards, which allows me to continually grow and excel in an ever changing industry."

When you come into a Brockway Hair Design you will know why they are one of the top salons in the area. Brockway has a wide assortment of the best in professional hair care products and a knowledgeable staff that will make you fall in love with your hair all over again. Call and schedule your appointment today.



Spotlight on Local Chefs



Crush 29's captivating setting was designed for both mingling and dining. Executive Chef **Jesse Garza** is at the helm and turns out delicious specialties using the best local seasonal ingredients. Notable American cuisine accents are mixed with contemporary California cuisine and a touch of Napa Valley essence. One of his signature creations is the popular rotisserie chicken tortilla soup. Harvest Hour daily 2-6pm. Music on the patio. Lunch, dinner, Sunday brunch, banquets up to 60.

CRUSH 29

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Chef partner **Mitch Davis'** specialties include great cioppino, gnocchi, and signature pastas. The superbly grilled 22 oz. porterhouse steak is a stellar dish along with the excellent veal sautéed with sliced artichokes and lemon. Il Fornaio is the perfect place to enjoy happy hour each Mon-Fri starting at 4:30pm with drink specials and complimentary appetizers. Great banquet facilities for 15-200 guests in the beautiful terrace and the enclosed patio.

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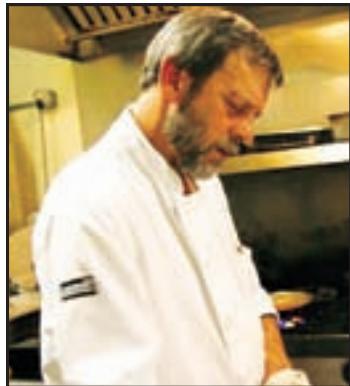
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Executive Chef **Brian Hawkins** works his magic in the kitchen at Suede Blue. His evolving menu features beautifully presented specialties that are intended for both meat and seafood lovers and are prepared with top – notch ingredients that include the Creek Stone Farms beef, Berkshire filet mignon of pork, free range chickens, and the freshest seafood available. The handsome bar and the front patio are great places to unwind and enjoy happy hour. Suede Blue is also available for private parties.

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There is something special going on at Toast. Under the direction of the new Executive Chef **Scott Snyder**, the vibrant fare has a local touch and unstoppable flavor in addition to top quality. As a true culinary champion with years of experience in key positions at notable restaurants here on the west coast as well as New York, Scott turns out mouthwatering specialties for breakfast, lunch and dinner. Toast is the place for a quick bite or a long celebration.

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There is life after a short sale

How to get back into homeownership after a hardship

BY JON BRINES

SPECIAL TO GOLD COUNTRY NEWS SERVICE

Two years ago the term short sale was exotic real estate lingo no one understood. Today short sales account for more than half of all the real estate listings in Roseville and Granite Bay, according to the Placer County Association of Realtors.

The median home price in Placer County has been holding steady at \$277,000 and hasn't been that low since May of 2002, according to PCAR. Anyone who bought or refinanced when the high was \$517,000 in Aug of 2005 would be upside down today. With exotic financing, many homeowners threw in the towel and foreclosed. Life after foreclosure meant a 300 point drop in their FICO score and a ban from mortgage approval for three years.

For Roseville resident Nicole White and her husband, short sale gave them something foreclosure couldn't—a life lesson and a difficult personal journey she respects today.

"At the time, it was either buy groceries or pay the mortgage," White said. "We definitely learned."

In a short sale, the homeowner or debtor sells the mortgaged property for less than the outstanding balance of the loan, and turns over the proceeds of the sale to the lender. The key is the lender would have the right to approve or disapprove of a proposed sale. The short sale process is tricky and takes months of follow-up and waiting before a bank decides if the short sale is right or foreclosure is the only option.

White and her young family, like thousands of homeowners in Placer County, learned the hard way how to survive a short sale. After a year of struggling with her adjustable rate mortgage, self employed in a bad economy, they considered foreclosure.

"I felt like I was being a bad person by letting them foreclose on my house," White said. "I had a little voice in my head that said there must be a better way. That's when we found out about short sales."

The Whites turned to RE/MAX Gold Associate Broker Ed Kittle to be their short sale guru.

"The lender tells homeowners they can't do a loan modification until they miss a payment," Kittle said. "Then they don't hear from the lender again until they get



PHILIP WOOD • GOLD COUNTRY NEWS SERVICE

Real Estate agent Ed Kittle, left, goes over a short-sale with client Nicole White, with her son, Richard, 3, in his Roseville office.

What: Ed Kittle, RE/MAX Gold
Where: 983 Reserve Drive, Roseville, CA 95678
Phone: 770-6718
Web site: edkittle.com

What: Placer County Association of Realtors
Where: 4750 Grove St., Rocklin, CA 95677
Phone: 624-8271
Web site: pcaor.com

What: Golden 1 Credit Union
Where: 741 Pleasant Grove Blvd., Suite 100, Roseville, CA 95678
Phone: 732-2900
Web site: golden1.com

the foreclosure notice in the mail. That's when they call me."

Kittle is now a certified distressed property expert from the National Association of Realtors, something that wasn't offered until recently.

White said some people in her shoes would have been threatened by the mortgage company and hired a lawyer, but she said, that's a money pit.

"Don't contact your mortgage company, don't hire a lawyer-hire a Realtor," White said. "And make sure they are experienced in short sales."

After eight months of waiting for the

"I felt like I was being a bad person by letting them foreclose on my house. I had a little voice in my head that said there must be a better way. That's when we found out about short sales."

Nicole White

bank to approve the short sale, White and Kittle got their approval. It happened just days before the threatened foreclosure auction.

"That whole situation is traumatizing," White said. "I feel damaged from it-like a break-up."

Now like so many Roseville and Granite Bay residents White had to figure out what was the next step after short sale. Was her credit ruined? Would she be renting for the rest of her life?

White said she paid everything except

• SEE SHORT SALE PAGE 36



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Installing computerized automation systems to control lighting and electricity can save homeowners money on energy bills.

Spending on your home can save in the long run

ARTICLE COURTESY OF ARA CONTENT

With the holiday season just around the corner, many people are gearing up to make some repairs and updates to their homes.

From new roofs and siding to adding state-of-art kitchen and other household appliances, people have more options than ever when it comes to making purchases that can help them save money and the environment.

The ENERGY STAR program, a joint effort from the U.S. Environmental Protection Agency and the U.S. Department of Energy, is designed to help people save money on their utility bills while reducing greenhouse gasses. In 2008, more than \$19 billion was saved on utility bills through the program. According to the New York State Energy Research and Development Authority, investing \$3,000 to \$8,000 in your home—not including rebates—can

According to the EPA, a \$1 investment in your home can add about \$20 in value. In other words, for every \$1,000 invested in energy efficiency, you gain about \$20,000 in value.

result in savings of 10 to 30 percent annually on utility bills.

For people who are looking to sell their homes or simply a good investment, energy-efficient options can make your home more valuable. According to the EPA, a \$1 investment in your home can add about \$20 in value. In other words, for every \$1,000 invested in energy efficiency, you

gain about \$20,000 in value.

Brian Hood of Hood Bronco Innovations located in Rocklin, says one way to reduce energy costs is to install computerized, automated systems into the home. Hood says many people don't realize that home automation systems are designed to reduce your home's electricity bills significantly. By installing Hood Bronco's Control4 system Hood says an average three-bedroom home could eliminate 850 pounds of CO emissions each year. Hood says there's no need for homeowners to buy new lights or special light bulbs.

"Our system works with what you already have, but makes it more efficient through controlling the amount of energy going into the light bulb," Hood said. Control4's system allow for simple, integrated and secure control of systems throughout your home, including video, audio, lighting, temperature, garage-door openers, sprinklers, and security systems—even



PHOTO COURTESY HOOD BRONCO INNOVATIONS

Energy efficient options to control temperature, sprinklers and security systems can all be controlled via remote control, touch screen or personal computer.

automated blinds.

Indoor and outdoor devices throughout your property can be integrated into a unified system, which can be easily operated via a remote control, touch screen, keypad or personal computer.

Hood says homeowners can start small by adding control to an existing home-entertainment system, then expand your system's capabilities as you go.

In addition to convenience, increased safety is a major benefit of home control systems. When a smoke detector is triggered, for example, the system can automatically turn off your HVAC system to prevent smoke from circulating, turn on interior lights to aid evacuation, and blink your property's exterior lights to assist emergency personnel in locating your home.

• CONTINUED ON PAGE 20

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"The attic has some of the most extreme weather on the planet. It's extremely hot in the summer and bitterly cold in the winter. Therefore, air sealing and insulating this extremely harsh environment from the house is crucial."

Colby Swanson, building and construction expert for BASF, a manufacturer of energy-efficient products for the home

• CONTINUED FROM PAGE 19

Control4's modular solutions can be utilized for both new construction and remodeling. The company's wireless products eliminate the need to open up existing walls in order to run wiring, which makes it easy and affordable to retrofit older homes.

Colby Swanson, a building and construction expert for BASF, a manufacturer of energy-efficient products for the home, offers these additional recommendations on how you can save yourself money by making improvements on your house.

Seal the Deal

Start with improving the envelope of the building (specifically attic air sealing and insulating) before buying things like a high-efficiency furnace, air conditioner or solar-power cells. The money you may save would be wasted if the building can't contain the expensive conditioned air. Swanson says that air leakage from the house through the ceiling is one of the largest contributors for heating and cooling loss with improperly installed attic insulation close behind. Focusing on attic air sealing and properly installed insulation is generally the most cost effective energy and comfort related improvement in an existing home. The U.S. Department of Energy reports that up to 40 percent of the energy cost of heating and cooling a structure is wasted by uncontrolled air leakage.



PHOTO COURTESY HOOD BRONCO INNOVATIONS

Attractive rebates and incentives provided by local utility and state programs are available for homeowners to install energy efficient home improvements.

"The attic has some of the most extreme weather on the planet," Swanson says. "It's extremely hot in the summer and bitterly cold in the winter. Therefore, air sealing and insulating this extremely harsh environment from the house is crucial."

"Professionally installed foam in the attic will far outperform the conventional products both in air sealing and insulating capability resulting in much more comfortable homes and substantially lower heating and cooling bills," says Swanson. "Studies indicate that a thorough job of leak sealing can cut your home's total air leakage by 33 to 46 percent — reducing your heating and cooling bills up to 20 percent. To help further the energy efficiencies of a home and help homeowners remain environmentally conscious, don't dispose of the attic insulation being replaced, recycle it by placing it on top of the newly placed foam."

Spray-on Radiant

Another simple and less costly way for homeowners to make their homes more energy-efficient: apply a radiant barrier coating that is sprayed on the underside of the roof in the attic, which will lower heating and cooling bills and increase comfort.

Financial help is available. What many homeowners may not know is that they have the opportunity to leverage many rebates provided by local utility and state programs on top of the federal tax incentives to help finance home energy-efficiency investments.

In the summer, it reflects some of the heat that radiates through the roof deck back outside and, to a lesser degree, in the winter reflects heat back into the house.

One option is Radiance, made by BASF, a water-based product that can be sprayed on to the underside of the roof or applied with a paint roller.

New Appliances

After the ceiling is air tight and insulated correctly, consider appliances. Next time you need to replace your home's water heater, consider this: after the furnace and air conditioner it is the biggest user of energy in a house.

As of 2009, you can now purchase a water heater certified as an ENERGY STAR appliance.

Show Me the Money

Financial help is available. What many homeowners may not know is that they have the opportunity to leverage many rebates provided by local utility and state programs on top of the federal tax incentives to help finance home energy-efficiency investments.

These attractive rebates and incentives vary widely (approximately 5 percent to 50 percent savings) to help offset a homeowner's investment to air seal, insulate or purchase high efficiency appliances. The federal government offers a 30 percent rebate of up to \$5,000 on energy investment.

~ Susan Belknap contributed to this report

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~Ron Miller and Brenda Crum

Here's to Roseville's restaurant scene

BY MEGAN WOOD

GOLD COUNTRY NEWS SERVICE

Cmon get happy. Just because the economy's in a slump doesn't mean you have to be.

Get out of your funk at one of your favorite local restaurants, or try someplace new. It's OK considering some of the fabulous drink, appetizer and dinner specials that many local hotspots are serving up. While some are strictly offered during a "happy hour" window of opportunity, others, like dinner specials, are available anytime. So grab your special someone, friends or make some new ones for a night on the town.

Here's a partial list of eateries in the Roseville and Granite Bay that offer some specialties that won't break the bank.

BJ's

1200 Roseville Parkway, Roseville
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They may make their own beer, but they're famous for their Pizookies.

Happy hour at BJ's means \$1 off all draft beer and cocktails and \$2 off all appetizers. Hungrier for more than just an appetizer? Try one of their mini pizzas at half-off during happy hour. On game day, head to BJ's for Sunday NFL Ticket and any other sports package you can imagine on their big screen TVs scattered throughout the restaurant.

For a tasty but affordable dinner, BJ's has a dinner for two that includes two soups or salads, any medium pizza and a Pizookie for less than \$20. We won't judge you if you ask for dessert first.

Happy hour: Monday-Friday 3-7 p.m.

Late night happy hour: Sunday-Thursday 10 p.m.-close

• MORE RESTAURANTS PAGE 30



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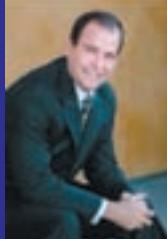
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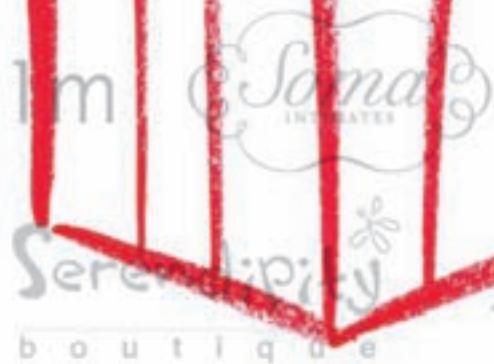


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Yoga classes sprout up

Mind meets body at local nurseries

BY EILEEN WILSON

SPECIAL TO GOLD COUNTRY NEWS SERVICE

Yoga has been relieving stress and changing people's lives since ancient times. And now, more than ever, people are looking for ways to relax, or challenge themselves - both mentally and physically.

And Elizabeth Lundeen and Cathy Mikles offer two unique locations to practice their healing art. Locations that are both relaxing and surprisingly invigorating.

The Flower Farm Inn and Nursery, located at the corner of Auburn Folsom and Horseshoe Bar roads is a nature-filled wonderland, which lends itself to tranquility and peacefulness, the cornerstone of any successful yoga practice.

Taught by Elizabeth Lundeen, who has been practicing yoga for more than 10 years, twisting, turning, and stretching fun takes place in the farm's event barn, which, on any weekend, is the venue for weddings and parties.

With open windows and doors, allowing fresh air, and nature's soothing sounds to drift about, the space is more inviting, to many, than a typical yoga studio.

"Sometimes we practice out on the lawn under the big oak tree," Lundeen said. "There are chickens outside and people bring their dogs, who sit on the porch while we practice. This is a beautiful place, and a perfect location - I just love the energy."

"This is a beautiful place, and a perfect location - I just love the energy."

Elizabeth Luindeen, yoga teacher at the Flower Farm Inn in Loomis

With a usual crowd of up to 20 students easily accommodated in the large space, Lundeen encourages newcomers and veterans alike.

"We're open to all levels. It's very non-threatening, and non competitive," she said.

Also important to Lundeen, is the fact that the class fosters a sense of community, a facet of our fast-paced world she feels is disappearing.

"I have people of all ages - everybody's gotten to know each other really well. We notice when someone is missing," she said, and notes that for many of her students, the practice is the highlight of their day.

Lundeen shares her practice on Tuesday mornings and Wednesday afternoons.

An extra perk-the morning class often wanders to the on-site café for a bite or a cup of hot tea, after.

Cathy Mikles, who has been practicing yoga for more than 30 years, teaches students in the old fruit shed located at High Hand Nursery.

We've been holding classes here for only a month, and already have between 13 and 17 people," Mikles said. "That's a great showing on a consistent basis. The ladies love it, and the class keeps getting bigger."

Mikles teaches yoga at various venues, and said she is excited to be in such a great location, with practitioners she describes as "a bunch of lovely women."



PHILIP WOOD • GOLD COUNTRY NEWS SERVICE

Elizabeth Lundeen puts pressure on Laura Neuman's hand as she stretches out during her yoga workout.

Most of her students come from Loomis, but some come from Granite Bay and Roseville as well.

"They were all pretty much beginners, and we're really working on foundations," she said.

A tranquil location, the fruit shed is surrounded by flowers, fountains and shady foliage.

"It's the perfect combination - coffee and snack after class in the new café," Mikles said.

Mikles specializes in yoga that involves movement, with a slow pace.

"What I love so much about yoga is everyone can do it, old and young, people with injuries, all different activity levels."

Yoga builds strength, flexibility, and has a restful aspect, but

Mikles appreciates the union between mind, body and spirit that can be attained by her practice.

"It integrates everything in your life," she said. "I'm definitely a calmer person than I was. It helps you put things in perspective. It's a very empowering process - I always feel well when I walk out."

FLOWER FARM YOGA

Where: 4150 Auburn Folsom Road, Loomis
When: Tuesday 9:15 a.m., Wednesday 4:30 p.m.
Cost: \$10 drop in fee

HIGH HAND YOGA

Where: 3790 Taylor Road, Loomis
When: Wednesday 9 a.m.
Cost: \$10 drop in fee



PHILIP WOOD • THE PRESS TRIBUNE

Il Fornaio chef Mitch Davis sits with his creation "Antipasto Della Casa," which is a sampling of authentic Italian antipasti. It's a popular item on the appetizer menu at the Italian restaurant at the Roseville Galleria.

• CONTINUED FROM PAGE 26

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Harvest season is upon us and with it comes Crush 29's Harvest Hour, a daily happy hour celebration with drink and food specials primed for the fall season. Try a sweet Jalapeno Martini, the "perfect blend of sweet and spicy" said Crush 29 bartender Mandy Martinez.

If sweet and spicy aren't your thing, try the Crush brew, brewed in house or their seasonal brew for \$3. Appetizer specials like personal size pizzas or Kobe beef sliders will whet your appetite for dinner. If you stick around for dinner, take it on the patio and enjoy live music under the stars on Thursday evenings after 6 p.m. Martinis and music, what more could you need?

Harvest Hour: Sunday-Saturday 2-6 p.m.

Live music: Thursdays 6 p.m.

Fat's Asia Bistro & Dim Sum Bar

1500 Eureka Road, Roseville
787-3287
Fatsbistro.com

No need to wait for a 5 o'clock cocktail hour when Fat's starts Martini Hour at 3 p.m. Balance your dirty martini with any appetizer from the menu at half off. Martinis are in the \$5 to \$7 range for specialty martinis so you can try a few of their favorites like the Cherry Blossom Martini. Draft beer and house wine are also included in the drink specials starting at \$2. On Sundays, grab the football fans and head to Fat's to catch the game and enjoy additional happy hour drink specials during the game.

Happy Hour: Monday-Friday 3-6 p.m.

Sunday: During the football games

Hawks

5530 Douglas Blvd., Granite Bay
791-6200
Hawksrestaurant.com

Can't decide what you're hungry for? Head to this boutique restaurant nestled in the Quarry Ponds shopping center to experience Chefs Michael Fagnoni and

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Happy Hour: Tuesday-Friday 3-6 p.m.

Il Fornaio

1179 Galleria Blvd., Roseville
788-1200
Ilfornaio.com

Every evening from 4:30-6:30 p.m., Chef Mitch Davis creates a new selection of complimentary appetizers for happy hour guests.

• MORE RESTAURANTS PAGE 34



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• **CONTINUED FROM PAGE 30**

The appetizer buffet changes on a daily basis and could include anything from pizza, bruschetta to specialty chef creations. The unspoken rule?

"We just ask that you purchase a drink from the bar," said shift supervisor Shane Wadsworth.

That seems pretty reasonable considering during happy hour all beer, wine and well drinks are less than \$6. If you're really looking to take advantage of the happy hour specials, head out on a Wednesday night when Il Fornaio extends its happy hour deals to 10 p.m. to accommodate the hard working Westfield employees and those last straggling mall shoppers.

Happy hour: Daily 4:30-6:30 p.m.,
Wednesday nights until 10 p.m.

Paul Martin's American Bistro

1455 Eureka Road, Roseville
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Paulmartinsamericanbistro.com

Created with the neighborhood restaurant they always longed for in mind, founders Paul Fleming and Brian Bennett have brought happy hour and dinner specials you'll be happy are nearby. Happy hour runs Monday through Friday from 3-6 p.m. with cocktails and wine accompanying appetizers like slow cooked St. Louis pork ribs and maple cider grilled chicken skewers all for \$4. Everything on the menu is made with organic, sustainable ingredients that are locally grown. Now that's an affordable way to go green, wouldn't you say?

Happy hour: Monday-Friday 3-6 p.m.

P.F. Chang's

1180 Galleria Blvd., Roseville
788-2800
Pfchangs.com

The babysitter's scheduled, the movie tickets are waiting at the box office and you're left with little more than \$60 for date night. No need to hit a drive through when P.F. Chang's has a four-course dinner for two special for \$40. Choose from a prix fixe menu with P.F. Chang's favorites like chicken lettuce wraps or salt and pepper calamari to start and honey chicken or Chang's spicy chicken for entrees. The dinner also includes soup, steamed rice and two mini desserts. After drinks and tip, you'll have just enough to spring for a box of Junior Mints at the theater.

Four-course dinner special for two: \$40



PHILIP WOOD • GOLD COUNTRY NEWS SERVICE

Lemon tart with fresh berries is a popular dessert item at Toast, which is in the Quarry Ponds in Granite Bay located off Douglas Boulevard.



The Sweet Jalapeno martini is one of Crush 29's most popular drinks on the menu. Its surprising mix of sweet lime juice, sweet and sour mix and the spice of fresh jalapeno is a favorite and, at \$6 is a staple on the restaurant's Harvest Hour menu.

PHILIP WOOD • GOLD COUNTRY NEWS SERVICE

Toast

5540 Douglas Blvd., Granite Bay
772-3900

"Good food. Good wine" is the Toast motto and add to that a bit of entertainment and you've got an evening out.

Every night guests can catch live performances of local artists whether it be Tango demonstrations or acoustic guitarists, each night is something different. On Wednesday evenings, Toast Chef Scott Snyder is offering a special prix fixe three-

course dinner for less than \$25. Some of his selections include Caesar salad tape-nade to start followed by a black bean risotto with a ranchero sauce and Parmesan cheese and choice of dessert. We like the colorful lemon tart with fresh berries, but who can resist a chocolate brownie torte? We propose a toast, to good food and good wine.

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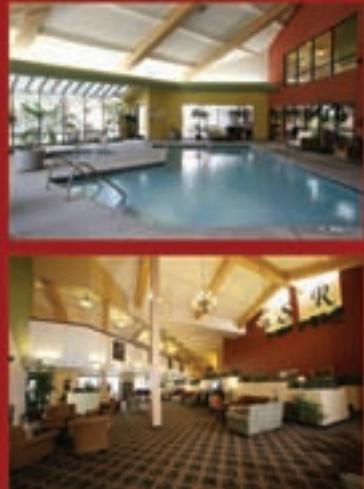
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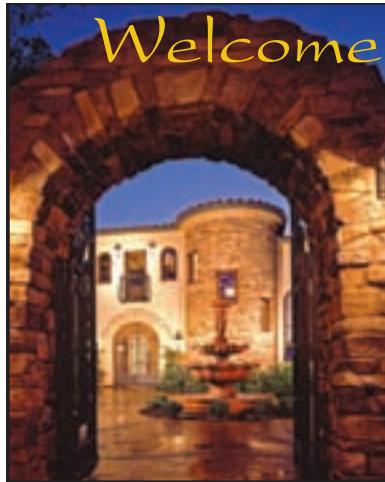
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"Good areas are in demand. \$500,000 in Granite Bay is considered a first time homebuyer where in Roseville anything under \$250,000 has a bidding war."

Real estate agent Ed Kittle



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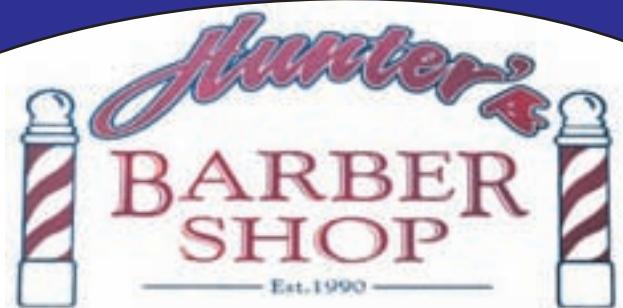
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SHORT SALE

CONTINUED FROM PAGE 16

the mortgage on time and saw her credit score only drop 60 points. Lenders like Golden 1 Credit Union will accept a short sale on your credit if you can come up with 10 percent down for the new mortgage, on approved credit. Kittle said life after short sale has just got even better.

"FHA just the other day amended their guidelines," Kittle said. "From the time you complete the short sale, with clean credit, you can get an FHA loan in 13 months. Foreclosure, it's a minimum of three years."

For White she's not ready to jump into home ownership just yet.

"We definitely learned," she said. "When we are ready to buy a house again we are going to put money down and have savings in the bank. We are going to calculate what we can afford if one of us is on unemployment. I'd rather have a smaller house and afford the payments."

White might have a chance in this buyers' market. According to PCAR, housing prices in Roseville and Granite Bay have risen just over 2 percent in the last six months. Kittle said even so, we're at the bottom of the market bust.

"Good areas are in demand," Kittle said. "\$500,000 in Granite Bay is considered a first time homebuyer where in Roseville anything under \$250,000 has a bidding war."

When White does decide to buy again she'll do her homework and have Kittle on her side.

"We went into it blind before and now it is one of those life lessons," she said. "I feel like I am glad I went through it."

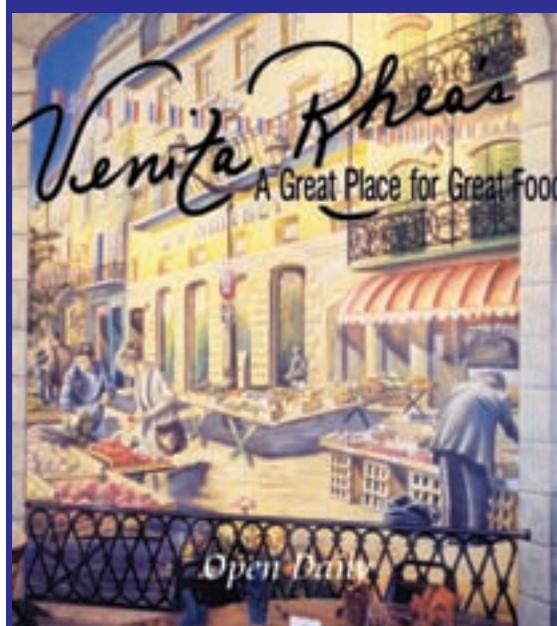


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The Atrium is the realized dream of founder Helen Brock and the salon counts on the experience, expertise, and support of salon manager Lisa Flowers and spa manager Noki Ellison. Having both started with the Atrium when it first opened its doors, they continue to raise standards for their guest's experience and service.

The staff at the Atrium Salon Spa is unparalleled, they continue advanced education on a regular basis to bring back the latest in trends and spa services to their clients. The Atrium carries only the finest salon spa product lines in the industry such as Bumble and Bumble, Kerastase, Aveda, True, and Pevonia. Having been recognized as one of the top salon spas in the country by Salon Today Magazine and locally by Roseville Granite Bay Style, the Atrium still remains the top salon in the Placer area.

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Enter, stage right

BY MEGAN WOOD

GOLD COUNTRY NEWS SERVICE

Shakespeare said the world was a stage. If that's true, Ryan Dressel could pick out some new paint, trim the hedges and have the place sold in a week.

Former mortgage broker turned home stager, Dressel, a Roseville resident, said it was a natural transition from lending and mortgages to choosing fabric swatches and paint samples.

After 10 years in the mortgage industry working for Merrill Lynch, Dressel was laid off in December 2007. With the advice of some friends coupled with the contacts from his former employer, he decided to start his own staging business last spring.

"Although I hate the term, I've always had an eye for it," Dressel said. "I've owned many homes and redone them myself and my friends would come over and say 'you're in the wrong business.'"

Parlaying what he knew in real estate with what came naturally in interior designing, Dressel said Stage Right Design hit the ground running in March 2008.

A few well-placed accessories and pops of color can make even the tightest of spaces feel warm and inviting.

PHOTOS COURTESY RYAN DRESSEL • STAGE RIGHT DESIGN



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"I never would have walked away from my job at Merrill Lynch to do this," Dressel said. "Thank God I got laid off."

Now, Dressel is the go-to guy for many homeowners and local real estate agents to make an empty house look like a home to speed up the selling process. But that's only half of the job. Dressel also meets with homeowners who are simply looking to breathe new life into their homes.

"You stage for real estate because you're not just selling brick and mortar, you're selling an emotion," Dressel said. "This is going to be someone's home, it needs to look and feel that way."

Whether it's a foreclosed house, real estate listing or for sale by owner, Dressel says it's important for potential homebuyers to feel comfortable in the house and be able to see themselves living there.

For homeowners selling their family home, this means removing anything blatantly political or religious and personal items like family portraits, which can make potential buyers feel invasive, Dressel said.

• CONTINUED ON PAGE 40



PHOTOS COURTESY RYAN DRESSEL • STAGE RIGHT DESIGN

A well lived in living room, left, is in desperate need of a pick-me up. Above, a new sectional separates the living room from the rest of the home and makes the room feel more snug. Dark leather upholstery and bookshelves pop against the rust colored walls that makes the living space feel inviting.



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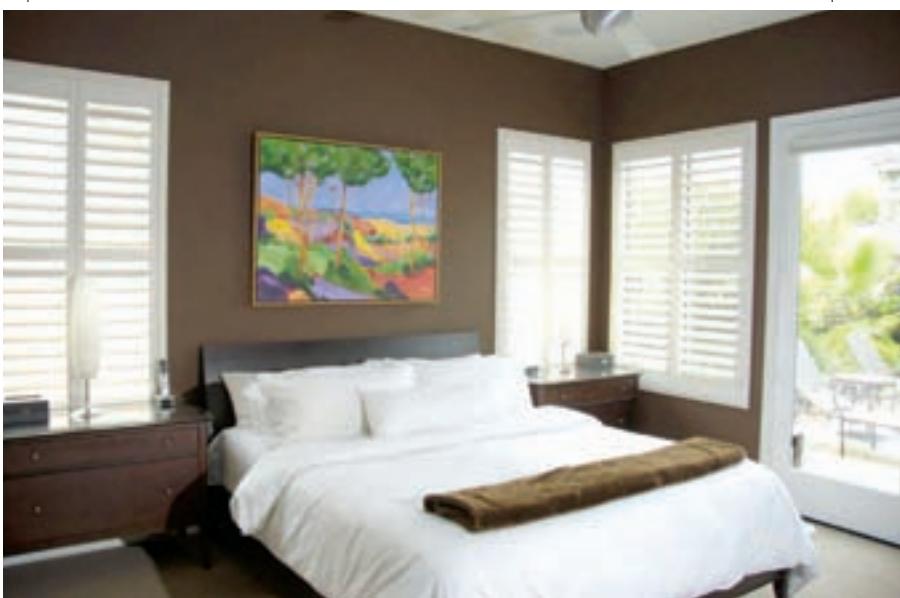
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PHOTOS COURTESY RYAN DRESSEL STAGE RIGHT DESIGN

A vacant master bedroom, above, is dingy, gray and blank. With a fresh coat of paint and white accents, the eye travels about the room. A brightly-colored painting above the bed anchors the room, left, which now has a chic, comfortable atmosphere.

• CONTINUED FROM PAGE 39

"A problem that some homeowners have is they can't look at their home objectively," Dressel said. "Sometimes it helps to bring in a third party to tell you how things really look."

Paint, Dressel said, is a seller's best friend due to its transforming power and cost effectiveness. Dressel suggests using neutral colors on walls and brightly colored room accents, like lamps and throw pillows to help the eye move about the room.

Another small change that makes a big difference Dressel said, is swapping out tired light fixtures and cabinetry hardware for updated ones, an inexpensive improvement that makes a lasting impression and brightens up rooms.

"Take a cold, hard look at your furniture, too," Dressel said. "If you have to rent a new couch and club chair the \$2,000 will hurt a lot less than the \$10,000 off your asking price. Believe it or not, bad furniture makes the rest of the house look poorly taken care of too."

When Dressel is called in to stage a



"A problem that some homeowners have is they can't look at their home objectively," Dressel said. "Sometimes it helps to bring in a third party to tell you how things really look."

Ryan Dressel, owner, Stage Right design

home for sale he starts where a potential buyer starts, at the curb.

"I put on what I call my 'buying eyes,'" Dressel said. "I look at the landscaping, outdoor lighting and I look at what is going to knock a buyer's offer down and that's where we start."

After that, it's all interior work. An empty home, whether it is brand new or bank-owned, is made to look lived in. This means the main rooms of the home are furnished and decorated courtesy of Dressel's warehouse, which is stuffed with enough loot to stage six homes.

"When I go in to stage a home for sale, I'm not staging to please the homeowner or the Realtor," Dressel said. "My goal is to appeal to 90 percent of the people out there so anyone who walks in can see

themselves living there."

Christy Clark, had always decorated her previous homes and apartments. But after a round of layoffs doubled her workload, she found she had neither the desire nor the energy to decorate her home in Roseville. An area sales manager for General Electric, Clark said her home had become more of a train station even though she worked from her home office. She found herself using her house as a place to eat, sleep and pick up a change of clothes before heading back into her messy office.

"I wasn't happy and I generally didn't want to be at home," Clark said.

That's when she enlisted Dressel to perk

• CONTINUED ON PAGE 41

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PHOTOS COURTESY RYAN DRESSEL • STAGE RIGHT DESIGN

The use of furniture and rugs can help direct the flow of traffic between rooms. Rugs also act as anchors for a room and can soften the space without carpet while adding color.

• CONTINUED FROM PAGE 40

up the place. Clark's home got a complete overhaul with fresh paint, new floors, a few new pieces of furniture and new closets for the master bedroom and her office to keep her organized.

Home decorating, Dressel said, is something that doesn't come naturally to everybody. Dressel says the thing about home decorating and staging is to understand the client's tastes and what their ideas of those tastes are.

Finally, Dressel's ultimate goal when he stages a home for living is to help the client achieve a magazine-like, clutter-free perfection in less than 20 minutes. Whether it's to vacate for a Realtor and an open house or to welcome impromptu guests, Dressel is all about the ease of achieving perfection on demand.

"It was the best thing I've ever done," Clark said. "He completely transformed my house and breathed new life into it. Now I actually want to be at home, it's my haven. It feels like home."

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Local schools have the write stuff

BY EILEEN WILSON

SPECIAL TO GOLD COUNTRY NEWS SERVICE

While there are several great reasons to move to Roseville and Granite Bay – relaxed lifestyle, close proximity to surfing and skiing, and snow-free winter weather – the schools are one of the top reasons that make this area such a desirable place to live.

Eureka Union School District

Eureka Union School District, an eight-school district that educates 3,500 kindergarten through eighth-grade students, is well known for academic achievement and high test scores.

The district serves Granite Bay and some Roseville areas as well.

With a California Department of Education Academic Performance Index of 891 overall, the school district is the front runner in the Standardized Testing and Reporting Program in Placer County, and has consistently been the top scoring district in the Sacramento area. It's also one of the top scoring districts in Northern California.

School personnel attribute high test scores to several factors.

A critical part of Eureka Union's success is the Eureka Schools Foundation.

The foundation, which raises money with an Annual Giving Campaign, and various events throughout the year, funds the weekly music program in the lower grades, band instruction in grades 5 – 8, library technicians, athletic coaches, Spanish language instruction and more.

"ESF awarded a total of \$401,000 to sustain education programs for every student at every school within EUSD," said Julie Guerrero, the foundation's executive director.

Roseville City School District

Roseville City School District serves students in Roseville, and has a much larger student population, with 9,700 kindergarten through eighth-grade kids in 17 schools.

The district offers a gifted and talented program, and Blue Oaks Elementary, Thomas Jefferson Elementary, and Buljan Middle School, have earned the designation of California Distinguished Schools – honoring the state's most exemplary and distinguished public schools.



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Students in the local Roseville and Granite Bay school districts perform well on standardized testing each year. Each of the four districts offers a variety of extra-curricular activities as well as academics to provide for each student.

The Eureka Schools Foundation funds the weekly music program in the lower grades, band instruction in grades 5 – 8, library technicians, athletic coaches, Spanish language instruction and more.

"Buljan is an AVID school," said Pete Clark, assistant superintendent of Educational Services. "AVID stands for Advancement via Individual Determination and is an international program that targets underserved families, frequently, families whose members haven't attended a four-year college."

AVID is an in-school program that prepares kids for college, and the students who are in the program will often be the first in the family to continue their education.

Many of the district's sites offer before and after school care and enrichment programs.

A kid favorite is the theater arts program offered at many schools – a program in which 100 to 150 kids create full blown, Broadway-type theater productions.

In addition, students can learn to play golf, and even have a broadcast club where they put together weekly messages for their peers.

• **CONTINUED ON PAGE 44**

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Placer County

Situated amongst the mountainous greenery of Northern California, Placer County is a relaxing region with plenty of open spaces. Just one hundred miles from the hustle and bustle of San Francisco and just twenty miles west of the gambling capital of Reno, Placer County offers its residents fine living, with easy access to several day trips and weekend getaways. The region is at once quiet, yet invigorating. Its summers are full of clear blue skies and its winters are a snowy wonderland.

Within Placer County are nine separate towns and cities, each with its own unique feel and flavor. They include the County Seat of Auburn, the towns of Roseville, Lincoln, Rocklin, Loomis, Foresthill, Colfax, Kings Beach and the recreational capital of Tahoe City.



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Being physically active at school is just one aspect of students' well-being. In addition to sports, enrichment activities such as computer and design club, drama club and reading clubs offer something for everyone.

In Roseville City School District, a kid favorite is the theater arts program, in which 100 to 150 kids create full blown, Broadway-type theater productions.

• CONTINUED FROM PAGE 42

"There's a wide range of things happening – including athletics at the middle schools," Clark said.

The district's API score is 863, and of particular note, five of the district's schools have API scores of over 900.

"Catheryn Gates Elementary scored 930, and Junction Elementary scored over 900 in its first year of operation, which is, I think, unheard of," Clark said.

Dry Creek Joint Elementary School District

Another area district, Dry Creek, serves students in both Placer County (Roseville) and Sacramento County (Antelope).

The district, which began as a one-room schoolhouse, now serves more than 5,800 kindergarten through eighth-students, and is comprised of 10 schools.

Creekview Ranch Middle School is the newest addition, opening in August of 2008, and the final capacity of the district will be more than 8,000 children.

Schools in the district average an 862 API score, and many students stay on task academically, while participating in a number of extracurricular activities.

Enrichment activities like computer and design club, college and career exploration, drama club, gourmet club, reading club, and even a running and walking club

Dry Creek District began as a one-room schoolhouse, and now its 10 schools serve more than 5,800 kindergarten through eighth-students.

offer something fun and exciting for everyone.

Roseville Joint Union High School District

Roseville Joint Union High School District offers high school students an exemplary education as well.

With more than 9,000 students attending eight schools, which include one adult

• CONTINUED ON PAGE 46

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EUREKA UNION SCHOOL DISTRICT

Office: 5455 Eureka Road, Granite Bay
Phone: 791-4939
Web site: Eureka-usd.k12.ca.us
Serves: K-8
Schools: 8
Students: 3,507

ROSEVILLE CITY SCHOOL DISTRICT

Office: 1050 Main St., Roseville
Phone: 771-1600
Web site: Rcsdk8.org
Serves: K-8
Schools: 17
Students: 9,700

DRY CREEK JOINT ELEMENTARY SCHOOL DISTRICT

Office: 9707 Cook Riolo Road, Roseville
Phone: 770-8800
Web site: Drycreek.k12.ca.us
Serves:
Schools: 10
Students: 5,800

ROSEVILLE JOINT UNION HIGH SCHOOL DISTRICT

Office: 1750 Cirby Way, Roseville
Phone: 786-2051
Web site: Rjuhsd.k12.ca.us
Serves: 9-12 plus adult school
Schools: 9
Students: 9,000

• CONTINUED FROM PAGE 44

school, and two alternative schools, the district is able to meet a large variety of needs.

"I think the district is very broad – it has something for every student," said John Montgomery, assistant superintendent of curriculum services. "The community just has to look at all the schools. Our alternative schools are really excellent."

Montgomery explained the alternative schools specialize in credit recovery – a way for students to make up time they may have lost due to a family hardship or any number of scenarios, and to support the student who prefers a different learning environment.

"The alternative schools specialize in smaller class sizes as well. They offer a wide variety of interventions – maybe the student learns in a specific way. Maybe they're visual learners, or would like to learn online," Montgomery said.

For those students looking for academic challenge, two of Roseville Union's high schools, Granite Bay and Oakmont, offer an International Baccalaureate program.

"The IB curriculum is internationally known – it's a complete program," Montgomery said.

In addition, the district offers numerous advanced placement and honors courses, which colleges look at, and hold the district in high regard because of the district's rigorous academics,

according to Montgomery. "Colleges respect our district greatly – we have high test scores, some of the highest ACT, SAT and numbers of kids taking advanced placement courses and exams," Montgomery said. "We're proud of the opportunities we offer – we want to make sure that every student has an opportunity to go to college."

In addition to public schools, Roseville and Granite Bay have no shortage of private schools. Schools like St. Albans Country Day School, St. Rose School and St. John's School offer a small setting and strong academics.

Reverend Paul Hancock, headmaster for St. John's school, explained though they are an Episcopal school, students of different faiths are welcomed.

"We are an Episcopal school that welcomes religious diversity," he said. "We focus on a strong academic program with a goal of laying the foundation for preparation for four-year colleges and universities."

The school's mean score on national tests is at or above the 70th percentile, and they offer before and after school care, as well as enrichment classes like Spanish, computers, art, music and dance.

For a complete listing of public schools, visit placercoe.k12.ca.us.



Jennifer Platt, principal at Cavitt Junior High School in Granite Bay makes sure her students are well rounded in all aspects of school life.

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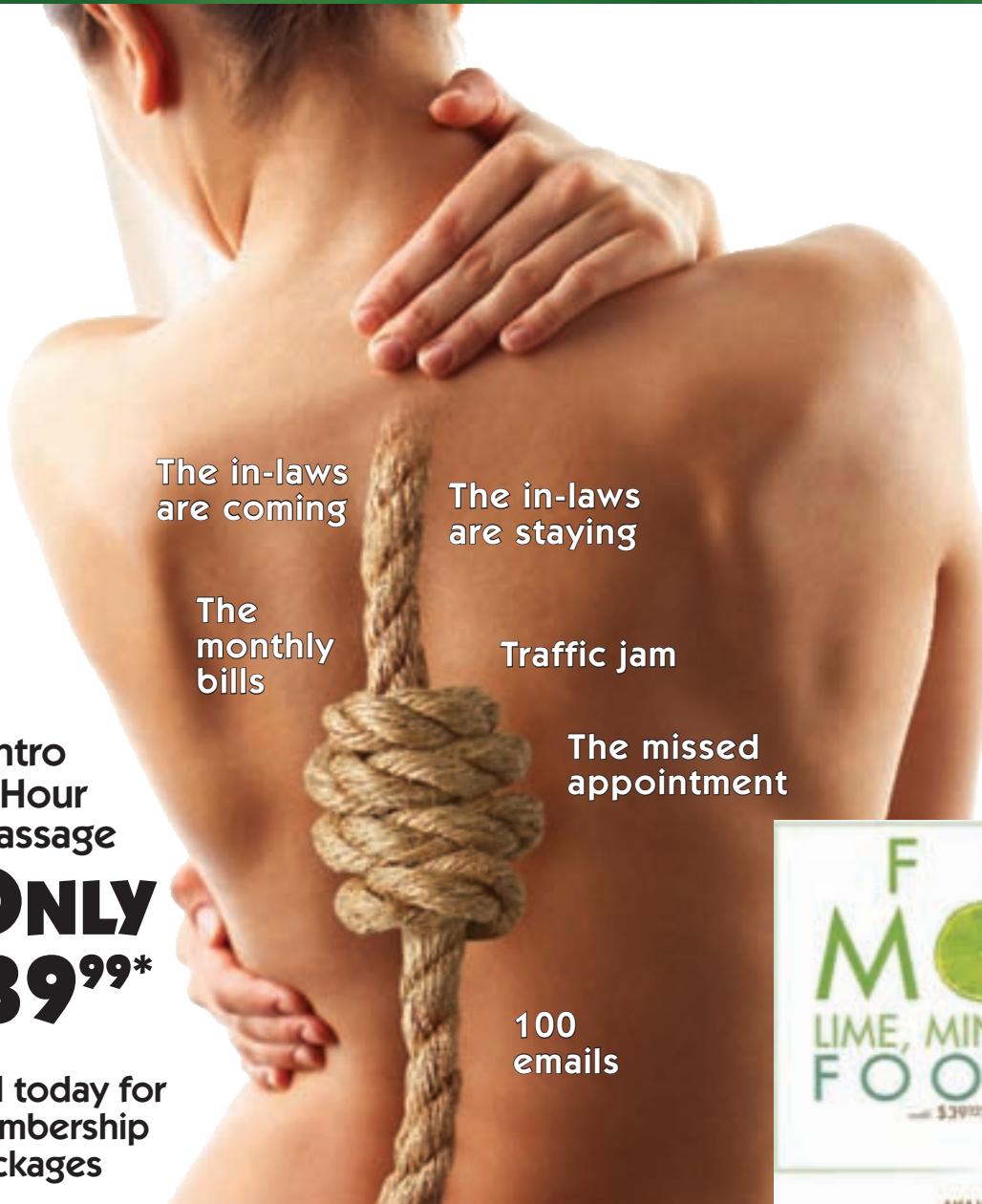
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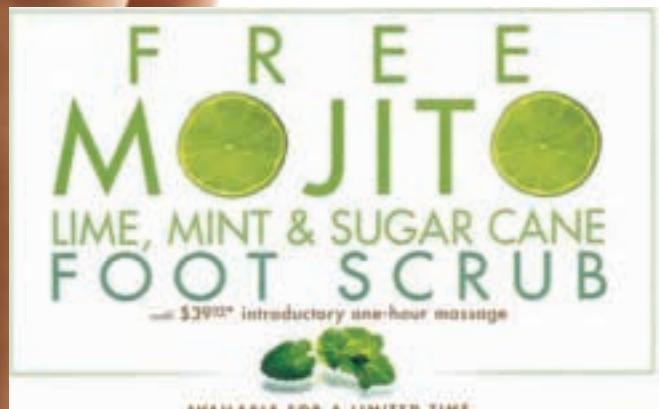


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