Overview

- Odd Stack
- Most athletic group on field
- Most of the time this defense is ‘outsized’
- Quickness and Speed Advantage
- West Virginia, South Carolina and GMC
- New England Patriots
- Can put 8 in the box
- Play blanket coverage vs. multiple receiver sets
- Nearly limitless blitzes
Positions

- The 3 line positions will be the E, N, and E.
- The inside LB positions will include the M (Mike) and two B (Bats).
- The Dawgs are LB/DB hybrids that will play on the edge against the run and must be versatile players for pass coverage and blitzing; this position group is called “inverts”.
- DBs will be the corners and the FS.
Front
‘Base’
Alignment
‘Base’

• Nose – Head up on center. Either hand down. Do not shade to either side. We do not want to tip off the center on which way we are going.
• Ends – Inside hand down. Head up on tackle.
• Mike – 10 tech (Stack behind Nose). Heels at 5 yards.
• Bats – 40Tech (Stack behind Ends). Nose on outside of hips of ends. Heels at 5 yards.
• Dawgs – 3x3 from ends. Standard setup for Cover 1 and Cover 3.
Front
'Solid'
Alignment
‘Solid’

- Enable defense to give a 4-man look.
- D-Lineman shift away from the strength of the formation.
- Mike stays stacked over center.
- Bat to the strength moves over to the strong side TE or to the open side of the strength call and Bat away from the strength stays stacked over T.
Front
‘Under’
Alignment
‘Under’

- D-Lineman shift towards the strength of the formation.
- Mike stays stacked over center.
- Bat to the strength stays stacked over T and Bat away from the strengths moves to a 5 or 6i tech on the weak side.
Front
‘Double Eagle’
Alignments
‘Double Eagle’

- Nose stays heads up on center. Both ends shade outside of guard.
- LBs same as base.
- Will use this against teams who run a lot of power.
Front
‘Tuff’
Alignment
‘Tuff’

- Short yardage or goal line
- Nose stays heads up on center. Both ends shade outside of guard. (Same as Double Eagle)
- Mike stays stacked over nose.
- Bat verses a TE will shade inside and Bat with no TE shade outside of Tackle.
Front
‘Goaline’
Defensive Line Stunts
‘Jacks’
Defensive Line Stunts
‘Jacks’

• Nose rips to strength
• Ends rip to C gap
• LB’s take 6” read step toward their gap and then scrap to ball
  • Bats – B gap
  • Mike – Weak A gap
• Dawgs always contain run toward and sit for BCR on run away.
Defensive Line Stunts
‘Close’
Defensive Line Stunts
‘Close’

- DL slant towards the strong side of the formation.
- LB’s take 6” read step toward their gap and then scrap to ball
  - Strong Bat – B gap
  - Weak Bat – C gap
  - Mike – Weak A gap
- Dawgs always contain run toward and sit for BCR on run away.
Defensive Line Stunts
‘Open’
Defensive Line Stunts
‘Open’

- DL slant towards the weak side of the formation.
- LB’s take 6” read step toward their gap and then scrap to ball
  - Strong Bat – C gap
  - Weak Bat – B gap
  - Mike – Strong A gap
- Dawgs always contain run toward and sit for BCR on run away.
Defensive Line Stunts

‘Pinch’
Defensive Line Stunts
‘Tango’
Defensive Line Stunts

‘Tango’

- Open side End twists with Nose. End pinch B gap and Nose twists around to C gap.
- Close side End pinch B gap
- LB’s take 6” read step toward their gap and then scrap to ball
  - Strong Bats – C gap
  - Weak Bat – A gap
  - Mike – Strong A gap
- Dawgs always contain run toward and sit for BCR on run away.
Pressure Packages
‘4-Man’

DL line slant to strong/weak side.
Bat to the call side blitzes to through B gap.
Mike away A gap and Away Bat away C gap
Pressure Packages
‘4-Man’

Buck Open

Buck Close

DL line slant to strong/weak side.
Bat away from call side slants through C gap.
Mike away A gap and Away Bat away B gap.
Pressure Packages
‘4-Man’

Bat Open

Bat Close

DL line slant to strong/weak side.
Bat away from call side blitzes through A gap.
Mike read and scrap to ball and Away Bat away B gap.
Pressure Packages
‘4-Man’

DAWG Open

DL line slant to strong/weak side.
Dawg Blitzes from outside.
Bat away from call side has TE man to man if there is one.
Mike A and Away Bat away B gap.

DAWG Close
Pressure Packages
‘4-Man’

MIKE Strong

MIKE Weak

Nose goes opposite of call
Pressure Packages
‘5-Man’

ZOO Strong

ZOO Weak

Strong/Weak Bat and Mike go A and B gaps
Nose goes opposite of call
Ends run Jacks
Pressure Packages
‘5-Man’

DL runs Jacks
Bats blitz through B gaps
Pressure Packages
‘5-Man’

MASH Strong

MASH Weak

End will run Jacks
Nose will go away from call
Mike will blitz first followed by Bat or we will tell you otherwise
Pressure Packages
‘5-Man’

DL slants to call side.
Bat blitz to C gap with 1st level support
Dawg blitz to D gap with 2nd level support
Black rules: if trips, travel the dog and still blitz
Pressure Packages
‘5-Man’

Double Buck Pinch

Double Dawg Pinch

Nose can go either gap
If in White and Dawg has two receivers to his side and FS is going away from you – YOU MUST CHECK BUCK
Pressure Packages
‘5-Man’

Mob Open

Mob Close

End must be a little loose and come hard their A gap.
Mike will blitz B gap
Bat blitz C gap.
Pressure Packages
‘5-Man’

Bat Open Bob

Bat Close Bob

Good for ISO plays
Weakside Bat must Check Buck vs. 1 back because there will not be any outside contain
Coverage's Philosophy

- 3-5-3 defensive package requires us to play man coverage 95% of the time
- Should be able to get to the quarterback in less than 2.5 seconds
- Limited amount of time should allow us to cause confusion and havoc on our opponent
- We expect to create turnovers and sacks because of this constant pressure.

**Strengths:** Our coverage package allows us to cover our opponent and provide little options for the quarterback before the pressure reaches him.

**Weaknesses:** If our pressure does not get to the quarterback, then our players are on an island in regards to covering their opponent. Also, the more time the quarterback has, the greater the chance of making a big play versus man coverage.

PRESSURE = INTERCEPITIONS
Coverage Packages

• Consists of a numbering and coloring scheme that makes it simple for our players to learn

• The numbering and coloring scheme alerts our players as to who his blitzing and who is covering the #1, #2, and #3 receivers

• Our coverage package consists of (4) man, (1) 3 deep coverage and (1) 4 deep coverage: Cover 1, Cover Black, Cover White, Cover Blue, 3 Deep, 4 Deep (Prevent)
Man Techniques

- **Press**
  - As close to the LOS without being offside
  - Inside leverage
  - Split outside foot with receiver's crotch
  - Keep eyes on receiver's hips
  - 6” step with inside foot at snap

- **Cushion**
  - 5 yds deep
  - Inside leverage
  - Mirror release of receiver
  - Weave – STAY INSIDE
  - Inside foot back
Cover 1

- 4 or 5 man pressure, man coverage, either one or two inside linebackers blitz, FS is free, Corners have #1, Dogs have #2, and the remaining inside linebackers either have #3 or is a low hole player.
Cover Black

- 4 or 5 man pressure, man coverage, either one Dog or both a Dog and Bat blitz, FS has #2 to the blitz side, the Dog away from the blitz has #2, Corners have #1, and the remaining inside LB’s either have #3 or is a low hole player.
Cover White

- 5 man pressure, man coverage, both Dogs blitz, FS has #2 to the side that he calls (I’m left or right), Corners have #1, the inside backers banjo the #3 receiver away from the FS, and the remaining inside LB is a low hole player. **IF DAWG HAS TWO RECEIVERS TO HIS SIDE AND THE FS IS GOING AWAY FROM YOU – YOU MUST CHECK BUCK.**
Cover Blue

- 6 man pressure, all three inside LB’s blitz, Corners have #1, Dogs have #2, and the FS has #3.
3 Deep

- 4-5 man pressure, fire zone concept, two inside backers blitz, remaining inside backer has the middle hook, both Dogs have the curl/flat area, Corners are deep outside third, and the FS has the middle third.
4 Deep (PREVENT)

- 3 man pressure, Prevent, wide side of field Bat hook to curl, short side of field Bat ¼, Mike hook to curl, Dawgs Deep Flats, FS deep ¼ of wide side of field, Corners are deep ¼’s.