

City of Roseville makes a splash with new aquatic center

Roseville &
Granite Bay

Living

A Press-Tribune Publication

A LIFESTYLE MAGAZINE



CITY OF
ROSEVILLE
CALIFORNIA
See story on page 6

DINING:

Local restaurants tempt the taste buds without breaking the bank

EDUCATION:

High test scores and innovative programs offer students advantage

ECONOMY:

Area companies give back to community in big ways

HAVE FUN



LIVE GREENER



SAVE MONEY



The Roseville Utility Exploration Center has it all.

Workshops for adults and fun classes for kids. Or just drop by and check out our fun and interactive exhibits. See what everyone is talking about.

Open (Free Admission)

Tuesday through Thursday
10 a.m. to 7 p.m.
Friday and Saturday
10 a.m. to 5 p.m.
Closed Sunday and Monday

Mahany Park
1501 Pleasant Grove Blvd.
Roseville, CA 95747
916.746.1550

*Download
the workshop
catalog online or
call 746-1550 to
have one mailed
to your home.*



www.roseville.ca.us/explore



Greater Sacramento's **BEST GOLF VALUE**



Woodcreek Golf Club and **Diamond Oaks Golf Course** are more than typical municipal golf courses. Our competitive rates and excellent year round conditions make us the best value in golf in the greater Sacramento region.



WOODCREEK GOLF CLUB

- Lighted practice facility and driving range
- Challenging Robert Muir Graves design
- Mature oak trees and wetland habitat
- Banquet facilities
- Legends Sports Bar and Grill



DIAMOND OAKS GOLF COURSE

- First Ted Robinson course in California
- Player-friendly
- Family, junior and women's programs
- Indoor Performance Center
- Legends Sports Bar and Grill



1. Diamond Oaks Golf Course
349 Diamond Oaks Road
(916) 783-4947

2. Woodcreek Golf Club
5880 Woodcreek Oaks Boulevard
(916) 771-4662

To reserve a tee time, visit www.golfroseville.com



EDITOR Susan Belknap

ADVERTISING DIRECTOR Suzanne Stevenson

DESIGN AND PRODUCTION Paul Cambra

COVER PHOTOGRAPHY City of Roseville

CONTRIBUTORS Susan Belknap, Jon Brines,
City of Roseville, Eileen Wilson,
Megan Wood

ROSEVILLE/GRANITE BAY

Living

188 Cirby Way, Roseville, CA 95678
(916) 786-8746

ROSEVILLE/GRANITE BAY LIVING

is owned and published by the Roseville Press-
Tribune and Gold Country Media.

All rights reserved. Copyright 2009.

Reproduction in any form, whole or part with-
out prior consent is prohibited.



LOOKING ITS BEST

Some tips on making your home look its best and help it to sell fast.
Page 38

ON THE COVER: The city of Roseville's Central Park indoor pool is almost complete.
For more information about the pool see page 6.



NOT YOUR ORDINARY FITNESS

Want to stay fit? We offer one on one training, couples or group training with great fitness professionals. For the ultimate outdoor fun while getting into shape, join one of our "boot camps".

Come join a class in our ZEN DEN. We offer Nia Yoga, Yoga Fit, Yoga Flow, Pilates Reformer, Tai Chi and coming soon Zumba and Ballentone. New classes are added regularly. Experience the fun!



PERSONALIZED TRAINING UNDER THE SUN

**6085 DOUGLAS BLVD.
GRANITE BAY, CA 96746
916 626 4573**

DIVE RIGHT IN...

The city of Roseville is preparing for the opening of its Central Park indoor pool
Page 6

LOCAL CORPORATIONS GIVE BACK

Even in a down economy, some companies have found a way to contribute to the community
Page 8

REAL ESTATE MARKET GOT YOU DOWN?

How to survive a short sale
Page 16

AT HOME

Innovative ways to improve the efficiency of your home
Page 18

OUT ON THE TOWN

Local restaurants offer low cost specials to get your business
Page 26

FINDING A SENSE OF CALM

Practicing yoga brings tranquility to busy world
Page 29

GOING TO SCHOOL

Roseville and Granite Bay school districts have something for everyone
Page 42

WINDOWS and PATIO DOORS

BROTHERS

HOME IMPROVEMENT INC.

Up to \$1,500.00 energy tax credit on your product, plus 50% off your labor cost and FREE LoE 366 glass!

**Limited Time Only.
Offer not valid with other promos.**



**Ranked among the
TOP in the NATION**
By Qualified Remodelers

^{Up To}
\$1,500⁰⁰ Federal Energy Tax Credit
Our windows and doors meet or exceed the requirements!

**Get 30% or up to \$1,500.00
energy tax credit
on your product.**

**Energy Efficient, Noise Resistant, Windows & Doors
"Ultimate Performance Glass"**

with the Brothers Window Series

WE MAKE IT! WE INSTALL IT! WE GUARANTEE IT!

*ONE Company Standing Behind your labor AND Product Warranties
Lifetime Warranty Includes Accidental Glass Breakage*

- 20 Years Experience • AAMA Certified Installers
- Quality Craftsmanship • No Subcontractors

**6-12 Months Financing Available OAC
FREE In-Home Estimates • Senior Discounts**

**Experience A True Family Business.
One Company, So Many Rewards!**

Brothers windows and doors surpass the many strict energy efficient guidelines that are current to today's standards and come with a true lifetime warranty. They will reduce your energy costs, eliminate maintenance, minimize fading of your furniture, reduce outside noise and increase the value of your home.

www.BrothersHomeImp.com

(916) 791-9170

2510 Douglas Blvd., Roseville

Serving Placer County & The Greater Sacramento Area



SACRAMENTO • EAST BAY • SAN JOSE • PENINSULA • LOS ANGELES • SAN DIEGO • ORANGE COUNTY

Central Park Indoor Pool a welcome addition for residents

Scheduled to open in late October/early November, the Central Park Indoor Pool is a recreational asset that will serve Roseville for years to come.

Located at 10210 Fairway Drive behind Nugget Market, the facility is unique, because it is the first public-owned indoor pool in the region. It has two indoor pools and solar-thermal heating system providing year-round climate control.

The first pool is an eight lane, 25-yard pool with depths between 3.5 - 8.5 feet.

The second is an additional 1,500-square foot warm water pool with depths up to 4 feet. The combination of these will allow for a full range of recreational activities serving the needs of numerous residents.

With the addition of this new facility, the city of Roseville's Parks and Recreation

FAST FACTS

CENTRAL PARK INDOOR POOL ONE

Lanes: Eight

Length: 25 yards

Depth: 3.5 - 8.5 feet

CENTRAL PARK INDOOR POOL TWO

Size: 1,500 square feet

Depth: 4 feet

Notable features: Retractable roof, solar-thermal heater for year-round climate control

Department will be able to offer nationally-recognized swim lessons year-round. For a full list of hours and programs, go to roseville.ca.us/parks, then click on "Central Park Indoor Pool" on the right hand side.

In addition to swim lessons, you can also take part in water fitness programs,

land fitness classes, lap swim times and recreational swimming. Membership options are available for individuals as well as families.

Another exciting architectural feature of this pool center is a retractable roof to let in the sunshine and fresh air on bright days and close the roof to rain on cloudy days.

An added bonus to having a public indoor pool in the region – kids with winter birthdays can have swim birthday parties, meaning the facility will generate revenue, helping extend programs to residents of all income levels. The Parks and Recreation Department is currently booking birthday parties as well as other private events.

Construction is funded by developer fees, and operations will be self-funded by user charges.

Grand opening of new Maidu Museum and Historic Site

Located at 1960 Johnson Ranch Drive, the Maidu Interpretive Center captures the rich history of Native Americans in our area. With a grand opening scheduled from 10 a.m. – 3 p.m. April 25, the facility will be renamed as the Maidu Museum and Historic Site, which further reflects its commitment to showcasing the culture and contributions of the original peoples of the region.

The new design is inspired by a Native American roundhouse, with new exhibits that will emphasize native families and traditions. The opening is part of the Maidu Spring Cultural Celebration, which will include an opening blessing, dance groups, traditional art and craft demonstrations, guided tours, storytelling and children's activities. Info: 774-5934.

Other can't-miss events ...

"Think Green" book club

5-6 p.m., Friday, Nov. 13

Whole Foods Market, 1001 Galleria Blvd.

Join the city's newest book club, focused on living green!

From recycling to conservation to climate change and litter reduction, take this opportunity to explore your favorite books and movies on these topics. Sponsored by Whole Foods Market and the city of Roseville Environmental Utilities Depart-



PHOTO COURTESY CITY OF ROSEVILLE

Santa Claus will make an appearance at the annual holiday parade, Nov. 21.

ment. For more info, call 774-5221.

48th Annual Sylvia Besana Holiday Parade

10 a.m., Saturday, Nov. 21

Downtown Roseville

The 48th Annual Sylvia Besana Holiday Parade begins at the intersection of Riverside Avenue/Douglas Boulevard/Vernon Street in downtown Roseville, proceeding down Vernon, turning right on Folsom and ending at the back of Roseville Square.

Festivities will include floats and live music. There will also be a craft fair from 9 a.m. – 1 p.m., in the Civic Center parking lot at 311 Vernon St.

To learn more about entering a float and sponsorship opportunities, contact the Roseville Chamber of Commerce at 786-8136 or rosevillechamber.com.

Third Saturday Art Walk

6:30-9 p.m., Saturday, Nov. 21

Vernon Street/225 Taylor Street (downtown library)

Downtown Roseville hosts the Third Saturday Art Walk, showcasing the works of local artists. Join the ever-growing number of people attending this fun and fabulous event. For more information on artists, displays and activities, go to 3rdsatartwalk.com.

Christmas Tree Lighting Ceremony

5:30-8 p.m., Friday, Dec. 4

Vernon Street/Downtown Roseville

Mayor Gina Garbolino will flip the switch to light the city's official holiday tree at approximately 6:30 p.m. Santa will be making a special visit to our town to meet with kids inside the Civic Center Rotunda, and hear their wish lists.

The popular kids' fun zone will once again be back in action. Merchants in the area will have their stores decorated and be open late for holiday shopping, along with craft and food vendors.

Residents are reminded that the 200 and 300 blocks of Vernon Street will be closed, between Grant and Lincoln streets, from 2-10 p.m. for the event. Free parking is available at the Civic Center Parking garage. Remember to bring your cameras.



HOME THEATER

MULTI-ROOM AUDIO/VIDEO

LIGHTING CONTROL



TEMPERATURE CONTROL

SAFETY & SECURITY



HOME AUTOMATION



HOOD BRANCO

I · N · N · O · V · A · T · I · O · N · S

Since 2001

www.hb-innovations.com

2541 WARREN DRIVE, SUITE 300, ROCKLIN, CA 95677

PHONE: 916.630.1281 / FAX: 916.630.1729

NEVADA COUNTY SHOWCASE BY APPOINTMENT ONLY

11637 DEER PARK DRIVE, NEVADA CITY, CA 95959

PHONE: 530.265.1901 / FAX: 530.265.1909

TRUCKEE SHOWCASE BY APPOINTMENT ONLY

11209 BROCKWAY ROAD, SUITE 204, TRUCKEE, CA 96161

PHONE: 530.582.5550 / FAX: 530.582.5511





COURTESY

Kaiser Permanente recently expanded its Roseville health facility with the construction of a \$150 million regional Women and Children Center.

Top Roseville employers give back

BY JON BRINES

SPECIAL TO GOLD COUNTRY NEWS SERVICE

Despite Placer County's August unemployment rate of 11.5 percent, top Roseville employers have been finding ways to give back to the community. Earlier this year, top Roseville employer Kaiser Permanente expanded its Roseville campus with a \$150 million regional Women and Children Center. Two hundred nurses help run the state-of-the-art 174-bed labor and delivery facility.

"It made sense to build the center here," said Kaiser Roseville Dr. Robert Azevedo who is an OB/GYN. "There are a lot of young families in Roseville."

What sets Kaiser apart is the 48-bed Neonatal Intensive Care Unit and 10-bed Pediatric Intensive Care Unit, which is said to provide the highest level of care to critically ill babies and children. Before its opening, patients with special needs went to UC Davis or Kaiser Oakland. Now Azevedo said the center is experiencing a baby boom with 400 to 450 deliveries a month in Roseville. The rooms were designed for maximum comfort.

"We wanted family members to stay all night long and come and go comfortably," Azevedo said.

Labor and delivery rooms are private and feature a bathroom with shower, phone, flat-screen TV and a fold-out bed so a family member can stay overnight.

"The colors and decorations help peo-



COURTESY

The playroom at Kaiser in Roseville is an oasis where no IVs are drawn and tests are banned. Here, a patient takes part in a music interaction program.

ple feel more relaxed and heal faster." Azevedo said. "A lot of people don't expect it and are appreciative."

One of the top issues addressed by

"It's a wonderful feeling, to give them a respite, a brief time together is important."

Music teacher Nancy Nelle on Kaiser's playroom

Roseville's new center is children with brain tumors. Kaiser created a playroom as an oasis where no IVs are drawn and tests are banned so children know they can relax. Kaiser went one step further to lift the spirits of the children with a music interaction program where volunteers bring instruments and music to the children. Music teacher Nancy Nelle said there is nothing like bringing a smile to a child who's hurting.

"It's a wonderful feeling," Nelle said. "To give them a respite, a brief time together is important."

Nelle said even a song like "Old McDonald Had a Farm" can unite the family in a joyful moment.

"They add the animal sounds and the whole family gets involved," she said. "For that brief minute we were all just having a great time laughing together."

Those silly songs wouldn't be complete without puppets and instruments for the children.

"It helps the parents too," Nelle said.

• CONTINUED PAGE 10

Royal Luxury

CARE HOME

At Royal Luxury we have built our reputation by providing high quality healthcare in a comfortable and supportive atmosphere. By creating individual care plans for each of our residents, we are able to meet varying personal levels of assistance. When you are faced with the challenge of outside care - make the right choice - Royal Luxury Health Services.

👑 3 Delicious Meals Daily

👑 Recreation
Rooms/Lounges

👑 Salon Services

👑 Planned Activities

👑 Social Outings

👑 Educational Programs

👑 Daily Maid/Linen

👑 Beautiful Patios and
Courtyards

👑 Private and Semi-
Private Rooms

👑 Assisted Living
Program

👑 24-Hour
Starring/Security

👑 Chauffeured
Transportation

Tatyana Lashchuk
Administrator-licensee

Ph: (916) 342-5673

Fax: (916) 774-1436

8067 Olive Place
Granite Bay, CA 95746

Lic # 315002253



COURTESY

Hewlett-Packard employees participate in a variety of fundraisers including the Coolest 24-Hour Race Against Cancer held each year in May in Cool. Pictured are HP employee Paul Congdon and a fellow rider after the Cool race this past year.

TOP 10 ROSEVILLE EMPLOYERS

JUNE 2009

| | |
|---|--------|
| Kaiser Permanente | 4,300 |
| Hewlett-Packard | 3,200 |
| Union Pacific Railroad | 2,000 |
| Sutter Roseville Medical Center | 1,922 |
| City of Roseville | 1,100 |
| Roseville Elementary School District | 897 |
| Wal-Mart (2 stores) | 862 |
| Roseville Joint Union High School District | 803 |
| NEC Electronics | 800 |
| PRIDE | 800 |
| Total | 16,684 |

* numbers include full-time and part-time positions

• CONTINUED FROM PAGE 8

"Music is a healing thing, it improves your mood. I feel good after I leave."

Despite ongoing economic challenges Kaiser plans to expand the highly successful volunteer music program.

Hewlett-Packard

Cancer created an unexpected program at Roseville's number two employer Hewlett-Packard, which has been on Foothills Boulevard since 1979.

After HP ProCurve Networking guru Brice Clark lost a hard fought battle with lung cancer his fellow employees came together to raise money for research.

"Brice was our innovator and visionary," said friend and fellow HP coworker Mark Thompson. "He had a rare talent of translating technical knowledge to

the masses."

At his memorial service coworkers talked about what Brice loved and how they could give back to the community for him.

Their first step was to invest in vending machines on campus to collect money for cancer research everyday. The employees wanted to go a step further. Every year they hit a rugged and often muddy Sierra bike trail at the Coolest 24-hour Race Against Cancer.

"Brice loved riding and the outdoors," Thompson said.

There are actually three races for all ages: a kid's race, eight-hour race and a 24-Hour race on the Olmstead trail loop in Cool.

"We heard from mothers of kids who raced and then later died of cancer," Thompson said. "They talked about

• CONTINUED PAGE 12

Create Your Dream.

This is for you. Picking the right surgeon is the next big decision.

The doctors of The Plastic Surgery Center have been serving clients for over 39 years.

With over 100,000 surgery patients, our doctors have the experience that instills confidence.

OVER
100,000
PATIENTS



clockwise: Wayne I. Yamahata, M.D., Debra J. Johnson, M.D.,
Lynne A. Hackert, M.D., Scott D. Green, M.D., Donald R. Jasper, M.D.,
John M. Osborn, M.D.



39 YEARS OF SERVICE

the Skincare & Laser Center



(916) 569-0861

Sacramento - 95 Scripps Drive
(916) 929-1833

Roseville - 2235 Douglas Blvd., Suite 510
(916) 773-5559

sacplasticsurgery.com



COURTESY

Music teacher Nancy Nelle plays for a patient at Kaiser's Roseville facility. Nelle says music therapy brings a smile to those in treatment.

"I don't think I could work for a company that doesn't support something like this. It is a part of what makes HP's culture different. It shows how the employees gathered together to make something happen at a local level."

HP employee Mark Thompson, on the Dream Foundation

what they went through. That's when we decided to support the Dream Foundation."

The Dream Foundation is a national dream-granting foundation for people over 18 years old. The foundation's goal is to help families and those at the end of life's journey find peace and closure with the realization of a final wish. Most of those helped are from Northern California.

"I don't think I could work for a company that doesn't support something like this," said Thompson. "It is a part of what makes HP's culture different. It shows how the employees gathered together to make something happen at a local level."

Thompson encourages everyone in Roseville and Granite Bay to jump in and ride or support the Coolest 24 Hour Race Against Cancer when it comes back to Cool in May 2010.

What: Kaiser Permanente – Roseville Medical Center

Where: 1600 Eureka Road, Roseville, CA 95661

Phone: 784-4000

Web site: kp.org/roseville

What: Nancy Nelle, Music Moments with Nancy

Where: info@musicalmomentswithnancy.com

Phone: 973-9845

Web site: musicalmomentswithnancy.com

What: HP ProCurve Networking

Where: 8000 Foothills Blvd., Building R3L, Roseville, CA 95747

Phone: (800)975-7682

Web site: procurve.com

What: Coolest 24-Hour Race Against Cancer

Where: PO Box 3163, Auburn, CA 95604

Phone: (530) 889-9412

Web site: uburnbikeworks.com/cmbr.html

What: The Dream Foundation

Where: 11500 Olympic Blvd, Suite 400, Los Angeles, CA 90064

Phone: (310) 444-3070

Web site: dreamfoundation.org

Chamber: Live, play, work in Roseville

BY SUSAN BELKNAP

GOLD COUNTRY NEWS SERVICE

It's not always easy to stay positive and creative when business is down.

No one knows this better than Wendy Gerig, chief executive officer for the Roseville Chamber of Commerce, which includes Granite Bay.

Coming up with innovative programs and listening to all ideas is what's keeping the Chamber alive and well.

Gerig said Chamber membership has dropped from 1,800 in the fall of 2008, to about 1,500 today. In addition, attendance is down at many of its events.

"One of the most troubling part of these statistics is the number of businesses that have left the Chamber because they are either out of business or are having difficulty staying in business," she said. "But even with the state of it all, we haven't stopped doing what we think is important for our businesses and our members."

But the news is not all bad. Gerig said one of the Chamber's annual fundraisers,



"The stronger the business community is, the stronger the city will be."

Wendy Gerig, CEO, Roseville Chamber of Commerce

SPLASH, which was held at the Roseville Aquatic Center in September is usually sold out with 1,200 tickets purchased. This year 943 tickets were sold. The Chamber will net \$50,000 with that amount split between the Chamber and the city of Roseville's Project Play, universal assessable playgrounds.

"Even though attendance was down, the people who attended had a good time," Gerig said. "They realized it had value."

"Celebrate Roseville Chamber," a one-month celebration, is one way Gerig said the Chamber is trying this year to promote a variety of activities and events in the Roseville and Granite Bay communities.

The month includes a special Chamber membership drive where members who join the Chamber during the month of October receive one month's dues free.

The entire month of October has been divided into three categories: Live, Play and Work. Each category offers a variety of events and activities such as a fashion show, a 5K run, community expo and restaurant promotions.

"One of our strong components as a chamber is our ability to partner with the city of Roseville," Gerig said. "The city knows that the stronger the business community is, the stronger the city will be."

Gerig said promoting education is another way the Chamber attracts members.

"Many people move here because of our schools," Gerig said.

Programs such as Principal for the Day and the annual teacher recognition luncheon help to get the word out about the connection between education and the community.

Info: rosevillechamber.com.



Thank you Granite Bay and Roseville

SOLD

THE FUTURE OF REAL ESTATE...**TODAY!**

2009 BEST OF THE BEST

SMARTCLICK REALTY

SmartClick Realty
781 Pleasant Grove Blvd #190
Roseville CA 95678
www.SmartClickRealty.com
916-772-6255

GRANITE BAY
6837 Douglas Blvd.
916.791.8180

WEST ROSEVILLE
5015 Foothills Blvd
916.773.6311

LINCOLN
395 S. Highway 65
916.408.0365

JOHNSON RANCH
9260 Sierra College Blvd.
916.780.4242

ROCKLIN
4787 Granite Drive
916.624.0697

ROCKLIN STANFORD
2351 Sunset Blvd.
916.624.7675

FOLSOM
2784 E. Bidwell
916.984.6330

EL DORADO HILLS
3919 Park Drive
916.939.0379

GOLD RIVER
2121 Golden Centre Lane
916.631.4311

Brockway Hair Design



Let us help you fall in love with your hair again.

Brockway Hair Designs are full service salons specializing in all aspects of hair design, color, and cuts. They work exclusively with Redken and with over 150 colors on their Pallet. They can get the perfect color match for you whether you want multiple colors, hi-lights, or just one color. Brockway has received recognition locally from Granite Bay View, Rocklin View, and the

Placer Herald as well as nationally from Salon Today Magazine.

Brockway Hair Design's not only have a strong reputation among its clients, but is one of the most sought after hair salons to work for among salon industry professionals. They strive to create salon environments that not only create personal growth, but career growth as well.

Brockway has the best advanced education program available in this area for their hairstylists. Recognized as one of Redken's top salons in California they receive education from some of the industry's leading salon artists as well as receiving Color and Cutting Specialist



Certification and the opportunity to attend the Redken Exchange in New York to become Color Master Certified. Brockway hairstylists learn from the best so they can bring the best in hair cutting and coloring techniques to their clients.

Krystal, the salon manager of the Brockway Hair Design in West Roseville has been with the company for over ten years. Since starting with the company, Krystal has attended the Redken Exchange in New York three times for advanced learning. She has a strong dedication to her clients, staff, and the continuation of excelling in the salon industry. Krystal when asked what she likes best about working for Brockway, "the relationships I have not only with my clients, but with my coworkers; I have personal relationships with the employees and founders of Brockway, relationships that will last a lifetime. And the advanced education that Brockway provides exceeds industry standards, which allows me to continually grow and excel in an ever changing industry."

When you come into a Brockway Hair Design you will know why they are one of the top salons in the area. Brockway has a wide assortment of the best in professional hair care products and a knowledgeable staff that will make you fall in love with your hair all over again. Call and schedule your appointment today.



Spotlight on Local Chefs



Crush 29's captivating setting was designed for both mingling and dining. Executive Chef **Jesse Garza** is at the helm and turns out delicious specialties using the best local seasonal ingredients. Notable American cuisine accents are mixed with contemporary California cuisine and a touch of Napa Valley essence. One of his signature creations is the popular rotisserie chicken tortilla soup. Harvest Hour daily 2-6pm. Music on the patio. Lunch, dinner, Sunday brunch, banquets up to 60.



1480 Eureka Road
Roseville • 916-773-2929
www.crush29.com



Chef partner **Mitch Davis'** specialties include great cioppino, gnocchi, and signature pastas. The superbly grilled 22 oz. porterhouse steak is a stellar dish along with the excellent veal sautéed with sliced artichokes and lemon. Il Fornaio is the perfect place to enjoy happy hour each Mon-Fri starting at 4:30pm with drink specials and complimentary appetizers. Great banquet facilities for 15-200 guests in the beautiful terrace and the enclosed patio.



1179 Galleria Blvd.
Roseville • 916-788-1200
ilfornaio.com/roseville



With classic décor and a menu that is driven by a large selection of fabulous housemade pastas, crispy salads and grill specialties, Piatti personalizes your dining experience. Executive Chef **David Feldman** and his staff work in the exposition style kitchen creating tasty specialties that Piatti is known for. Try a pizza from our wood fired oven, savor great appetizers during happy hour Mon- Fri. 3:30 - 6:30 or bring your entire group for your next celebration!



3003 Douglas Blvd.
Roseville • 916-786-5678
www.piatti.com



Executive Chef **Brian Hawkins** works his magic in the kitchen at Suede Blue. His evolving menu features beautifully presented specialties that are intended for both meat and seafood lovers and are prepared with top – notch ingredients that include the Creek Stone Farms beef, Berkshire filet mignon of pork, free range chickens, and the freshest seafood available. The handsome bar and the front patio are great places to unwind and enjoy happy hour. Suede Blue is also available for private parties.



1400 Eureka Road
Roseville • 916-782-5525
Suede-blue.com



There is something special going on at Toast. Under the direction of the new Executive Chef **Scott Snyder**, the vibrant fare has a local touch and unstoppable flavor in addition to top quality. As a true culinary champion with years of experience in key positions at notable restaurants here on the west coast as well as New York, Scott turns out mouthwatering specialties for breakfast, lunch and dinner. Toast is the place for a quick bite or a long celebration.



5540 Douglas Blvd # 110
Granite Bay • (916) 772-3900
quarryponds.com

There is life after a short sale

How to get back into homeownership after a hardship

BY JON BRINES

SPECIAL TO GOLD COUNTRY NEWS SERVICE

Two years ago the term short sale was exotic real estate lingo no one understood. Today short sales account for more than half of all the real estate listings in Roseville and Granite Bay, according to the Placer County Association of Realtors.

The median home price in Placer County has been holding steady at \$277,000 and hasn't been that low since May of 2002, according to PCAR. Anyone who bought or refinanced when the high was \$517,000 in Aug of 2005 would be upside down today. With exotic financing, many homeowners threw in the towel and foreclosed. Life after foreclosure meant a 300 point drop in their FICO score and a ban from mortgage approval for three years.

For Roseville resident Nicole White and her husband, short sale gave them something foreclosure couldn't—a life lesson and a difficult personal journey she respects today.

"At the time, it was either buy groceries or pay the mortgage," White said. "We definitely learned."

In a short sale, the homeowner or debtor sells the mortgaged property for less than the outstanding balance of the loan, and turns over the proceeds of the sale to the lender. The key is the lender would have the right to approve or disapprove of a proposed sale. The short sale process is tricky and takes months of follow-up and waiting before a bank decides if the short sale is right or foreclosure is the only option.

White and her young family, like thousands of homeowners in Placer County, learned the hard way how to survive a short sale. After a year of struggling with her adjustable rate mortgage, self employed in a bad economy, they considered foreclosure.

"I felt like I was being a bad person by letting them foreclose on my house," White said. "I had a little voice in my head that said there must be a better way. That's when we found out about short sales."

The Whites turned to RE/MAX Gold Associate Broker Ed Kittle to be their short sale guru.

"The lender tells homeowners they can't do a loan modification until they miss a payment," Kittle said. "Then they don't hear from the lender again until they get



PHILIP WOOD • GOLD COUNTRY NEWS SERVICE

Real Estate agent Ed Kittle, left, goes over a short-sale with client Nicole White, with her son, Richard, 3, in his Roseville office.

What: Ed Kittle, RE/MAX Gold
Where: 983 Reserve Drive, Roseville, CA 95678
Phone: 770-6718
Web site: edkittle.com

What: Placer County Association of Realtors
Where: 4750 Grove St., Rocklin, CA 95677
Phone: 624-8271
Web site: pcaor.com

What: Golden 1 Credit Union
Where: 741 Pleasant Grove Blvd., Suite 100, Roseville, CA 95678
Phone: 732-2900
Web site: golden1.com

the foreclosure notice in the mail. That's when they call me."

Kittle is now a certified distressed property expert from the National Association of Realtors, something that wasn't offered until recently.

White said some people in her shoes would have been threatened by the mortgage company and hired a lawyer, but she said, that's a money pit.

"Don't contact your mortgage company, don't hire a lawyer—hire a Realtor," White said. "And make sure they are experienced in short sales."

After eight months of waiting for the

"I felt like I was being a bad person by letting them foreclose on my house. I had a little voice in my head that said there must be a better way. That's when we found out about short sales."

Nicole White

bank to approve the short sale, White and Kittle got their approval. It happened just days before the threatened foreclosure auction.

"That whole situation is traumatizing," White said. "I feel damaged from it—like a break-up."

Now like so many Roseville and Granite Bay residents White had to figure out what was the next step after short sale. Was her credit ruined? Would she be renting for the rest of her life?

White said she paid everything except

• SEE SHORT SALE PAGE 36



Krista Johnson/Broker
President 2009
American River R.E.
(916) 300-2947
krista@kristajohnsonrealtor.com



Susan Teixeira
President Elect 09/
Realtor
Avalar Real Estate
(530) 887-1131
www.RegionalHomeFinders.com



Zack Finley
WCR Local Affiliate
Twin Termite Pest
Control & Construction
(916) 344-8946
www.twintermite.com



Shelly Herrod
Realtor/Residential Sales
Specialist
Sellstate Realty First
916-716-7848
DRE License 01327959
www.shellsellsre.com



Yve Balasa
Avalar Homes and Investment Properties
VP Membership Placer Chapter
(916) 316-5774 Cell
ybalasa@surewest.net



Stephanie Gargan
Realtor
530-368-1886
stephaniegargan@windermere.com



Valesca Bogard
Welcome Home® Staging
530-263-3696
www.welcomehomesac.com



Natalie Whistler
Realtor
Prudential CA Realty
(916) 435-0987
www.PlacerCountyMoves.com
Dre #01192584



Barbara Clark
Realtor, SRES, ASP
Keller Williams Realty
916-704-2239
barbaraclarkhomes.com



Debbrah Campbell
Gold Country Media
916-774-7951
debbrahc@goldcountrymedia.com



At Your Service!

Mission of the Women's Council of REALTORS®

We are a network of
successful REALTORS®
empowering women to
exercise their potential
as entrepreneurs and
industry leaders.

Our Vision
Through Our Influence
as successful business
professionals, women
will effect positive change
in the profession and
in the broader
community.

Giving Back to Our Community!

WCR Supports:
C.A.R.E.
Peace for Families
National Ovarian Cancer Coalition

Women's Council of Realtors

290 Chapters and 19,000
members strong
Placer County Chapter
Your Local Industry Leaders





PHOTO COURTESY HOOD BRONCO INNOVATIONS

Installing computerized automation systems to control lighting and electricity can save homeowners money on energy bills.

Spending on your home can save in the long run

ARTICLE COURTESY OF ARA CONTENT

With the holiday season just around the corner, many people are gearing up to make some repairs and updates to their homes.

From new roofs and siding to adding state-of-art kitchen and other household appliances, people have more options than ever when it comes to making purchases that can help them save money and the environment.

The ENERGY STAR program, a joint effort from the U.S. Environmental Protection Agency and the U.S. Department of Energy, is designed to help people save money on their utility bills while reducing greenhouse gasses. In 2008, more than \$19 billion was saved on utility bills through the program. According to the New York State Energy Research and Development Authority, investing \$3,000 to \$8,000 in your home — not including rebates — can

According to the EPA, a \$1 investment in your home can add about \$20 in value. In other words, for every \$1,000 invested in energy efficiency, you gain about \$20,000 in value.

result in savings of 10 to 30 percent annually on utility bills.

For people who are looking to sell their homes or simply a good investment, energy-efficient options can make your home more valuable. According to the EPA, a \$1 investment in your home can add about \$20 in value. In other words, for every \$1,000 invested in energy efficiency, you

gain about \$20,000 in value.

Brian Hood of Hood Bronco Invocations located in Rockin, says one way to reduce energy costs is to install computerized, automated systems into the home. Hood says many people don't realize that home automation systems are designed to reduce your home's electricity bills significantly. By installing Hood Bronco's Control4 system Hood says an average three-bedroom home could eliminate 850 pounds of CO emissions each year. Hood says there's no need for homeowners to buy new lights or special light bulbs.

"Our system works with what you already have, but makes it more efficient through controlling the amount of energy going into the light bulb," Hood said. Control4's system allow for simple, integrated and secure control of systems throughout your home, including video, audio, lighting, temperature, garage-door openers, sprinklers, and security systems—even



PHOTO COURTESY HOOD BRONCO INNOVATIONS

Energy efficient options to control temperature, sprinklers and security systems can all be controlled via remote control, touch screen or personal computer.

automated blinds.

Indoor and outdoor devices throughout your property can be integrated into a unified system, which can be easily operated via a remote control, touch screen, keypad or personal computer.

Hood says homeowners can start small by adding control to an existing home-entertainment system, then expand your system's capabilities as you go.

In addition to convenience, increased safety is a major benefit of home control systems. When a smoke detector is triggered, for example, the system can automatically turn off your HVAC system to prevent smoke from circulating, turn on interior lights to aid evacuation, and blink your property's exterior lights to assist emergency personnel in locating your home.

• CONTINUED ON PAGE 20



Voted "BEST OF THE BEST" REALTOR IN Granite Bay/ Roseville 2009!





SOLD in JUST 3 DAYS



SOLD in JUST 17 DAYS

(916) 365-MOTS (6687)
www.CallMots.com and www.TakeItForGraniteBay.com



SOLD in JUST 2 DAYS



SOLD in JUST 19 DAYS

DeanneMots@gmail.com

“The attic has some of the most extreme weather on the planet. It’s extremely hot in the summer and bitterly cold in the winter. Therefore, air sealing and insulating this extremely harsh environment from the house is crucial.”

Colby Swanson, building and construction expert for BASF, a manufacturer of energy-efficient products for the home



PHOTO COURTESY HOOD BRONCO INNOVATIONS

• CONTINUED FROM PAGE 19

Control4’s modular solutions can be utilized for both new construction and remodeling. The company’s wireless products eliminate the need to open up existing walls in order to run wiring, which makes it easy and affordable to retrofit older homes.

Colby Swanson, a building and construction expert for BASF, a manufacturer of energy-efficient products for the home, offers these additional recommendations on how you can save yourself money by making improvements on your house.

Seal the Deal

Start with improving the envelope of the building (specifically attic air sealing and insulating) before buying things like a high-efficiency furnace, air conditioner or solar-power cells. The money you may save would be wasted if the building can’t contain the expensive conditioned air. Swanson says that air leakage from the house through the ceiling is one of the largest contributors for heating and cooling loss with improperly installed attic insulation close behind. Focusing on attic air sealing and properly installed insulation is generally the most cost effective energy and comfort related improvement in an existing home. The U.S. Department of Energy reports that up to 40 percent of the energy cost of heating and cooling a structure is wasted by uncontrolled air leakage.

Attractive rebates and incentives provided by local utility and state programs are available for homeowners to install energy efficient home improvements.

“The attic has some of the most extreme weather on the planet,” Swanson says. “It’s extremely hot in the summer and bitterly cold in the winter. Therefore, air sealing and insulating this extremely harsh environment from the house is crucial.”

“Professionally installed foam in the attic will far outperform the conventional products both in air sealing and insulating capability resulting in much more comfortable homes and substantially lower heating and cooling bills,” says Swanson. “Studies indicate that a thorough job of leak sealing can cut your home’s total air leakage by 33 to 46 percent — reducing your heating and cooling bills up to 20 percent. To help further the energy efficiencies of a home and help homeowners remain environmentally conscious, don’t dispose of the attic insulation being replaced, recycle it by placing it on top of the newly placed foam.”

Spray-on Radiant

Another simple and less costly way for homeowners to make their homes more energy-efficient: apply a radiant barrier coating that is sprayed on the underside of the roof in the attic, which will lower heating and cooling bills and increase comfort.

Financial help is available. What many homeowners may not know is that they have the opportunity to leverage many rebates provided by local utility and state programs on top of the federal tax incentives to help finance home energy-efficiency investments.

In the summer, it reflects some of the heat that radiates through the roof deck back outside and, to a lesser degree, in the winter reflects heat back into the house.

One option is Radiance, made by BASF, a water-based product that can be sprayed on to the underside of the roof or applied with a paint roller.

New Appliances

After the ceiling is air tight and insulated correctly, consider appliances. Next time you need to replace your home’s water heater, consider this: after the furnace and air conditioner it is the biggest user of energy in a house.

As of 2009, you can now purchase a water heater certified as an ENERGY STAR appliance.

Show Me the Money

Financial help is available. What many homeowners may not know is that they have the opportunity to leverage many rebates provided by local utility and state programs on top of the federal tax incentives to help finance home energy-efficiency investments.

These attractive rebates and incentives vary widely (approximately 5 percent to 50 percent savings) to help offset a homeowner’s investment to air seal, insulate or purchase high efficiency appliances. The federal government offers a 30 percent rebate of up to \$5,000 on energy investment.

~ Susan Belknap contributed to this report

Private Bankers at First Northern Bank offer you

more

More convenience. More opportunity. More value.

At First Northern Bank we promote personal customer relationships rather than simply conducting banking transactions. Your Private Banker serves as your single point of contact and is solely responsible for your complete satisfaction. After gaining an understanding of your needs, your Private Banker consults with our team of experts to explore ideas that will best help you achieve your long-term goals. Our customers benefit from the depth of these resources and from the breadth of our capabilities:



Ann Diamondstone
Vice President/Private Banker
2008 Athena Award Recipient

- Banking Services
- Investment & Brokerage Services*
- Asset Management (*non-FDIC insured*)
- Business & Retail Lending Solutions
- Industry Expertise
- Estate & Financial Planning*
- Real Estate Mortgages
- Financial Tools

If you're ready for a better banking experience, give me a call today. You'll discover another reason why more and more people everyday are saying, "First Northern, that's my bank!"



FIRST NORTHERN BANK

Stability. Strength. Security.
Since 1910.

ROSEVILLE FINANCIAL CENTER

2150 Douglas Boulevard, Suite 260 • (916) 787-8511

www.thatsmybank.com

Member FDIC



* Securities are offered exclusively through Raymond James Financial Services, Inc., Member FINRA/SIPC, an Independent Registered Broker/Dealer, and are not insured by FDIC or any other bank insurance, are not deposits or obligations of the Bank, are not guaranteed by the Bank, and are subject to risk, including the possible loss of principal. First Northern Bank and Raymond James are independent entities.

HOME RENOVATION

There's Help Available for Your Renovation Projects!




KENNEDY & WAGNER
MOBILE LOCKSMITH
Homes/Business/Commercial
916-786-8778
Lic.#528131



Berco Builders Inc.
Deck & Patio Cover Specialist
Experts in
Trex, Redwood & IPE
Lic. 831418
916.924.8409

THE FLUE DOCTOR



Chimney
Cleaning
Installation
& Repair
Dryer Vent
& Gutter
Cleaning
Lic. & Ins.
530-277-9836
thefluedoctor@yahoo.com

Landscape Services
Derived from 20 Years Experience




KURT VOIGT
Landscape Designer/Consultant
(916) 295-8423
Custom Designs:
Drought Tolerant, Sustainable,
Renovation & Theme Focused
Consultations:
Troubleshoot, Pests, Irrigation
CSCL#935427/CCN#3118

**MIKE'S HAULING
AND GRADING**

FIRE DESTRUCTION CLEAN UP:
Residential, Commercial & Yard.
Construction, Garage, Lot Cleaning,
Estate Clean Ups 7 Days a Week.

**FREE ESTIMATES
SENIOR DISCOUNT**

530 906-6410

~PAINTING~
Trujillo Painting

Complete Painting Services
Residential and Commercial

New Construction/Repair
Interior/Exterior • Custom Work
Power Washing • Deck Refinishing
Cabinet Refinishing and Painting
Color Consultation • Quality Workmanship
Interiors & Cabinets A Specialty

Serving the foothills for over 20 Years
Ask For Martin Trujillo
Office (530) 888-9825
Lic.#616959



KC Construction Company
P.O. Box 363
Lincoln, CA 95648
License #886041

Licensed/Bonded/Insured
All Phases of Construction



Visit us at the Web
www.kcconstructioncompany.com
Kenneth J. Cook, Owner
916-247-8688 Fax: 916-543-6592
Email: kc.construction@sbcglobal.net



H&L Plumbing Inc.
916-783-5022
Lic.#928801

- New Construction
- Remodel
- 24 Hr. Service
- Repair
- Insurance Work
- Video Sewer Inspection
- Electronic Leak Locations
- Trenchless Sewer Replacement

2100 March Rd., Ste. D • Roseville, CA 95747

**PREMIER CONCRETE
INCORPORATED**

*Custom designs
for all your concrete needs*

- Driveways, Walkways, Patios, Pool Decks
- Face Rock, Sound Barrier & Retaining Walls
- Steps, Pillars, Stamped & All Finishes

Free estimates call **916-541-2297**
www.premierconcrete.org

HOME RENOVATION

There's Help Available for Your Renovation Projects!



DS QUALITY LANDSCAPING

- CLEAN UPS
- LAWN MAINTENANCE
- WEED ABATEMENT
- IRRIGATION
- AERATION • SOD

FREE ESTIMATE

916 410-4001

King Construction

Remodels • Additions • Garages
Decks & Repairs • Carpentry • Siding
Windows • Dryrot Repair
Ins/bonded

Lic #725886

530 913-1378



ATTICS • FLOORS
WALLS
BATTS & BLOW
Insulation Experts

FREE ESTIMATES

Do It Yourself Material Sales

License # 745646

www.engelinsulation.org

460 Roseville Rd.
(916) 786-2088 • (916) 786-2064

RUSSELL PLUMBING

Service and Repair Specialist

FREE ESTIMATE



Serving Placer County
21 Years Experience
Lic • Bonded • Insured
C36706338

916-786-4847
cell: **916-223-4838**

WANTED UGLY WOOD

Family Owned 18 Years in the Foothills!

- Clean & Refinish all Types of Decking
- Clean & Refinish all Natural Wood House Siding
- Log Home Refinishing
- Repair & Build Decks
- Composite Specialist

Wood Revivers

530-888-3666 • 916-663-3177

LIC#394155

~HOME DESIGN~



- Custom Home Design
- Additions & Remodels
- Stock Plans
- Title 24

Whether it is a new home or addition/remodel, we make your ideas happen!

530-400-6008 • 530-346-7223
sierrapacifichomedesigns.com

~ELECTRICAL~



**BEAR RIVER
ELECTRIC**

SCL#934052

RESIDENTIAL & COMMERCIAL ELECTRICAL CONTRACTING

- CUSTOMS • REMODELING
- TROUBLESHOOTING • REPAIRS • PADDLEFANS
- SPA WIRING • PANEL CHANGES
- ELECTRICAL MAKEOVERS

Mention this ad
and get 10% OFF!

**FIRE
PREVENTION**

530-268-8885 or 530-308-3705
www.bearriverelectric.org



FREE ESTIMATES & COMPETITIVE RATES

jobs of any size hang - tape
variety of textures & texture matching
professional patches & repairs
& wall paper removal

916 289-3181 or 300-3745
call/cell 934098

YOUR SATISFACTION IS OUR REFERRAL
amazingdrywallservices@yahoo.com



Always On Time...Or You Don't Pay A Dime!®

*Specializing in
Sales, Service &
Installation*

916.920.5320

Lic#588096



From Conception

- Design
- Pizza Ovens
- Landscaping
- Pools
- Outdoor Rooms
- Water Features and Concrete
- Engineering
- Fireplaces
- BBQ's
- Kitchens



BACK
**YARD**
Dream.com

Meet with one of our designers to create your

888-500-1084

www.backyarddream.com



ADDITIONAL
LOCATIONS
OPENING IN FOLSOM
& ROCKLIN TO
BETTER SERVE
YOU

Design to Completion



own paradise

*Bringing family & friends
together since 2002.*

**9341 Greenback Lane
Orangevale, CA 95662**

Lic#866730



Jerry and Tracy Ponzo

"The entire process of creating our own Back Yard Dream from design to completion was a pleasure. Everyone we worked with in the Back Yard Dream organization was creative, professional and above all...honest. The project stayed on schedule and on budget, we could not have asked for more! A true Back Yard Dream creation that we will enjoy with our friends and family for many years to come!"

~Ron Miller and Brenda Crum

Here's to Roseville's restaurant scene

BY MEGAN WOOD

GOLD COUNTRY NEWS SERVICE

C'mon get happy. Just because the economy's in a slump doesn't mean you have to be.

Get out of your funk at one of your favorite local restaurants, or try someplace new. It's OK considering some of the fabulous drink, appetizer and dinner specials that many local hotspots are serving up. While some are strictly offered during a "happy hour" window of opportunity, others, like dinner specials, are available anytime. So grab your special someone, friends or make some new ones for a night on the town.

Here's a partial list of eateries in the Roseville and Granite Bay that offer some specialties that won't break the bank.

BJ's

1200 Roseville Parkway, Roseville
580-2100
Bjsbrewhouserestaurants.com

They may make their own beer, but they're famous for their Pizookies.

Happy hour at BJ's means \$1 off all draft beer and cocktails and \$2 off all appetizers. Hungrier for more than just an appetizer? Try one of their mini pizzas at half-off during happy hour. On game day, head to BJ's for Sunday NFL Ticket and any other sports package you can imagine on their big screen TVs scattered throughout the restaurant.

For a tasty but affordable dinner, BJ's has a dinner for two that includes two soups or salads, any medium pizza and a Pizookie for less than \$20. We won't judge you if you ask for dessert first.

Happy hour: Monday-Friday 3-7 p.m.

Late night happy hour: Sunday-Thursday 10 p.m.-close



PHILIP WOOD • GOLD COUNTRY NEWS SERVICE

Crush 29 bartender Mandy Martinez proudly presents the Cherry Lime Drop martini, a refreshing blend of lime and cherry juice shaken with cherry flavored vodka. Move over Cosmo, there's a new drink in town.

• MORE RESTAURANTS PAGE 30

You don't have to look your age!

Introducing
Japan's luxurious indulgence for
beautiful ageless skin

NOEVIR
where beauty is reborn

New Product Launch
Brilliant De Peau!
Rejuvenate, firm and brighten your
skin in just 30 days!

Call me today!
Heidi Helm 530-320-5271
www.mynoevirez.com/happyskin

KIRK DOYLE
REALTOR

KRISS HOLTZ

209 Harding Boulevard
Roseville, CA 95678

916-781-2300

Fax: 916-781-2383
Cell: 916-251-9035
kdre@surewest.net

Anna's Books

1150 Sunset Blvd. Ste. 155
Rocklin, Ca 95765
(Corner of Sunset & Lonetree
Blvds.)

916-435-1335

"A room without books is
like a body without a soul."
Cicero

www.annasbooks.biz

**Pushing Daisies
for over
30 years!**



We deliver to:
Rocklin, Roseville, Lincoln,
Granite Bay, Penryn, Loomis and
most of So. Placer County

Rocklin Florist

624-1651

5885 Pacific St • Rocklin
OPEN Mon-Fri • 9am-6pm

www.rocklinflorist.com

**FACING
FORECLOSURE?**

Been through the mill trying to do a loan modification???
If you owe more on your home than it is worth, do a short sale.
In almost all cases there is no cost to do a short sale, you can stay in
your home longer and it is much better for your credit than a
foreclosure.

Beware of so called "foreclosure specialists" or
"perfect track record" claims. Before you hire anyone
to do a short sale for you, talk to me. I'll show you the approval letters
and a long list of satisfied clients who have successfully closed their
transactions. And most of all, I'll tell you the truth about all of your
options in this difficult time.

For more information, call
me today to set up a
confidential appointment to
talk, or visit my web site at
www.EdKittle.com
20 years experience
helping people like you.



Enjoy A Show Each Month . . . That's All We Ask!

2009/2010
Season

BIG RIVER
THE ADVENTURES OF MICHAELBERRY FISH
Roseville Theatre
Sept. 11 - Oct. 10, 2009

*I'm
Not
Rappaport*
Tower Theatre
Sept. 25 - Oct. 17, 2009

MID-LIFE!
The Crisis Musical
Tower Theatre
Nov. 20 - Dec. 19, 2009

**ANYTHING
GOES**
Roseville Theatre
Jan. 8 - Feb. 13, 2010

Plaza Suite
Tower Theatre
Jan. 22 - Feb. 20, 2010

**Cat on a Hot
Tin Roof**
Roseville Theatre
March 12 - April 10, 2010

**SMOKEY JOE'S
CAFE**
Tower Theatre
March 26 - April 24, 2010

Swing!
Tower Theatre
May 14 - June 12, 2010

**The Pirates
of Penzance**
Roseville Theatre
July 9 - Aug. 7, 2010

**Steel
Magnolias**
Tower Theatre
July 23 - Aug. 14, 2010

Get in on the good seats now while they're still available!
Order tickets online at www.mcircle.org or by phone at (916) 782-1777

241 Vernon Street
Downtown Roseville

**Magic
Circle**

(916) 782-1777
www.mcircle.org



Willow
Aveda Lifestyle Salon Spa

ORVIS
SPORTING TRADITIONS
Since 1958

Z GALLERY

CHUCK'S

WHITE

BLACK
MARKET

Sur la table

DSW
SHOES

Goldwater Creek

west elm

Soma
INTIMATES

Vera Bradley

lucy

Serenity
boutique

new balance



BOUDIN SF
BREAKFAST LUNCH DINNER DELICIOUS



MCCORMICK
& SCHMICKS
RESTAURANT BAKERY

THE COUNTER
CUSTON BUILT RUBBER



43 truly unique shops and restaurants. Holiday shopping that is so unexpected.

Eat. Shop. Be Merry...

fOUNTAINS
SO UNEXPECTED.
fountainsatroseville.com
Roseville Parkway and Galleria Boulevard

Give the perfect gift this year.
Pick up a Fountains gift card at Guest
Services or at fountainsatroseville.com



Yoga classes sprout up

Mind meets body at local nurseries

BY EILEEN WILSON

SPECIAL TO GOLD COUNTRY NEWS SERVICE

Yoga has been relieving stress and changing people's lives since ancient times. And now, more than ever, people are looking for ways to relax, or challenge themselves - both mentally and physically.

And Elizabeth Lundeen and Cathy Mikles offer two unique locations to practice their healing art. Locations that are both relaxing and surprisingly invigorating.

The Flower Farm Inn and Nursery, located at the corner of Auburn Folsom and Horseshoe Bar roads is a nature-filled wonderland, which lends itself to tranquility and peacefulness, the cornerstone of any successful yoga practice.

Taught by Elizabeth Lundeen, who has been practicing yoga for more than 10 years, twisting, turning, and stretching fun

takes place in the farm's event barn, which, on any weekend, is the venue for weddings and parties.

With open windows and doors, allowing fresh air, and nature's soothing sounds to drift about, the space is more inviting, to many, than a typical yoga studio.

"Sometimes we practice out on the lawn under the big oak tree," Lundeen said. "There are chickens outside and people bring their dogs, who sit on the porch while we practice. This is a beautiful place, and a perfect location - I just love the energy."

With a usual crowd of up to 20 students easily accommodated in the large space, Lundeen encourages newcomers and veterans alike.

"We're open to all levels. It's very non-threatening, and non-competitive," she said.

Also important to Lundeen, is the fact that the class fosters a sense of community, a facet of our fast-paced world she feels is disappearing.

"I have people of all ages - everybody's gotten to know each other really well. We notice when someone is missing," she said, and notes that for many of her students, the practice is the highlight of their day.

Lundeen shares her practice on Tuesday mornings and

Wednesday afternoons.

An extra perk-the morning class often wanders to the on-site café for a bite or a cup of hot tea, after.

Cathy Mikles, who has been practicing yoga for more than 30 years, teaches students in the old fruit shed located at High Hand Nursery.

We've been holding classes here for only a month, and already have between 13 and 17 people," Mikles said. "That's a great showing on a consistent basis. The ladies love it, and the class keeps getting bigger."

Mikles teaches yoga at various venues, and said she is excited to be in such a great location, with practitioners she describes as "a bunch of lovely women."



PHILIP WOOD • GOLD COUNTRY NEWS SERVICE

Elizabeth Lundeen puts pressure on Laura Neuman's hand as she stretches out during her yoga workout.

Most of her students come from Loomis, but some come from Granite Bay and Roseville as well.

"They were all pretty much beginners, and we're really working on foundations," she said.

A tranquil location, the fruit shed is surrounded by flowers, fountains and shady foliage.

"It's the perfect combination - coffee and snack after class in the new café," Mikles said.

Mikles specializes in yoga that involves movement, with a slow pace.

"What I love so much about yoga is everyone can do it, old and young, people with injuries, all different activity levels."

Yoga builds strength, flexibility, and has a restful aspect, but

Mikles appreciates the union between mind, body and spirit that can be attained by her practice.

"It integrates everything in your life," she said. "I'm definitely a calmer person than I was. It helps you put things in perspective. It's a very empowering process - I always feel well when I walk out."

FLOWER FARM YOGA

Where: 4150 Auburn Folsom Road, Loomis
When: Tuesday 9:15 a.m., Wednesday 4:30 p.m.
Cost: \$10 drop in fee

HIGH HAND YOGA

Where: 3790 Taylor Road, Loomis
When: Wednesday 9 a.m.
Cost: \$10 drop in fee



PHILIP WOOD • THE PRESS TRIBUNE

Il Fornaio chef Mitch Davis sits with his creation "Antipasto Della Casa," which is a sampling of authentic Italian antipasti. It's a popular item on the appetizer menu at the Italian restaurant at the Roseville Galleria.

• CONTINUED FROM PAGE 26

Crush 29

1480 Eureka Road, Roseville
784-2077
crush29.com

Harvest season is upon us and with it comes Crush 29's Harvest Hour, a daily happy hour celebration with drink and food specials primed for the fall season. Try a sweet Jalapeno Martini, the "perfect blend of sweet and spicy" said Crush 29 bartender Mandy Martinez.

If sweet and spicy aren't your thing, try the Crush brew, brewed in house or their seasonal brew for \$3. Appetizer specials like personal size pizzas or Kobe beef sliders will whet your appetite for dinner. If you stick around for dinner, take it on the patio and enjoy live music under the stars on Thursday evenings after 6 p.m. Martinis and music, what more could you need?

Harvest Hour: Sunday-Saturday 2-6 p.m.

Live music: Thursdays 6 p.m.

Fat's Asia Bistro & Dim Sum Bar

1500 Eureka Road, Roseville
787-3287
fatsbistro.com

No need to wait for a 5 o'clock cocktail hour when Fat's starts Martini Hour at 3 p.m. Balance your dirty martini with any appetizer from the menu at half off. Martinis are in the \$5 to \$7 range for specialty martinis so you can try a few of their favorites like the Cherry Blossom Martini. Draft beer and house wine are also included in the drink specials starting at \$2. On Sundays, grab the football fans and head to Fat's to catch the game and enjoy additional happy hour drink specials during the game.

Happy Hour: Monday-Friday 3-6 p.m.

Sunday: During the football games

Hawks

5530 Douglas Blvd., Granite Bay
791-6200
hawksrestaurant.com

Can't decide what you're hungry for? Head to this boutique restaurant nestled in the Quarry Ponds shopping center to experience Chefs Michael Fagnoni and

Molly Hawks' innovative cuisine.

From French to Spanish and Italian influenced dishes, Hawks is a proverbial melting pot of what the owners describe as "modern American" cuisine.

Choose from a selection of favorites from the lounge menu like Alaskan halibut fish tacos or Saint Louis ribs drenched in bourbon barbecue sauce. Sit on the patio overlooking the pond, with a glass of the house Brau or ask the bartender to whip up a Grey Goose martini for \$6. Drink specials end at 6 p.m. but the lounge menu, stacked with appetizer specials priced at \$4 last all night. Bon appetit.

Happy Hour: Tuesday-Friday 3-6 p.m.

Il Fornaio

1179 Galleria Blvd., Roseville
788-1200
ilfornaio.com

Every evening from 4:30-6:30 p.m., Chef Mitch Davis creates a new selection of complimentary appetizers for happy hour guests.



GRANITE BAY GOLF CLUB

A Member of the ClubCorp Family



*Affordable Elegance for your
most important gatherings:*

- ★ **Holiday Parties**
- ★ **Weddings**
- ★ **Rehearsal Dinners**
- ★ **Anniversaries**
- ★ **Baby and Bridal Showers**
- ★ **Birthdays**
- ★ **Corporate Events**
- ★ **Golf outings**

*Classic elegance, fine service
and exquisite cuisine.*



9600 Golf Club Drive
Granite Bay, CA 95746

916-791-7578

Fax 791-7515

www.Granitebayclub.com

Eskaton Lodge Granite Bay

Independent Living with Services & Assisted Living



I had a whole list of household chores in front of me one day when I turned to my husband and said, "Honey, if we've been retired for ten years, why do we still work so hard?"

We thought about our options, talked to our friends, and decided to tour some retirement communities.

The choice was easy—**Eskaton Lodge Granite Bay**—an excellent location with private apartment living.

Our independent monthly rentals include:

- Studio, one or two bedroom apartments, some overlooking the gardens
- Individual thermostat controls, extra large bathrooms, walk in showers & spacious closets
- Tea kitchen with microwave oven & refrigerator
- Basic cable TV & all utilities (except telephone)
- Restaurant style breakfast, lunch & dinner
- Full recreation program
- Scheduled transportation for shopping, doctors' appointments & excursions
- Weekly housekeeping & linen laundry
- Emergency response system in each apartment
- 24-hour staffing
- Private dining room for special occasions, with catering by our culinary staff
- Small pets welcome



Assisted Living Services

You'll have peace of mind knowing that, should your health needs change, assisted living is available within your community. Residents receive the same services as residents in independent living apartments, plus supportive independence. Our staff can assist with dressing, bathing, grooming and medication management.

Please call Nancy Bergstrom,
Marketing Director, and arrange
for a tour and complimentary
lunch or dinner.

916-789-0326

ESKATON

Senior Residences and Services

Eskaton Lodge Granite Bay
Independent Living with Services
& Assisted Living

8550 Barton Road, Granite Bay, CA 95746

916-789-0326 www.eskaton.org

Voted #1 for 2009



License # 315001421

HOME RENOVATION

There's Help Available for Your Renovation Projects!



~CONSTRUCTION LOANS~



**Banks say no?
We say GO!**

You are already approved at:

www.ezconstructionloan.com

Call Brad Evans

530-272-5916

Real Estate Brokers license #00426805 DRE file #92-880



**DON'T REPLACE
YOUR OLD
CABINETS!**

**REFINISH THEM FOR A
FRACTION OF THE PRICE**

I'll replicate anything you've seen at a cabinet shop and I'll do it on a budget!

20 yrs. experience-Local references

Paint • Stain • Spec. techniques

Stevenson's Fine Finishes

530-919-8042



LIC.# 343341

**KMS
CONSTRUCTION**

Licensed & Insured

**NEW CONSTRUCTION • REMODELS
ADDITIONS • DRAFTING & DECKS**

CALL KENT

(530) 878-2034

32
Years
in Business

W.S. MacDonald Construction

**New Homes • Remodels
Additions**

Kitchens • Baths

Patios • Decks

Concrete

Owner/Builder Consulting

License #414478

(916) 826-2468

SCHOTT WINDOW & GLASS

Tim Schott & Jeff Jones, Owners

"Only the best will do!"

SALES • SERVICE

INSTALLATIONS • REPAIRS

• Shower • Tub Steam Doors

• Custom & Standard

• Custom Mirrors • Table Tops

• Replacement Glass • Skylights

• Retrofit Window & Door Installations

Licensed • Bonded • Insured CA Lic. #C750880

530.823.6864

13478 B Luther Road, Auburn, CA 95603



20% off 1st Cleaning

Lic. • Bonded • Ins.

(530) 367-4540

(530) 863-7500

handsoncleaningservice.com



**38 Years
Experience**

We have been doing business in
Placer County and beyond since 1971.



We specialize in using
various types of
stone to create

• BBQS • OUTDOOR
KITCHEN'S • PATIOS
• FIREPLACES
• BLOCK WALLS

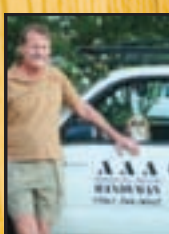
Please call us for quality work
(530) 878-3978 or
(916) 216-0881

LIC#294126

AAA

AMAZING ALL AROUND HANDYMAN

Specializing in Minor Home Repair



MIKE

BAENDER

(916) 204-8567

5708 River Run Circle
Rocklin, CA 95765

ARP ELECTRIC

EXPERT ELECTRICIAN

FREE ESTIMATES

916 519-5772

www.arpelectrical.com

Lic.# 803630

HOME RENOVATION

There's Help Available for Your Renovation Projects!



- Exp. with Fire & Flood Restoration
- New Homes
- Remodels • Additions
- Dry Rot Repair
- Interior Finish



Greg Keegan, Owner
878 Mikkelson Dr., Auburn
530-888-0517

MRGKEEGAN@SBC Global.net
Since 1988 License # 817228

Lincoln's Hometown ELECTRICIAN



- Emergency Repairs
- Fixture Change Outs
- Attic Fans
- Ceiling Fans

KIP ELECTRIC
(916) 434-8262

CL #848044

Kick 'N Glass

Window Cleaning Services & More

Window Cleaning, Gutter Cleaning,
Screen Repairs, Power Washing,
Shower Glass Cleaning & More!!




Mike • 916-705-4077
Chris • 916-412-4012

cash, check, or charge • Business License #7304

Ralph Opfer Floors

10265 Old Placerville Rd #14
Sacramento, Ca. 95827
916-366-1672 or 916-870-0270



Family Owned Since 1974
Let Us Do the Floor So You Can Do More

HAULING & CLEAN UPS

7 Days A Week
Rain or Shine

ALL JOBS!

Clean, Polite Service
Commercial or Residential

916-806-9741



Hire Local, Licensed
and Quality Contractors
Hire a PCCA Member

**Placer County
Contractors Association**
530-889-3953

www.placerbx.com

ALL PHASE CONSTRUCTION



New Homes/Remodels/Additions
Decks/Dryrot Repair
Commercial/Residential Maint

530 913-0420

CL#920037



Invisible Hand Cleaning

Est. in 1990 Lic./Bonded

Patty owner/operator
(916) 677-6275
invisiblehandcleaning.com



**Gold Country
HOMES**

For more services
see our website
today!

www.GoldCountryHomes.com

The appetizer buffet changes on a daily basis and could include anything from pizza, bruschetta to specialty chef creations. The unspoken rule?

"We just ask that you purchase a drink from the bar," said shift supervisor Shane Wadsworth.

That seems pretty reasonable considering during happy hour all beer, wine and well drinks are less than \$6. If you're really looking to take advantage of the happy hour specials, head out on a Wednesday night when Il Fornaio extends its happy hour deals to 10 p.m. to accommodate the hard working Westfield employees and those last straggling mall shoppers.

Happy hour: Daily 4:30-6:30 p.m.,
Wednesday nights until 10 p.m.

Paul Martin's American Bistro

1455 Eureka Road, Roseville
783-3600

Paulmartinsamericanbistro.com

Created with the neighborhood restaurant they always longed for in mind, founders Paul Fleming and Brian Bennett have brought happy hour and dinner specials you'll be happy are nearby. Happy hour runs Monday through Friday from 3-6 p.m. with cocktails and wine accompanying appetizers like slow cooked St. Louis pork ribs and maple cider grilled chicken skewers all for \$4. Everything on the menu is made with organic, sustainable ingredients that are locally grown. Now that's an affordable way to go green, wouldn't you say?

Happy hour: Monday-Friday 3-6 p.m.

P.F. Chang's

1180 Galleria Blvd., Roseville
788-2800

Pfchang.com

The babysitter's scheduled, the movie tickets are waiting at the box office and you're left with little more than \$60 for date night. No need to hit a drive through when P.F. Chang's has a four-course dinner for two special for \$40. Choose from a prix fixe menu with P.F. Chang's favorites like chicken lettuce wraps or salt and pepper calamari to start and honey chicken or Chang's spicy chicken for entrees. The dinner also includes soup, steamed rice and two mini desserts. After drinks and tip, you'll have just enough to spring for a box of Junior Mints at the theater.

Four-course dinner special for two: \$40



PHILIP WOOD • GOLD COUNTRY NEWS SERVICE

Lemon tart with fresh berries is a popular dessert item at Toast, which is in the Quarry Ponds in Granite Bay located off Douglas Boulevard.



The Sweet Jalapeno martini is one of Crush 29's most popular drinks on the menu. Its surprising mix of sweet lime juice, sweet and sour mix and the spice of fresh jalapeno is a favorite and, at \$6 is a staple on the restaurant's Harvest Hour menu.

PHILIP WOOD • GOLD COUNTRY NEWS SERVICE

Toast

5540 Douglas Blvd., Granite Bay
772-3900

"Good food. Good wine" is the Toast motto and add to that a bit of entertainment and you've got an evening out.

Every night guests can catch live performances of local artists whether it be Tango demonstrations or acoustic guitarists, each night is something different. On Wednesday evenings, Toast Chef Scott Snyder is offering a special prix fixe three-

course dinner for less than \$25. Some of his selections include Caesar salad tapenade to start followed by a black bean risotto with a ranchero sauce and Parmesan cheese and choice of dessert. We like the colorful lemon tart with fresh berries, but who can resist a chocolate brownie torte? We propose a toast, to good food and good wine.

Three-course dinner special: Wednesday nights only \$24.50

Cheers!

Attention Lady Baby Boomers...

Treadmills

Ellipticals

Been There, Done That
Now let's have some fun!

Introducing Our New Indoor Baby Boomer Boot Camp

Join like-minded women and experience...

- Challenging yet self-paced workouts tailored to "YOUR" needs
- Local losers weight loss challenge groups
- Gain knowledge about age related issues, such as hormone imbalance
- Led by a Licensed Nurse/rehab specialist



Debra Skelton, LVN, CPFT,
Owner of Motivative Health & Fitness,
Author of Granite Bay View Fitness Column
Call today: (916) 726-3488
email: deb@gotatrainee.com • www.gotatrainee.com

"Roseville's Hidden Jewel" *Sierra Regency* Retirement Living

- Spacious one & two bedroom apartments
- Gated Community with 24 Hour Staffing
- Heated Indoor Pool, Spa & Sauna
- Breakfast and Dinner
- Sunday Champagne Brunch
- Full Activity Program
- Daily High Tea & Weekly Wine Social
- Putting Green & Horseshoe Pit
- Salon & Chapel



"Quality & comfort, pure & simple"

1015 Madden Lane • Roseville, California • (916) 786-3173
Convenient Location Off Sunrise, Near Cirby



Call Jeff Royce 530-852-0279
1030 High Street • Auburn, CA 95604

Gold Country Printing

**Your Earth-Friendly
Commercial Print Specialist**

- 100% soy based ink
- Water based solvents
- 40%+ recycled content in our newsprint
- Newsprint waste and plate waste are recycled

Printing

- Cold Web
- UV Capabilities
- Coated & Uncoated Stock

Electronic Imaging

- FTP Site
- Digital Output
- CTP (computer to plate)

Post Press

- Bindery
- Mailing
- Inserting
- Delivery

CHRIS MCKOY
LANDSCAPE

INSTALLATION • CLEAN-UPS • LIGHTING
DRAINAGE • HARDSCAPE
RETAINING WALLS • SOD • BARK

FREE ESTIMATES

www.chrismckoylandscape.com
916-743-7868
License #917559 10 Yrs Exp.

Welcome to Legend Homes

Whether you want to remodel your home, add an outdoor kitchen or build your dream home. We believe you'll find there has never been a better time to get started on building your dream....we invite you to discover the Legend Homes difference.

Legend Homes

P.O. Box 180 • Newcastle, CA 95658
530-823-7906 • Fax: 530-885-6781
Email: legendhomes07@sbcglobal.net
www.legendhomes.biz
license #904354

Voted Roseville's #1 Barber Shop

Established in 1990

Old Fashioned and Modern Haircuts

- Flat tops • Fades
- Straight Razor Shaves

Senior and Military Discounts

Hunter's BARBER SHOP
Est. 1990

Mon-Sat 7:00 am to 5:30 pm
421 Riverside Avenue, Roseville, CA 95678
916-773-6440

"Good areas are in demand. \$500,000 in Granite Bay is considered a first time homebuyer where in Roseville anything under \$250,000 has a bidding war."

Real estate agent Ed Kittle

SHORT SALE

CONTINUED FROM PAGE 16

the mortgage on time and saw her credit score only drop 60 points. Lenders like Golden 1 Credit Union will accept a short sale on your credit if you can come up with 10 percent down for the new mortgage, on approved credit. Kittle said life after short sale has just got even better.

"FHA just the other day amended their guidelines," Kittle said. "From the time you complete the short sale, with clean credit, you can get an FHA loan in 13 months. Foreclosure, it's a minimum of three years."

For White she's not ready to jump into home ownership just yet.

"We definitely learned," she said. "When we are ready to buy a house again we are going to put money down and have savings in the bank. We are going to calculate what we can afford if one of us is on unemployment. I'd rather have a smaller house and afford the payments."

White might have a chance in this buyers' market. According to PCAR, housing prices in Roseville and Granite Bay have risen just over 2 percent in the last six months. Kittle said even so, we're at the bottom of the market bust.

"Good areas are in demand," Kittle said. "\$500,000 in Granite Bay is considered a first time homebuyer where in Roseville anything under \$250,000 has a bidding war."

When White does decide to buy again she'll do her homework and have Kittle on her side.

"We went into it blind before and now it is one of those life lessons," she said. "I feel like I am glad I went through it."

Rudy's
GOURMET MEXICAN CUISINE



**Voted Best Mexican
Restaurant
& Best Burrito**



**Two
Years
in a
Row!**



CATERING • TO GO • PICK-UP

(916) 435-4050

**6011 Stanford Ranch Road
Ste. 107 • Rocklin**

(Corner of Stanford Ranch and Sunset Blvd.)



*Voted Best
Breakfast
in Rocklin*



Venita Rhea's

4415 Granite Dr.

Rocklin

916.624.2697

www.venitarheas.com

A great family restaurant with an inviting ambience, exceptional service, great food, large portions cooked to your liking. If you haven't tried us yet, give us a chance to serve you. Come in for Breakfast, Lunch and Special Events.

Treat yourself soon to Venita Rhea's - and bring along a large appetite!

Venita Rhea's also offers banquets.

Atrium
Salon • Spa

*Experience
the
Difference*

The Difference is Experience

The Atrium Salon Spa is Granite Bay's finest salon spa. The Atrium first introduced itself to the Placer community in 1999 being this area's first true full service salon and day spa and still continues to thrive. The Atrium is a 5,031 square-foot full-service spa facility dedicated exclusively to guests' well-being. Facials, Pedicures, Massage, Hair Services, are just some of the services the Atrium has to offer. Atrium's goal is to provide luxurious services in a tranquil setting.



The Atrium is the realized dream of founder Helen Brock and the salon counts on the experience, expertise, and support of salon manager Lisa Flowers and spa manager Noki Ellison. Having both started with the Atrium when it first opened its doors, they continue to raise standards for their guest's experience and service.

The staff at the Atrium Salon Spa is unparalleled, they continue advanced education on a regular basis to bring back the latest in trends and spa services to their clients. The Atrium carries only the finest salon spa product lines in the industry such as Bumble and Bumble, Kerastase, Aveda, True, and Pevonia. Having been recognized as one of the top salon spas in the country by Salon Today Magazine and locally by Roseville Granite Bay Style, the Atrium still remains the top salon in the Placer area.

So Relax.

Place yourself in the capable hands of these professionals, they'll give you back a new you.

GRANITE BAY
6851 Douglas Blvd.
916.791.8585



Enter, stage right

BY MEGAN WOOD

GOLD COUNTRY NEWS SERVICE

Shakespeare said the world was a stage. If that's true, Ryan Dressel could pick out some new paint, trim the hedges and have the place sold in a week.

Former mortgage broker turned home stager, Dressel, a Roseville resident, said it was a natural transition from lending and mortgages to choosing fabric swatches and paint samples.

After 10 years in the mortgage industry working for Merrill Lynch, Dressel was laid off in December 2007. With the advice of some friends coupled with the contacts from his former employer, he decided to start his own staging business last spring.

"Although I hate the term, I've always had an eye for it," Dressel said. "I've owned many homes and redone them myself and my friends would come over and say 'you're in the wrong business.'"

Parlaying what he knew in real estate with what came natural in interior designing, Dressel said Stage Right Design hit the ground running in March 2008.

A few well-placed accessories and pops of color can make even the tightest of spaces feel warm and inviting.

PHOTOS COURTESY RYAN DRESSL • STAGE RIGHT DESIGN



GO GREEN AND BUY LOCAL!

Everywhere we turn these days we're hearing about it: on television, in the newspapers, on the radio. Yes, the environment has become the number one issue of the decade and everyone is trying to do their bit to save the natural world that is so precious to us all.

Did you know that you could contribute to helping the environment when shopping or buying gifts? Well you can. Buying products which come from here and which are sold to you by people from here makes for a healthier environment.

• Delicious Freeze-dried Entrees
• Convenient
• Lightweight
• Just Add Water

AlpineAire Foods

(800) 322-6325
www.aa-foods.com

Install your solar electric system before the end of the year & realize your 30% Federal Tax Credit for 2009

SOLARUNIVERSE
916-444-1680 NETWORK
SolarUniverse.com

20 seconds is all it takes at SolarUniverse.com to receive your free SUN Quote.

Healing Arts & Treasures

Where you gather tools for Life's Journey

- Spiritual Intuitive Counseling
- Holistic Health Practitioners
- Massage Therapists
- Detoxifying Foot Bath
- Hypnotherapy & Past Life Regression
- Astrology
- Pet Readings
- Ministry Services
- Classes/Unique Gifts

464 Main Street • Placerville
530.642.0477



Rejuvenate DAY SPA 3431 Taylor Road • Loomis
916-652-4024
RejuvenateDaySpa.net

New Hours Tuesday-Saturday 9-7 by Appt.

Ongoing Weight Loss Challenge has begun. gotgreen?

FALL Special

1 Hr. Massage w/ 1 Hr. Pumpkin Facial

OR
2 Hr. Massage \$100

Buy 3

Get 1 any menu item Free

HOLIDAY OPEN HOUSE

SUNDAY, NOVEMBER 22ND 10AM-3PM

INSTANT Gift

Certificates Available Online at www.RejuvenateDaySpa.net

"I never would have walked away from my job at Merrill Lynch to do this," Dressel said. "Thank God I got laid off."

Now, Dressel is the go-to guy for many homeowners and local real estate agents to make an empty house look like a home to speed up the selling process. But that's only half of the job. Dressel also meets with homeowners who are simply looking to breathe new life into their homes.

"You stage for real estate because you're not just selling brick and mortar, you're selling an emotion," Dressel said. "This is going to be someone's home, it needs to look and feel that way."

Whether it's a foreclosed house, real estate listing or for sale by owner, Dressel says it's important for potential homebuyers to feel comfortable in the house and be able to see themselves living there.

For homeowners selling their family home, this means removing anything blatantly political or religious and personal items like family portraits, which can make potential buyers feel invasive, Dressel said.

• CONTINUED ON PAGE 40



PHOTOS COURTESY RYAN DRESSSEL • STAGE RIGHT DESIGN

A well lived in living room, left, is in desperate need of a pick-me up. Above, a new sectional separates the living room from the rest of the home and makes the room feel more snug. Dark leather upholstery and bookshelves pop against the rust colored walls that makes the living space feel inviting.



ROCKLIN

WINDOW AND DOOR

*Quality Products,
Superior Service*



WINDOWS



PATIO DOORS



GARAGE DOORS



AWNINGS

Access to thousands of doors & windows
at spectacular prices

(916) 625-1900

4500 Yankee Hill Road, Suite B • Rocklin
www.RocklinWindowandDoor.com







ROMAN SHADES.
CUSTOM STYLES, FABRICS
AND COLORS.
EASY TO SELECT, ORDER
AND INSTALL.

INTRODUCING
HUNTER DOUGLAS DESIGN STUDIO
CUSTOM REDEFINED.

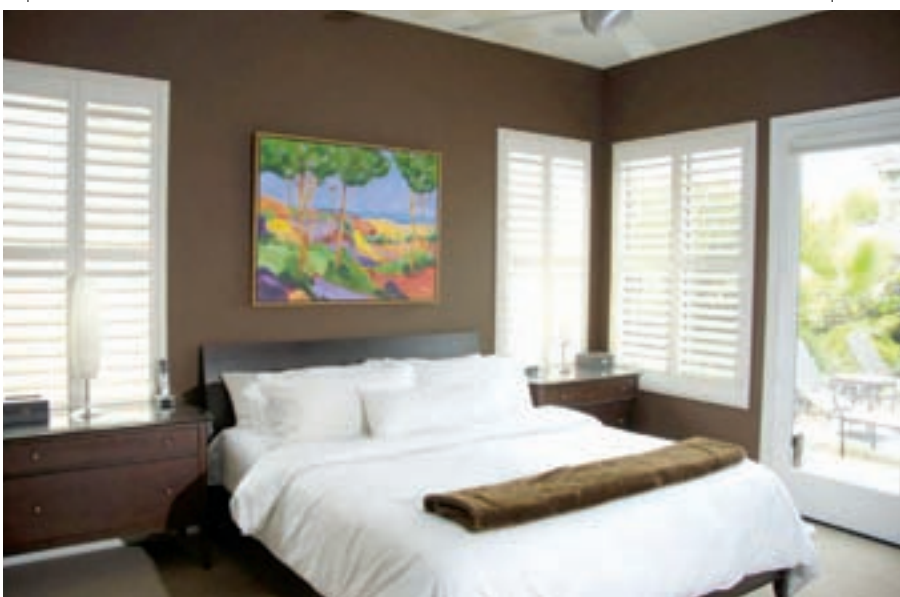
HunterDouglas
DESIGN STUDIO

©2009 Hunter Douglas

Call
771-2233
to arrange your Free
In-Home Consultation

H₂HOME DESIGNS

Full Service Interior Design Services
325 Lincoln St. ♦ Roseville
www.H2Hdesign.com



PHOTOS COURTESY RYAN DRESSEL STAGE RIGHT DESIGN

A vacant master bedroom, above, is dingy, gray and blank. With a fresh coat of paint and white accents, the eye travels about the room. A brightly-colored painting above the bed anchors the room, left, which now has a chic, comfortable atmosphere.

• CONTINUED FROM PAGE 39

"A problem that some homeowners have is they can't look at their home objectively," Dressel said. "Sometimes it helps to bring in a third party to tell you how things really look."

Paint, Dressel said, is a seller's best friend due to its transforming power and cost effectiveness. Dressel suggests using neutral colors on walls and brightly colored room accents, like lamps and throw pillows to help the eye move about the room.

Another small change that makes a big difference Dressel said, is swapping out tired light fixtures and cabinetry hardware for updated ones, an inexpensive improvement that makes a lasting impression and brightens up rooms.

"Take a cold, hard look at your furniture, too," Dressel said. "If you have to rent a new couch and club chair the \$2,000 will hurt a lot less than the \$10,000 off your asking price. Believe it or not, bad furniture makes the rest of the house look poorly taken care of too."

When Dressel is called in to stage a



"A problem that some homeowners have is they can't look at their home objectively," Dressel said. "Sometimes it helps to bring in a third party to tell you how things really look."

Ryan Dressel, owner, Stage Right design

home for sale he starts where a potential buyer starts, at the curb.

"I put on what I call my 'buying eyes,'" Dressel said. "I look at the landscaping, outdoor lighting and I look at what is going to knock a buyer's offer down and that's where we start."

After that, it's all interior work. An empty home, whether it is brand new or bank-owned, is made to look lived in. This means the main rooms of the home are furnished and decorated courtesy of Dressel's warehouse, which is stuffed with enough loot to stage six homes.

"When I go in to stage a home for sale, I'm not staging to please the homeowner or the Realtor," Dressel said. "My goal is to appeal to 90 percent of the people out there so anyone who walks in can see

themselves living there."

Christy Clark, had always decorated her previous homes and apartments. But after a round of layoffs doubled her workload, she found she had neither the desire nor the energy to decorate her home in Roseville. An area sales manager for General Electric, Clark said her home had become more of a train station even though she worked from her home office. She found herself using her house as a place to eat, sleep and pick up a change of clothes before heading back into her messy office.

"I wasn't happy and I generally didn't want to be at home," Clark said.

That's when she enlisted Dressel to perk

• CONTINUED ON PAGE 41

Dreams really do come true!
Introducing
Japan's luxurious indulgence
for beautiful ageless skin
NOEVIR
where beauty is science



Falling in love with Noevir products is just the first step toward a lifestyle of travel, fun, freedom and financial success, free of glass ceilings and corporate downsizing.

Want to live your dream?

Call today! Diane Webb
530-755-1560
mynoevirebiz.com/DianeWebb

FIREWOOD
Seasoned Black Oak
FREE Delivery
3 cords minimum • \$750
530-885-5029



KaBloom
The power of fresh flowers



A European Style Flower Shop

- PLANTS
- GIFTS
- WEDDINGS
- FUNERALS

Mon.-Sat. 9-5 pm

FTD, Teleflora, Nationwide & International
www.KaBloomOfRocklin.com
916-773-5550
2164 Sunset Blvd.#206 @ Park, Rocklin



PHOTOS COURTESY RYAN DRESSSEL • STAGE RIGHT DESIGN

STAGE RIGHT DESIGN

Owner: Ryan Dressel
Phone: 517-5710
Web site: stagerightdesignllc.com, office-designtherapy.com
Specializing in: Interior design for home and business, home staging, color and furniture consulting

The use of furniture and rugs can help direct the flow of traffic between rooms. Rugs also act as anchors for a room and can soften the space without carpet while adding color.

• CONTINUED FROM PAGE 40

up the place. Clark's home got a complete overhaul with fresh paint, new floors, a few new pieces of furniture and new closets for the master bedroom and her office to keep her organized.

Home decorating, Dressel said, is something that doesn't come naturally to everybody. Dressel says the thing about home decorating and staging is to understand the client's tastes and what their ideas of those tastes are.

Finally, Dressel's ultimate goal when he stages a home for living is to help the client achieve a magazine-like, clutter-free perfection in less than 20 minutes. Whether it's to vacate for a Realtor and an open house or to welcome impromptu guests, Dressel is all about the ease of achieving perfection on demand.

"It was the best thing I've ever done," Clark said. "He completely transformed my house and breathed new life into it. Now I actually want to be at home, it's my haven. It feels like home."

HARDWOOD • LAMINATE • BAMBOO • CARPET • CORK

Good Brothers
FLOORING PLUS
The Flooring Professionals

*Family Owned & Operated
 Top Quality
 Excellent Service &
 Competitive Pricing*



Come Visit Our Showroom Today! (Over 3,000 sq. ft.)

2217 Sunset Blvd., Suite 705 • Rocklin

(Corner of Sunset & Park, behind AM/PM) • (916) 435-1920

Lic.# 621978

CERAMIC TILE • NATURAL STONE • CARPET • HARDWOOD

Buying Estate Coin Collections & Gold Jewelry

Appraisals by appointment

CALL JERRY OR RIC
(916) 435-1854

Yes, There's Pain Involved, And, You'll Like It
WILD-BILLS.com
 916 783-9090

10-10 pm
 7 Days
 by Appointment
 36 Years
 205 Verman St.
 Roseville, CA
 95678

Papa Bob's Pet Sitting
We Treat Your Pets Like our Own

NEW CLIENTS!
 Mention this ad and receive 10% off 1st Pet Sit!

Bob Williams
 Owner

916-784-0921
www.PapaBob.com

**Search local.
 Shop local.
 Enjoy the ride.**

NORCAL DRIVE.COM
 EVERYTHING AUTOMOTIVE

Local schools have the write stuff

BY EILEEN WILSON

SPECIAL TO GOLD COUNTRY NEWS SERVICE

While there are several great reasons to move to Roseville and Granite Bay – relaxed lifestyle, close proximity to surfing and skiing, and snow-free winter weather – the schools are one of the top reasons that make this area such a desirable place to live.

Eureka Union School District

Eureka Union School District, an eight-school district that educates 3,500 kindergarten through eighth-grade students, is well known for academic achievement and high test scores.

The district serves Granite Bay and some Roseville areas as well.

With a California Department of Education Academic Performance Index of 891 overall, the school district is the front runner in the Standardized Testing and Reporting Program in Placer County, and has consistently been the top scoring district in the Sacramento area. It's also one of the top scoring districts in Northern California.

School personnel attribute high test scores to several factors.

A critical part of Eureka Union's success is the Eureka Schools Foundation.

The foundation, which raises money with an Annual Giving Campaign, and various events throughout the year, funds the weekly music program in the lower grades, band instruction in grades 5 – 8, library technicians, athletic coaches, Spanish language instruction and more.

"ESF awarded a total of \$401,000 to sustain education programs for every student at every school within EUSD," said Julie Guerrero, the foundation's executive director.

Roseville City School District

Roseville City School District serves students in Roseville, and has a much larger student population, with 9,700 kindergarten through eighth-grade kids in 17 schools.

The district offers a gifted and talented program, and Blue Oaks Elementary, Thomas Jefferson Elementary, and Buljan Middle School, have earned the designation of California Distinguished Schools – honoring the state's most exemplary and distinguished public schools.



PHILIP WOOD • GOLD COUNTRY NEWS SERVICE

Students in the local Roseville and Granite Bay school districts perform well on standardized testing each year. Each of the four districts offers a variety of extra-curricular activities as well as academics to provide for each student.

The Eureka Schools Foundation funds the weekly music program in the lower grades, band instruction in grades 5 – 8, library technicians, athletic coaches, Spanish language instruction and more.

"Buljan is an AVID school," said Pete Clark, assistant superintendent of Educational Services. "AVID stands for Advancement via Individual Determination and is an international program that targets underserved families, frequently, families whose members haven't attended a four-year college."

AVID is an in-school program that prepares kids for college, and the students who are in the program will often be the first in the family to continue their education.

Many of the district's sites offer before and after school care and enrichment programs.

A kid favorite is the theater arts program offered at many schools – a program in which 100 to 150 kids create full blown, Broadway-type theater productions.

In addition, students can learn to play golf, and even have a broadcast club where they put together weekly messages for their peers.

• CONTINUED ON PAGE 44

*Don't just Dream Big...
Live It!*



Placer County

Situated amongst the mountainous greenery of Northern California, Placer County is a relaxing region with plenty of open spaces. Just one hundred miles from the hustle and bustle of San Francisco and just twenty miles west of the gambling capital of Reno, Placer County offers its residents fine living, with easy access to several day trips and weekend getaways. The region is at once quiet, yet invigorating. Its summers are full of clear blue skies and its winters are a snowy wonderland.

Within Placer County are nine separate towns and cities, each with its own unique feel and flavor. They include the County Seat of Auburn, the towns of Roseville, Lincoln, Rocklin, Loomis, Foresthill, Colfax, Kings Beach and the recreational capital of Tahoe City.


Senior Living Oaks
www.carmichaeloaks.com

The Lifestyle You Deserve

Three Chef Prepared Meals • Elegant Dining
Fun, Friendly Atmosphere • Exciting Activities & Events
Now also offering Assisted Living & Memory Care
Independent Living Since 1978

8350 Fair Oaks Blvd. • Carmichael, CA 95608
(916) 944-2323
License #347003625

Call for Current Rental Listings.



See Site. for All Your Property Management Needs.

530-886-2404

1676 Auburn Ravine Rd.
Auburn, CA 95603
DRE#00759416

seewanda@seehometown.com

Park Place • Beautiful Apartment Homes in Roseville



1 bedroom
apartment homes
- **\$775**
2 bedroom
apartment homes
- **\$800 - \$850**

**Call Park Place
today to
schedule your
tour!
(916) 783-9958**

LACK FAMILY INVESTORS

**Silver Oaks Apartments
ROCKLIN**

**Foxwood Apartments
ROSEVILLE/CITRUS HEIGHTS**

**College Court Apartments
SACRAMENTO/CARMICHAEL**

**(916) 685-0211
www.sacramento-rentals.com**

RENTING A HOME?

We  to Please...

5250A Pacific St., Rocklin, CA 95677

Office: (916) 624-4000

Fax: (916) 630-2159

www.aimrealty.com

AIM Realty Management

PALM TERRACE APARTMENTS



Living in the Lap of Luxury has never been so easy. Palm Terrace Apartments, Auburn's newest "pet friendly" community, is now offering huge savings on all its 3 bedroom apartment homes. Every home is equipped with washer/dryer hookups, private patios and state of the art appliance. We also

offer a newly remodeled clubhouse and fitness center, and newly expanded pool just perfect for summertime.

Call today to schedule your private tour and find out what fantastic savings we are passing on to you at 530-887-8026.



**Andes
Property
Management**

**Call Andes for all your
property management needs.**

916-645-3089

**Contact Debbie or Inez for
current property listings.**

Affordable Senior Living

Brand New in
Roseville, Vintage
Square at Westpark,
affordable senior
living in the
prestigious
Westpark
neighborhood.



Community Features:

- One and Two Bedrooms • Fully Equipped Kitchens
- Private Patio Balcony • Intruder Alarms • Ceiling fans
- Step In Showers (select units) • Walk-in Closets (select units)



2351 Wharton Lane
Roseville, CA 95747
(916) 773-2246

vintagesquare@usapropfund.com



PHILIP WOOD • GOLD COUNTRY NEWS SERVICE

Being physically active at school is just one aspect of students' well-being. In addition to sports, enrichment activities such as computer and design club, drama club and reading clubs offer something for everyone.

In Roseville City School District, a kid favorite is the theater arts program, in which 100 to 150 kids create full blown, Broadway-type theater productions.

• CONTINUED FROM PAGE 42

"There's a wide range of things happening – including athletics at the middle schools," Clark said.

The district's API score is 863, and of particular note, five of the district's schools have API scores of over 900.

"Catheryn Gates Elementary scored 930, and Junction Elementary scored over 900 in its first year of operation, which is, I think, unheard of," Clark said.

Dry Creek Joint Elementary School District

Another area district, Dry Creek, serves students in both Placer County (Roseville) and Sacramento County (Antelope).

The district, which began as a one-room schoolhouse, now serves more than 5,800 kindergarten through eighth-students, and is comprised of 10 schools.

Creekview Ranch Middle School is the newest addition, opening in August of 2008, and the final capacity of the district will be more than 8,000 children.

Schools in the district average an 862 API score, and many students stay on task academically, while participating in a number of extracurricular activities.

Enrichment activities like computer and design club, college and career exploration, drama club, gourmet club, reading club, and even a running and walking club

Dry Creek District began as a one-room schoolhouse, and now its 10 schools serve more than 5,800 kindergarten through eighth-students.

offer something fun and exciting for everyone.

Roseville Joint Union High School District

Roseville Joint Union High School District offers high school students an exemplary education as well.

With more than 9,000 students attending eight schools, which include one adult

• CONTINUED ON PAGE 46

Tired of cleaning your gutters?

We can
Help!



- Protect Your Home & Family
- Stop Dry Rot & Mosquito Breeding
- Eliminates Leaves & Debris
- Guaranteed Not To Clog
- Lifetime Warranty

Seasonal Sale On Now!
Call: 916-387-5000

Div. of Chim Chimney Since 1980



Division of Chim Chimney

- Rain Gutter Cleaning
- Dryer Vent Cleaning



EST. 1980

CHIM CHIMNEY
Professional Chimney Services, Inc.
Masonry Contractor

- Chimney Cleaning-Wood & Gas
- Chimney Repair

Call: 916-387-5000

Earn
9%–10%
Secured by
Local Real Estate

- \$ Consistent Returns on your investment paid monthly
- \$ 1st Trust Deeds with 35% or greater equity
- \$ Personal Qualified Management with over 25 years' experience and customer satisfaction
- \$ FREE No Obligation Consultation to determine if investing is right for you



“The Future is Brighter”



Peter L. Crowell,
Broker
CDRE# 00860779

916-760-7974 Office
916-223-2937 Cell

pcrowell@premierfinancialgroup.biz
www.premierfinancialgroup.biz



**PREMIER
FUNDING**



Visit the Jelly Belly Visitor Center and...

**EXPERIENCE
THE FUN!**

FREE FACTORY TOURS • FREE SAMPLES



JELLY BELLY VISITOR CENTER

One Jelly Belly Lane • Fairfield, CA 94533
Store Open Daily 9am to 5pm • Tours Daily 9am to 4pm

Bring this ad to any Jelly Belly Store for...
20% Off Your Purchase!

*Candy, Jelly Beans, Jelly Beans and Jelly Beans not included. Expires: 5/2010 • Code: RBB-4210/09

Visit our Jelly Belly Stores in the Sacramento Gateway Center 916-515-0048,
Roseville Highland Reserve Marketplace 916-797-0200 and Folsom Premium Outlets 916-985-0168

1-800-953-5592 • JellyBelly.com

The names of the beans, the Mt. Jelly Belly character design, and the images of the Jelly Belly® jelly beans are all trademarks or registered trademarks of Jelly Belly Candy Company. ©, TM, © 2009 Jelly Belly Candy Company, Fairfield, CA 94533 U.S.A.

EUREKA UNION SCHOOL DISTRICT

Office: 5455 Eureka Road, Granite Bay
Phone: 791-4939
Web site: Eureka-usd.k12.ca.us
Serves: K-8
Schools: 8
Students: 3,507

ROSEVILLE CITY SCHOOL DISTRICT

Office: 1050 Main St., Roseville
Phone: 771-1600
Web site: Rcsdk8.org
Serves: K-8
Schools: 17
Students: 9,700

DRY CREEK JOINT ELEMENTARY SCHOOL DISTRICT

Office: 9707 Cook Riolo Road, Roseville
Phone: 770-8800
Web site: Drycreek.k12.ca.us
Serves:
Schools: 10
Students: 5,800

ROSEVILLE JOINT UNION HIGH SCHOOL DISTRICT

Office: 1750 Cirby Way, Roseville
Phone: 786-2051
Web site: Rjuhsd.k12.ca.us
Serves: 9-12 plus adult school
Schools: 9
Students: 9,000

• CONTINUED FROM PAGE 44

school, and two alternative schools, the district is able to meet a large variety of needs.

"I think the district is very broad – it has something for every student," said John Montgomery, assistant superintendent of curriculum services. "The community just has to look at all the schools. Our alternative schools are really excellent."

Montgomery explained the alternative schools specialize in credit recovery – a way for students to make up time they may have lost due to a family hardship or any number of scenarios, and to support the student who prefers a different learning environment.

"The alternative schools specialize in smaller class sizes as well. They offer a wide variety of interventions – maybe the student learns in a specific way. Maybe they're visual learners, or would like to learn online," Montgomery said.

For those students looking for academic challenge, two of Roseville Union's high schools, Granite Bay and Oakmont, offer an International Baccalaureate program.

"The IB curriculum is internationally known – it's a complete program," Montgomery said.

In addition, the district offers numerous advanced placement and honors courses, which colleges look at, and hold the district in high regard because of the district's rigorous academics,

For those students looking for academic challenge, two of Roseville Union's high schools, Granite Bay and Oakmont, offer an International Baccalaureate program.

according to Montgomery.

"Colleges respect our district greatly – we have high test scores, some of the highest ACT, SAT and numbers of kids taking advanced placement courses and exams," Montgomery said. "We're proud of the opportunities we offer – we want to make sure that every student has an opportunity to go to college."

In addition to public schools, Roseville and Granite Bay have no shortage of private schools.

Schools like St. Albans Country Day School, St. Rose School and St. John's School offer a small setting and strong academics.

Reverend Paul Hancock, headmaster for St. John's school, explained though they are an Episcopal school, students of different faiths are welcomed.

"We are an Episcopal school that welcomes religious diversity," he said. "We focus on a strong academic program with a goal of laying the foundation for preparation for four-year colleges and universities."

The school's mean score on national tests is at or above the 70th percentile, and they offer before and after school care, as well as enrichment classes like Spanish, computers, art, music and dance.

For a complete listing of public schools, visit placercoe.k12.ca.us.

Jennifer Platt, principal at Cavitt Junior High School in Granite Bay makes sure her students are well rounded in all aspects of school life.

PHILIP WOOD • GOLD COUNTRY NEWS SERVICE



ATLAS GRANITE & STONE



Complete kitchen and bathroom remodels from cabinets to countertops, flooring, plumbing and electrical – we do it all!



BEFORE



From conception...

- ◆ Design Consultation
- ◆ Price Agreement
- ◆ Schedule Timeline
- ◆ Teardown & Cleanup
- ◆ Measure & Production

To completion...

- ◆ Product Delivery
- ◆ Quick & Efficient Installation:
 - appliances & fixtures
 - plumbing & electrical
- ◆ Clean-up and Walkthrough

No Pain • No Subs • No Problems

AFTER



Visit our showroom:
8680 Sierra College @ Douglas Blvd.
Roseville • 916-780-9600

Lic#820794

Fabrication shop:
2560 Grennan Ct.
Rancho Cordova • 916-638-7100

www.atlasgranite.com

Journey to Massage Heights



THE
SUBLIME
WAY TO
REVIVE
YOUR
SKIN

The in-laws
are coming

The in-laws
are staying

The
monthly
bills

Traffic jam

The missed
appointment

100
emails

Intro
1 Hour
Massage

ONLY
\$39⁹⁹*

Call today for
membership
packages



Spend one hour with **Massage Heights** and suddenly the best part of your day is ahead of you. You'll even get more from your massage as a Member. Receive **FREE** aromatherapy & discounted add-on services.



916 772-9555
761 Pleasant Grove Blvd., Ste. 120, Roseville
In the Nugget Center

© Massage Heights. Franchise Opportunities Available.

